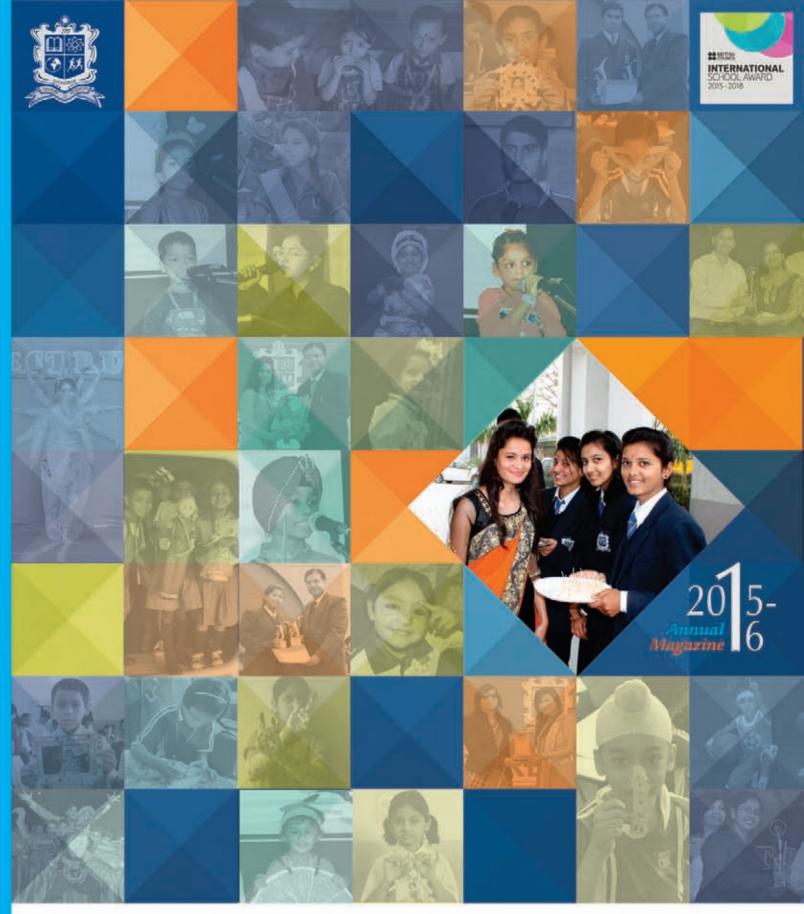
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REFLECTION

www.inspirationschoolkgm.org





REFLECTION



Inspiration Senior Secondary School Kathgodam

Dedicated to our Founder

Lives of great men all remind us, we can make our lives sublime, and departing, leave behind us, footprints on the sands of time.

H.W. Longfellow



Late Shri N. C. Balutia

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Prof. H. S. Dhami Vice Chancellor

MESSAGE



KUMAUN UNIVERSITY Nainital - 263 002

I have been given to understand that the school imparts education for all round development of its students who are the essential segment of every human society.

I am pleased to express my wishes for the school magazine "Rcflection-2016" of Inspiration Senior Secondary School who has been conferred with the coveted International School Award under the flagship of British Council for the session 2015-18.

I have been given to understand that the school imparts education for all round development of its students who are the essential segment of every human society. They are the driving force that determines the future and hope of the society.

Today students have become professional-oriented and they take examinations for the same rather than to gain knowledge. We must provide an atmosphere to the students so that they could build knowledge, skills and brainpower; discover new passions; follow and satisfy their curiosity; learn more about themselves and prepare for a future in which they are better equipped to give back. Inculcation of human values has to be an important component of the education system which can be done by value based education. It can be done with the help of activities focusing on areas like- happiness, humility, cooperation, honesty, simplicity, love, unity, peace etc. They must also learn the techniques to solve problems by analyzing and evaluating information. It comes under the arena of critical thinking whose essential components are- observe and draw conclusions; compare and contrast items and topics; behaving cooperatively; providing stories without conclusions; argument analysis; clarifying the difference between opinion, judgement and fact; solving everyday problems and by employing Socratic method. There should be provisions for convergent and divergent thinking and linear and creative thought processes.

I hope that the magazine shall have compendium of the all activities of the college with a touch for motivation by incorporation of facts mentioned above. I wish all success for "Reflection-2016" and congratulate the team for its publication.





Manoj Kumar Srivastava Joint Secretary (Regional Officer)

MESSAGE



CENTRAL BOARD OF SECONDARY EDUCATION (An Autonomous Org. under the Union Ministry of HRD, Govt, of India) 99 Kaulagarh Road. Dehradun (LK) = 248001

It gives me immense pleasure to extend my sincerest wishes to the Management, Principal, Staff and Students of Inspiration Public School, Kathgodam, Nainital on the occasion of release of fourth volume of school magazine "Reflection-2016".

It is quite satisfying to note that school is doing verwell in all spheres and is actively engaged in grooming its student to become responsible citizer of the country. Education is all about creating nevexperiences. "Reflection-2016" would, thus surely be an exciting platform for the young minds to express their creative talent and share their experiences. At the same time, it would effectively showcase the achievements of the school over the years.

wish all the very best for one and all in the school especially the Editorial Team/and do hope that the school will continue to grow in its strength and stature in the coming years.

(Manoj K. Srivastava)





Dr. Geetika Balutia Chairperson

Chairperson's MESSAGE

Vision without Action is just a dream
Action without vision is wastage of time
But Vision and Actioncan change the
world.

- Joel A. Barker

Education is not merely acquirement of facts but also of values which help us improve different facets of mankind. Our Philosophy of education has always been meeting needs of individual child. Children acquire skills and knowledge easily if we can make surroundings stimulating and purposeful.

At Inspiration, we try to understand and work with each child and we firmly believe that it is ou responsibility to enable the child in our care, to develop as a whole. We must help our students to act with compassion, accept responsibility and choose the right path.

We believe that every child is unique in nature and with varying needs. Therefore by fostering a conducive environment full of love, care and creativity we instill in our children a desire to learn with emphasis on their social, emotional, physical, aesthetic and intellectual developmental aspects.

I congratulate the editorial board on its tireless effort in bringing this publication of Annual Magazine "Reflection."

cause of education for the betterment of coming generation. We must ensure that we leave the world far better than we found it. I would exhort the students to be always modest, humble and disciplined, while being ready to expand the horizons of their knowledge by dreaming big and working hard.

Today, as we march towards the seventeenth year of our existence, we pledge to work for every child and in the process, open new vistas in the area of education.

Dr. Geetika Balutia



Anurag Mathur Principal



Swami Vivekananda once talked about the Western motivation and said-"An English boy will tell you, I am an English man, and I can do anything.

The American boy will tell you the same thing, and so will any European boy. Can our boys say the same thing here?"

Much water has flowed since 1897 when Swamiji delivered his stirring speech and it may be noted that the achievement motivation is consistent with the dominant cultural values to bloom through a parallel system of education. Sincere and affectionate teaching is nourishing to the mind and invigorating to the spirit. It is to attract the voice which is yet inaudible in the air, to inspire faith in the dream which is unfulfilled; to bring the earliest tidings of the unborn flower to a sceptic world.

To be a teacher is to be a member of a special profession. The future make- up of a new generation of a country's citizens depends on the teachers' cultural, professional and general standard. There are four basic types of relationships that develop a teacher's inner self. First, his attitude towards the world of objects- towards science, technology, culture and towards right methods of teaching. Secondly, his attitude towards children and their parents, colleagues, school administrators, towards those around him and especially those in trouble. Third, his attitude towards nature. And fourth, being the most important, his attitude towards himself, and his consciousness of himself as a teacher.

Things don't turn up in this world until somebody turns them up. Lord Krishna has two great qualities which could be emulated by all those whose duty is to guide, lead or teach- he knew how to dance and how to make others dance. Every time invariably, whatever the situation, This Man used to be a Winner. Let us all dedicate ourselves to the cause of this stirring movement of education which we are a part of with this promise.

Let us then be up and doing
With a heart for any fate;
Still achieving, still pursuing
Lear to labour and to wait.

Anurag Mathur



Smita Pant Editor

From the EDITOR'S DESK...

"Work hard in silence, Let your success be your noise." Success is always a measured contribution of various hearts, minds and heads. Where learning seems to have no end...where each one writes a page of success story everyday and believes in creating history...

The quest for excellence at Inspiration has resulted in the creation of World class centre of school education by being conferred with International School Award under the banner of British Council, U.K. for the session 2015-18.

The success story never ends and pen from the editor's desk has lot to speak.

As the editor of the Annual Magazine, I take the opportunity and responsibility of bringing out the IV edition of "REFLECTION" in which the endeavor is to provide a perfect mix of creative, literary and pictorial display of talents, skills and holistic development of children. It also gives glimpses of achievements captured and displayed through kaleidoscope, media gallery, wonderful collection of write ups, photo galleries of activities and celebrations etc.

I express my deep gratitude towards the management and authorities to have shown a great sense of trust and shouldered me this responsibility to publish latest issue of the magazine, with wonderful works of young champs. I equally congratulate the editorial team who worked meticulously as a team to bring out this publication.

If one picture speaks thousand words- the fresh edition of REFLECTION speaks volumes.

Explore it...

Smita Pant



Ayushii Balutia

The Student EDITOR WRITES...

"The only thing that stands between you and your dream is the will to try and the belief that it is actually possible."

At the time of climbing up a mountain there is a point of attaining opportunities which one never dreamt to hold upon. It is at the peak of a mountain that we delve into those hidden resources of strength which we never explored.

'Inspiration' has a great hand in pushing my steps ahead, since I started my journey in this prestigious institution.

"Reflection" espouses the school spirit which is built up within the school through collective actions, thoughts and aspirations. Pages ahead reflect the world of art, innovation, creativity and words of saplings.

I pay my sincere thanks to the school management teachers, editorial board and students who have been of immense help in breathing life into these pages. I gratefully acknowledge the valuable contribution of all members of editorial board.

Hope as a reader, you enjoy the motley of activities and acknowledge the talent of students.

I would like to shore up the readers by the tollowing words –

'If your eyes have the vision to dream, your heart the courage to achieve zenith.

Your hands the capability to mould and shape a rock,

Your, mind the strength to contemplate upon "so called impossible", Nothing lies beyond, nothing is behind, For it is you who has the strength, and guidance of almighty, For it is you... who has the capability and you... who will shape your world".

Ayushii Balutia

XI C



After failing twice, Edmond Hillary said looking at Mt. Everest:" I'll come again and conquer you, because as a mountain you cannot grow but as a Human I can". Our success depends on 5Ps Principles, Passion, Purpose, Prayer and Perseverance. "Rest if you must, but don't quit" kind of attitude can make you a winner in any situation you confront with.

It goes without saying that academics and discipline are the key areas where Inspiration Public School is known for its excellence. The results of Secondary School Examination and Senior School Certificate Examination are the testimony to this. The school surroundings, motivated teachers and brilliant ambience make it a perfect amalgamation of conditions conducive to learning and teaching. The school leaves no stone unturned to implement teachers' empowerment

programmes. The Principal attended the workshop on CCE Mentoring and sharing experience in Haldwani, where Mr. Manoj Kr. Srivastav, RO CBSE, Dehradun gave the keynote address. Series of workshops were organized by XSEED Education Pvt. Ltd. for teachers of class Nur-II. This new curriculum is all set to take a big leap in child pedagogy. Workshops, motivating sessions filled with different activities were organized by TWIN WIN not only for students but also for the faculty. The school has two fully equipped computer labs, Mathematics Lab along with Science Labs. Teach next smart boards are installed in classrooms; the content is upgraded time to time. Classes in French, Vedic Math, Abacus, Mnemonics have already become a part and parcel of the daily routine. Exhibition in Science and Social Science were organized for Senior classes, while Art exhibition was organized for Junior Classes. Literary





activities both in English and Hindi are organized time and again which includes Debate, declamation, extempore, role play etc. at class as well as inter house level.

The Annual Function-Spectrum 2015 was a treat to eyes. Chief Guest Mr. Deepak Rawat, DM Nainital & Guest of Honour Mr. Harbir Singh, C.O. City, Dr. Jogendra Singh Rautela, Mayor Haldwani, Mr. Y.S. Chauhan, SP City and crowd of approx. 4000 people applauded the efforts of students and their mentors. Right from Ganesh Vandana till the Happy Ending show, the audience kept spell bound under the glittering magical lights. Our dance team won an Inter-School contest at Department of Management (Kumaun University) Bhimtal. They also participated in Republic Day parade held at Nainital. SSP, Ms. Sweety Agarwal applauded this presentation on Nainital Disaster Relief Force. Our Choir group won

laurels in NND Bhatt Memorial Inter School Contests held at Beersheba School, Haldwani. Richa Gosai won a special prize for Art. We celebrated Birth Anniversary of Uttarakhand, Grand Parents Day, Mothers' Day, School Raising Day, World Health Day in

addition to the National and Religious festivals.

Sports have always been our forte. We organized Interschool Basketball Championship in the month of November for Boys and Girls under the flagship of PSA (Public School Association), Haldwani. The three day contest was inaugurated by Cabinet Minister Dr. Indira Hridyesh. Around 20 teams battled it out in both the categories. Inspiration Public School emerged as champions beating Gurukul Boys and Nirmala Girls in respective categories. Ms. Kiran Jermiah, Principal All Saints College, Nainital gave away the prizes and trophies to the Winners, Runners and Officials. Our Jr. Basketball team won the contest at BLM Academy. Sports day was also celebrated with zeal and fervour.





Youth Parliament was conducted in the school

powered by Amar Ujala. Different schools were

minister, media person etc. Dr. Indira Hridyesh,

invited for the same and were assigned the role of

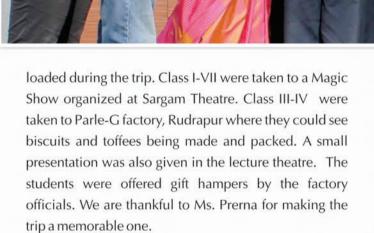
speaker, Leaders of opposition, leader of ruling party,

Hon'ble Cabinet Minister for parliamentary affairs, Mr.

We are equally aware of our social responsibilities. Swachh Bharat Abhiyan, collecting clothes for poor in collaboration with Times of India, tree plantation have now become routine activities of the school.

The lap of nature has been alluring man since time immortal. The students of Nur-UKG were taken to Sanjay Van- a serene picnic spot. They went by school

> glowing faces of children could easily tell the amount of happiness



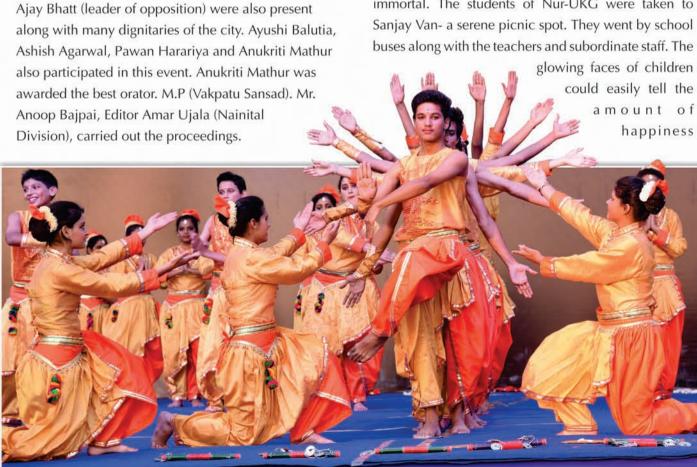
The year rolled by and left the memories to cherish. The school bid farewell to class XII. The students were

and Ms. Inspiration respectively. Class XI staged stunning performance to bid good bye to their seniors.

We are thankful to our Director Mr. Deepak Balutia and Chairperson Dr. Geetika Balutia for their useful inputs and time to time guidance. Their farsighted vision has inspired us to be the best. We at Inspiration, believe firmly that every child is potentially the light of the world and therefore we will continue to



"Inspire to



Being Internationally

Acknowledged



Achiebement

Inspiration School gets International School Award under the flag of British Council

It's been rightly said that: "The function of Global Education is to train one to think intensively and critically".

Inspiration Sr. Sec. School, Kathgodam has been conferred by International School Award under the flag of British Council at Sahara Star Hotel, Mumbai from November 19 -20, 2015, where the trophy and School Certificate was given by Ann Burgess, Leadership Consultant from U.K. The award was received by Dr. Geetika Balutia, School Chairperson and Ms. Smita Pant, ISA Coordinator.





AISSCE Class XII-2016



PERCENTAGE:96.6



SHOBHIT MEHTA PERCENTAGE:94.4



Result of

(X, XII Board Results)

Meritorious Students

SUYASH MAHAR

PERCENTAGE:94



PERCENTAGE:93.8



PERCENTAGE:92.8



PERCENTAGE:91.8







PERCENTAGE:90.2



PERCENTAGE:90.2

Academic Paramount

Qualifiers of JEE (Advance) 2016



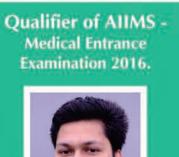
SUYASH MAHAR (AIR-1387)



(AIR-10251)



(AIR-18139)









Class X Toppers with 10 CGPA



ADITYA JOSHI



ATUL CHANYAL











Class X Toppers with 9.8 CGPA



KAMESH RAWAL



NUPUR GOEL







REFLECTION 2015-2016 15

STAR KIDS

- 1 Poorvi Dalakoti of classs XI C participated in Athletic meet held at Shivalik International School and won FIRST position in Long Jump (Senior Girls) and SECOND position in Discus Throw (Senior Girls).
- Yogesh Shahi of X B also participated in Athletic Meet held at Shivalik International School and won FIRST position in Long Jump(Senior Boys) and SECOND position in High Jump (Senior Boys)
- **3** Following students won the Fair Play award in an Open Tournament organized by Bright Start International Academy:

Piyush Bhatt	XIC	Neeraj Adhikari	XII A
Chetan Palariya	XI B	Ayush Kumar	XII A
Ajay Singh Kholia	XII , A	Sankalp Kumar	ХВ
Pawan Karki	XIC	Ashutosh Bhatt	XII B

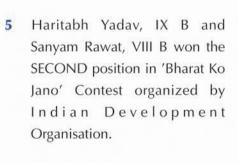


4 Dheeraj Kurai, X A and Ashutosh Tripathi, VIII B won the FIRST position in 'Bharat Ko Jano' contest organized by Indian Develop-ment Organisation.





- Akshat Pathak, IX A, Nishchay Joshi, IX B and Sudhanshu Joshi, IX B participated in State Championship of 12th Karate Federation held at Ranikhet and won Gold and Silver medals in Kumite respectively.
- 7 Richa Gosain, XI B won the special recognistion Prize in Drawing Competition organized by Beersheba Sr. Sec. School on the occasion of 'Founder's Day Celebration'.





The Music Choir of the school secured the THIRD position in Patriotic Song Competition organized by Beersheba Sr. Sec. School on the occasion of 'Founder's Day Celebration'. The choir included the following students:

Rahul Tatrari, IX A	Manshi Bisht, X A	Komal Tatrari, X B	
Vanshika Mandola, VIII A	Aditi Agarwal, IX A	Anupriya Verma, VIII A	Mahima Bisht, XA
Ishika Bhatt, X B	Chaitanya Verma, IX A	Tanishqa Bhatt, IX A	Pooja Bisht, IX B
Vaishali Shrivastava, IX A	Priyanshu Kurai, VII Al	Prajapati Joshi, VI B	Sailik Khan, VI B

9 A Cultural Fest was organized by Institute for Management Studies, Bhimtal where IPS students actively participated and secured FIRST positions in two different dance performances (Theme based and Semi-Classical) respectively. The participants of each category were:

Ganesh Vandana (Semi – Classical Category)

Arnav Arora, VIII A	Shubham Joshi, VIII A
Diksha Chandra, VIII A	Aditya Singh Rana, X A
Ayushii Balutia, XI C	Anushka, XII A
Rashmi Adhikari, XI C	Anupriya Prasad, VIII A



Pushpraj Vishwakarma, XII Al		Aditya Bisht, IX A
Shiva Budhlakoti,	XI A	Divyansh Dhingra, X B
Manish Sharma,	VIII B	Ayudheesh Bhushan,XI C
Tanuj Mehta,	VIII B	Kamal Singh, XI A
Rahul Arya,	ХВ	Priyanshu Kurai, VII A

organized by Birla Vidya Mandir, Nainital on August 05,2015. Around 15 teams all participated in the quiz covering the areas of Bhimtal, Haldwani and Nainital. Our team made it to qualify the preliminary written round, and were among the top six final teams. The quiz was based on General Awareness, Media, People identification, advertisements, tag lines, CEO names etc. The participants of the quiz were:

Ashish Agarwal, XI C	Ayushii Balutia,	XIC
Gaurav Joshi, XII C	Tushar Dauthal,	XI A







REFLECTION 2015-2016 17



(Classes I-V: Top 5 from each Class)

Class I A

Student Name Nipun Pandey

Jatin Tiwari

Yatharth Bisht

Hassan Suhail

Naman Kathayat

Class III A

Student Name

Aayush Sharma Tanishq Singh Bisht Vansh Miyan

Haroon Joshi Kartik Goswami

Varnika Joshi

Class V A

Student Name Adishree Mathur Pivush Pathak Jyoti Bisht

Priyanshu Sharma Sparsh Kumar

Class VI A

Student Name

Tanishq Soam

Taaksh Balutia

Abhinav Kholiya

Class VI B

Student Name

Prajapati Joshi Harshit Sharma Manshi Bisht

Class VII A

Student Name

Kartikay Tiwari

Ayush Aswal

Bhanu Pratap

Class V B

Student Name Himanshu Kanyal Diva Chandola Pawan Bhatt Yumna Gaffar

Ananya Tekriwal

(Class VI –VIII, XI: Top 3 from each class)

Class I B

Student Name

Vaishnavi Papola Tamanna Dangwal

Akanksha Pant

Poorva Negi

Vaibhav Singh Rana Priya Khati

Udit Samant

Ajay Singh Gunjit Verma

Class II A

Student Name

Shreyasi Palani

Bani Negi

Ojas Mittal Anshuman Basani

Ashi Prajapati

Class III B

Sneha Mehta Vasundhara Barola

Aditya Chauhan Sandhya Barolia Diya Rajwar

Abhinay Chimwal Ansh Kumar

Student Name

Kumkum Joshi

Shagun Khati

Abhinav Kandpal

Mahak Adhikari

Adarsh Kumar

Class II B

Student Name

Soumya Srivastava Rahul Pant

Dhairya Nagarkoti Akshay Agarwal

Aditya Singh Gaira

Student Name

Class IV A

Student Name

Diya Rautela

Class IV B

Class VII B

Student Name

Kritika Bhatt Anuj Bora

Class VIII A

Avantika Panwar

Student Name

Priyansh Chauhan Garvit Verma Khushi Vaish

Class VIII B

Student Name Ashutosh Tripathi Kanika Tiwari Isha Soam

Class XI A

	Student Name	Rank
-	Himanshu Pandey	Ĺ
	Harshita Tiwari	Ш
	Chetan Dhyani	111

Class XI B

4	Student Name	Rank
	Nivedita Bisht	1
	Bhavesh Bhatt	Ш
	Anjali Chanyal	Ш

Class XI C

Student Name	Rank
Disha Dumka	1
Ashish Agarwal	Ш
Ayushii Balutia	Ш

Olympiad Results

International Olympiad of Mathematics (iOM)

/		
Class	Name of The Student	Medal
Ш	Ditya Manral	Gold
Ш	Kuhu Jaiswal	Silver
Ш	Priyanshi Bisht	Bronze
IV	Aditya Singh Chauhan	Gold
IV	Dakshesh Kholia	Bronze
IV	Sandhya Barolia	Silver
V	Priyanshu Sharma	Bronze
V	Bhartendu Bisht	Silver
V	Himanshu Kanyal	Gold
VI	Deepak Singh Adhikari	Silver
VI	Nidhi Bisht	Bronze
VI	Y. Aditya	Gold
VIII	Ankit Jindal	Silver
VIII	Ashutosh Tripathi	Gold
IX	Aman Joshi	Gold
X	Atul Chanyal	Silver
X	Ritesh Verma	Gold
X	Yogesh Shahi	Bronze
ΧI	Kamlesh Singh Nagarkoti	Gold
XII	Amulya Gaur	Gold
XII	Apoorva Vikram Singh	Silver

International Olympiad of Science (iOS)

lass Name of The Student	Medal
Navneet Bhatt	Gold
Sneha Mehta	Silver
Vidisha Tiwari	Bronze
Aditya Singh Chauhan	Gold
/ Kanchan Pathak	Silver
/ Fatima Siddiqui	Bronze
Piyush Pathak	Gold
Mayank Kandpal	Silver
Ayush	Bronze
	Navneet Bhatt Sneha Mehta Vidisha Tiwari Aditya Singh Chauhan Kanchan Pathak Fatima Siddiqui Piyush Pathak Mayank Kandpal

VI	Y. Aditya	Gold
VI	Ansh Rana	Silver
VI	Taaksh Balutia	Bronze
VII	Aditya Pratap	Gold
VII	Aditya Kalakoti	Silver
VII	Harshit Joshi	Bronze
VIII	Arnav Arora	Gold
VIII	Ashotosh Tripathi	Silver
VIII	Priyansh Singh	Bronze
IX	Mayank Singh Bisht	Gold
IX	Ishaan Adhikari	Silver
IX	Harshwardhan Singh Rawat	Bronze
X	Atul Chanyal	Gold
Χ	Dheeraj Chand Kurai	Silver
X	Sachin Kanyal	Bronze

International Informatics Olympiad (iiO)

Class	Name of The Student	Medal
IV	Dakshesh Kholia	Gold
VI	Prajapati Joshi	Gold
VI	Y. Aditya	Silver
VII	Karan Bisht	Gold
VIII	Priyansh Chauhan	Gold
IX	Hitesh Dumka	Gold
IX	Asheesh Pandey	Silver
X	Yogesh Shahi	Gold
X	Atul Chanyal	Silver
X	Maneesha Kandpal	Bronze
XII	Suyash Mahar	Gold
XII	Manish Singh Bhakuni	Silver

International Olympiad of English Language (iOEL)

Class	Name of The Student	Medal
IV	Aditya Singh Chauhan	Gold
VI	Y. Aditya	Gold
VI	Archit Singh	Silver
VI	Taaksh Balutia	Bronze
VIII	Priyansh Chauhan	Gold

Workshops |

Workshop on Vedic Math

workshop of Vedic Math was organized for 3 consecutive days i.e. from March 31 – April 02, 2015 under The guidance of Mr. Pradeep K. Rao.

He covered the fields like Abacus, Mnemonics and Vedic Mathematics. He explained the teachers about the usefulness of applying these tricks to make calculations easy and for memorizing faster. He made the teachers do different activities based on all three fields. All the master teachers who attended this workshop enjoyed a lot and were of the opinion that it would be very beneficial for students as through abacus and vedic math they will be able to do the complex calculations in an easier and faster way and through mnemonics they will be able to memorize the text matter easily.



WORKSHOP ON Conscious Parenting

hildhood is a strong foundation for overall growth and development in the adult life and largely influences an adult's personality, health and social standing in his/her life. Keeping this in mind, a workshop on 'Conscious Parenting' for the parents of Class I to VI was organized in the school under the aegis of 'Amar Ujala' and 'Ray Foundation' on August 22, 2015. The resource person was a prominent Child Behavior Expert, Dr. Harish Sharma. The program included talks on relationship with children, child career planning, child development and emotional development. Many parents attended the workshop which proved to be very beneficial to help them build a strong bond between them and their child.



WORKSHOP ON

Writing and Speaking Skills

n July 11, 2015, a workshop for senior classes (X, XI, XII) was organized on writing and speaking skills. Mr. Vijay Pant, a freelance journalist from Times of India interacted with the students on improving Writing and Speaking skills. Through



PowerPoint presentation he explained the tit bits of writing in a way that connected to the students at large. The first session was attended by Class XI and XII while the second session by Class X. The students seemed interested and got motivated with his inputs. These kinds of workshops always help to enhance various skills in students which are always appreciated.



'Kargil Vijay Diwas'

Artillery Display on Iuly 26, 1999 Kargil conflict officially came to an end. Indian Army announced complete eviction of Pakistani intruders which was a great success for the

Indian Army i.e. Operation VIJAY. Every year 26th July is celebrated as Kargil Vijay Diwas. As this day approached, Madras Regiment organized a workshop in the school premises for the staff and students to display weapons and arms and inspired the students by showing motivational incidents and happenings through power point presentations. They also motivated the students to join Indian Army after XII class towards which many students raised their hands to give a positive response.















competition, the eve of December 17 saw these most exciting matches of the tournament. Mascot of the game Panda with the motto - Will to Win, was the treat to watch. Mrs. Kiran Jermiah, Principal, All Saints College, Nainital was the Chief Guest of the closing ceremony. She along with School Chairperson and Principal

awarded the Winners and Runner's Up teams with certificates and trophies. This moment was exotic for the winners and the school as well. The job of the commentators was exuberant which was commended with high words of appreciation by the guest and the audience.













*-blossom activities

Buttons-Stars-Wool Pasting

Buttons –Starts –Wool pasting activity was held on April 09, 2015. All the tiny tots of i-blossom participated in this activity. According to the classes, activity was divided into three parts:

Nursery: Star Pasting

LK.G : Wool Pasting

U.K.G : Button pasting

Under the supervision of the class teachers the children were told about the items they have to use in their activity.





Take Away ACTIVITY

It was the first day in the school of session 2015 - 2016 where the students were welcomed with smiling faces which filled them with lot o excitement. There were old and new students in every class of kindergarten. They were very happy and full of enthusiasm. The teachers introduced themselves and had their introductions also. They were given different types of pictures to colour. The topics given were:

Nursery : Kitten LK.G : Duck UK.G : Eleph

After completing the beautiful colouring, they pasted ice-cream sticks at the back of the pictures. I was given as a take away to the students of Kindergarten. It was a fun and enjoyable day.

Tipi - Tipi - TOP

It was a recreational activity held on April 15, 2015. The name of the activity was Tipi –Tipi Top.

Students were very excited. It was an outdoor activity. Before starting the activity, the students were divided into two groups – Boys vs Girls. They started the game with the song: "Tipi Tipi Top ...what colour you want..." One group was giving colour's name and the other team was finding out the items of that particular colour given by the other team. It was a full energetic activity in which the students learnt how to work and play as a team.



Clay Modelling

Clay Modelling was organized on July 01, 2015. This activity was a perfect platform for the creative minds of the children to meet their colourful desires and fantasy needs. The clay was absolutely safe and non –toxic. Students made beautiful snake, caterpillar, ring, vegetables, fruits,



cartoons like Angry bird, snow man, cat, sun, stars, toy car etc. and displayed them with pride.

The motive of this activity was to stimulate the imagination of the children and enable them to give it a better shape. This enhanced the eye-hand coordination, colour recognition, fine motor skills and problem solving skills. This activity was also displayed during Art & Craft exhibition.

Rock and ROLL



Dance is the visual representation of the tradition, culture and music of the people. Rock and Roll dance competition was organized for i-blossom kids on July 14, 2015. Children of kindergarten participated in the solo dance competition. Around 50 students from class Nursery – U.K.G participated in the event. The competition began with class Nursery, followed by the rest of the classes. Our judges judged the participants on the basis of their costumes, props, body language, expression, continuity and over all performance. All the students of kindergarten performed wonderfully well.

Origamy

Origamy activity was organized on July 29, 2015 for kindergarten in the school campus. The motive of organizing this activity was to develop the fine motor skills of the students. The activity was conducted under the supervision of the class teachers in their classes. Kindergarten toddlers made different items with paper plates. Nursery kids made 'cat', L.K.G. tiny tots made 'dog' and U.K.G. toddlers made 'cat', 'fish', 'crab', 'butterfly', 'bird' etc. with paper plates. All the students first coloured



the paper plates and then decorated them. They enjoyed the activity a lot. Students showcased their creativity and imagination. Their creative work was equally displayed in art and craft exhibition.

Being Creative!

They played, smeared the white canvasses with a spectrum of colours and gave vent to their imagination. The students of Inspiration Public school poured out their creativity and talent at the art and craft exhibition held in the school campus on Saturday August 8, 2015. The exhibition was held to provide a platform for children to display their talent. It also boosted their confidence and moral when they got appreciation for their creative talent. The students used innovative and eco-friendly ways to make use of waste items.

Kite DECORATION

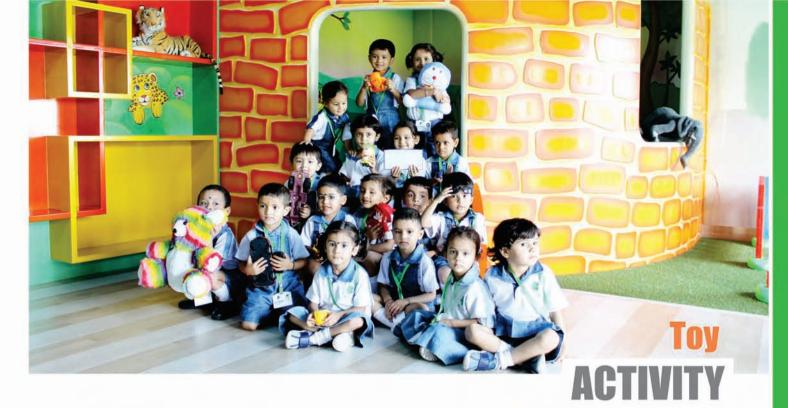
Kite activity was organized in kindergarten section on August 04, 2015. Students brought kites from home and school also provided kites to them. Teachers helped out students in the decoration of kites. Tiny tots put glitters, stickers, 'bindis' on their favorite colorful kite. After completing the decoration part, students enjoyed kite flying with the help of their respective class teachers. They also prepared hand-made kites for the art and craft exhibition. This activity helped out the students to become more creative and active. Students enjoyed this activity very much.



Warm-Up PARTY

I-blossom students celebrated warm-up party in the school campus on August 08, 2015. Many games like hopscotch, Musical Chair and Balloon relay were organized for the students by the Sports teachers which were enjoyed and highly appreciated by all. Tiny tots of I-blossom were really happy and excited.





Toy activity was held on August 12, 2015. The motive of organizing such activity was to develop social behavior and personality of the child. It ignites the creativity and imagination of a child. Kindergarten teachers took their respective classes to activity room where the students shared their toys with each other.

Some students brought remote cars, Barbie dolls, building blocks, animals etc. Teachers first told them about their own favorite toy and then asked students about their favorite toy and from whom did they get as a gift. Children were able to describe the characteristics of their toy. This enhanced their communication, adjustment in their peer group and feeling of respect for others.

Overall this activity was fun for students. It also ignited the social development and behavior among the students.

Social Graces -Polishing Table Manners

On August 19, 2015 'Table Manner Activity' was organized for the Kindergarten kids. The motive of the activity was to teach some life lessons; like being kind and considerate for others and to remember that "ACTIONS SPEAK LOUDER THAN WORDS".

Class teachers explained that social skills can be expressed verbally as well as non-verbally through our



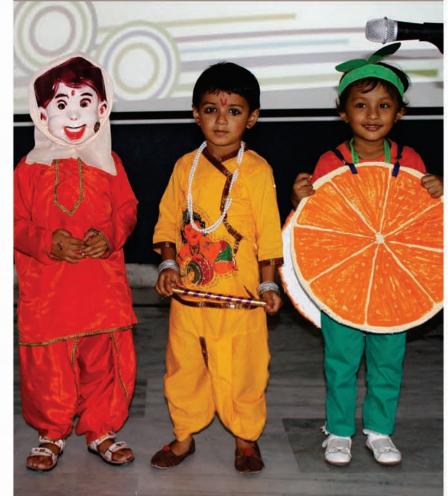


mannerism and gestures. Before starting the activity, class teachers demonstrated the table manners in front of the students and also told them about few rules for table etiquettes.

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Fancy dress COMPETITION

Fancy Dress Competition being one of the most awaited events for tiny tots as they wonderfully dress-up to personify themselves and always appreciated by everyone. The students came forward displaying their vibrant costumes. A grand and gorgeous fancy dress competition was held in our school on September 2, 2015. The children from pre-primary sections participated in it. The themes were specified for the children according to their choice like fruits, animals, cartoon characters, flowers, professionals, monuments and National Leaders. It was indeed a mesmerizing event which would be etched in our memory for a very long time.







Friendship Band Making ACTIVITY

"Friendship is the golden thread that ties all hearts together". Students made beautiful friendship bands. The purpose of this activity was to make our friends feel how special they are in our life!

Then students tied friendship bands to their dearest pals which inculcate respect, love and care for others. Teaches also told them that they can tie the friendship bands to their parents, grandparents which strengthen their bond and to express their love and gratitude for them.



Little Picassos Spreading colours through -

Vegetable Painting'

This activity was held on November 7, 2015 in Kindergarten section. The budding artists of Kindergarten had a wonderful time as they had lots of fun along with learning. Tiny tots of Nursery printed their sheets using Capsicum, L.K.G. toddlers participated in palm printing and UKG toddlers printed using lady finger sticks in Rangoli designs. They were really excited to see their favorite vegetables being used in some other way apart from eating.

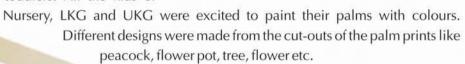
Abstract Art in Progress...

Rice and Pulses activity was organized in i-blossom on November 18, 2015. This exciting activity was performed by class Nursery –UKG. Different colourful pulses were used as a substitute for paint. To identify the pulses during the activity was a great learning experience for the kids. Different types of pulses were pasted to make pictures of a hut, butterfly, tortoise, hippo and sun flower enhancing the motor skills of the young ones and helping them to coordinate among themselves.



Creative Monographs -The budding **Palm Prints**

Palm Printing was organized in i-blossom on October 07, 2015 as the first individual activity for the kindergarten toddlers. All the kids of



Children were happy to see their palm print on the chart. It





Fruits are good for our health. As we all know, "Health is Wealth". For healthy living we should eat fruits. Keeping this in mind, tiny tots of i-blossom participated in Fruit Chaat activity exploring new areas of learning. Fruit chaat activity was organized on February 13, 2016 in the school premises. Kids were asked to bring fruits of their choice for making fruit chaat. With the help of teachers they prepared the recipe and finally, relished all together. Children enjoyed and were excited to participate in the activity.



A picnic was organized for class Nursery to UKG at Sanjay Van on February 17, 2016. The kids were very excited for the picnic. Around 108 students enjoyed together along with their teachers. The tiny tots recited rhymes throughout their journey till they reached the picnic spot. They witnessed Poly-house, medicinal plants, big trees like Bamboo, Rubber etc., while strolling there. After having snacks, they enjoyed games like balancing, crawl & cross the tunnel, hurdle race etc. It was a fun filled day for the toddlers.



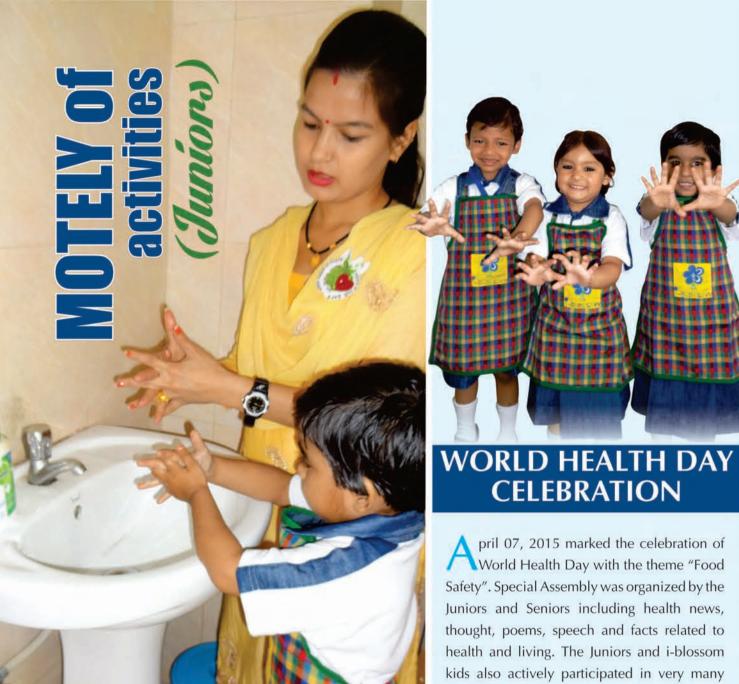






gave a feeling of oneness and unity when everyone witnessed all the palm prints together on a chart. It was a fun activity for both teachers and children.





World Health Day with the theme "Food Safety". Special Assembly was organized by the Juniors and Seniors including health news, thought, poems, speech and facts related to health and living. The Juniors and i-blossom kids also actively participated in very many activities conducted on that day like Poster Making, Health Awareness Rally, Hand washing activity, worksheets related to health and hygiene etc. Interactive Power point presentation was prepared for the kids to create awareness regarding Food Safety.



ENGLISH CALLIGRAPHY & PARAGRAPH WRITING

nglish Calligraphy and Paragraph Writing competition was held on April 15, 2015 for classes I -III. The main objective of the activity was to inculcate regular practice of good handwriting among the students.

For classes IV -VI English Paragraph writing competition was organized on the same day on the topic 'Sanitation'. As expected, the students came out with flying colours. They portrayed brilliant outcome of their creative minds which were well appreciated by everyone.

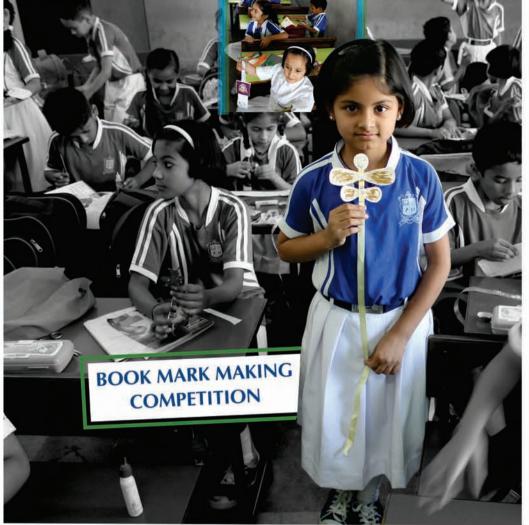


Outdoor Learning @ Parle G Factory



hildren always love to break free from the boundaries of the classroom. A visit was organized by Inspiration Public school for the students of classes III -IV to Parle G Pvt. Ltd., Rudrapur. The children were shown an animated movie which was really motivating and inspiring followed by demonstration of various methods of preparing biscuits, toffees and snacks. After that, the children were taken to the manufacturing unit where they were shown the steps of manufacturing from mixing to packing. It proved to be an educational trip for the students.





he school organized Bookmark making competition for classes I -III on May 02, 2015. Caterpillar, butterfly, arrow and honeybee were amongst the different kinds of bookmark designs which the students made. The students came out with brilliantly creative ideas which were appreciated by everyone. Students took part in this activity with full enthusiasm and excitement.

HINDI CALLIGRAPHY

indi Calligraphy Competition was organized on December 12, 2016 for classes I –VI. Students of class I –III were allotted a paragraph which they had to write in a beautiful way including artistic font styles. Similarly, classes IV –VI had to create a story on the topic "Kindness". The students displayed a high level of creativity which enhanced their thinking & writing skills.

MASK MAKING

The school organized Mask Making Competition on May 02, 2015 for classes IV -VIII. The students used chart papers, coloured papers, ribBons and various other materials for preparing a m sk according to their own innovative ideas. Some students coloured their mask as per their choice. The competition was full of innovation and enthusiasm and the students loved the activity.



ENGLISH POEM RECITATION COMPETITION



nglish Poem Recitation competition was held on July 08, 2015 to enhance the reciting skills of the children of class I-III. The topic was 'Sanitation'. All the children actively participated in it and showed enthusiasm for it. Some of children used different types of props to make their poem effective and expressive. The main objective of the activity was to create awareness among the children regarding 'Sanitation'.

SPELL WELL COMPETITION

Spell Well Competition was organized on February 03, 2016 to check and enhance the memorizing power of children. The students were asked to memorize 125 English words given by the subject teacher. All the students were enthusiastic and well prepared for the contest. The teacher dictated 20 -30 words. The students were given one hour to write all the words. These contests encourage the student's talent & skills and should be conducted time and again.



ENGLISH DECLAMATION CONTEST

on July 11, 2015 Declamation Contest was organized for classes IV –VI. The students were confident while speaking. They delivered the speech effectively within allotted time. The competition was a stiff blend of eloquence and linguistic dynamics. It was indeed a great opening for our students to show case their oratory skills and be acknowledged by the distinguished audience.



ART EXHIBITION

o encourage the inner creativity and talent of the students, Inspiration school has well integrated the art and craft into the school curriculum wherein our students are encouraged to showcase their talents.

The Art & Craft exhibition is a regular annual event of the school which was held on August 08, 2015 on the Parent –Teachers' Meet day. The entire hall came to life with the beautiful hand crafted articles. The hard work and dedication was evident in their beauty and precision. The art & craft articles included: Paper bags, Paper purse, Pen



holders, Wall hangings, Photo frames, envelopes, wind chimes, bookmarks and masks etc.

The tiny tots of IPS from iblossom section also poured out their creativity and talent through Kite decoration, clay moulds and origami activity. Another section of the hall was Mother's corner which took everyone's attention. This whole section was dedicated to the mother's individual creativity and was based on best out of waste theme.

'FUN AND LEARN' ACTIVITY

un and Learn activity was held on January 30, 2016 for classes I – III. Cock fight was played among the boys and Throw Ball among the girls. The activities were thoroughly enjoyed by the students. The winners were awarded with medals and certificates.





ENGLISH SKIT COMPETITION

An Inter – House Skit Competition was organized in which the students of class III – VI show cased their talent within 8-10 minutes. The participants put forth their efforts perfectly to make the competition a grand success. As the theme of the skit was 'Sanitation' young learners were the best messengers to spread the awareness of social and global issues and left an impact on everyone's mind.

COLLAGE MAKING & PHOTO FRAME MAKING CONTEST









or classes I-II Drawing Competition with collage was organized. They pasted the coloured pieces without using scissors on the pictures already printed on the sheets. Class I was given a picture of an Apple and a Brinjal and class II was given a picture of beautiful Scenery. They pasted bits of colourful papers neatly which was really a joy for the beholders.

For classes III and IV Photo Frame making activity was organized where they were asked to bring one photo from their collection of their choice and decorate it with various materials such as straws, mirrors of different shapes, stars, ribbons, ice cream sticks, match sticks, glitters, old wedding cards, handmade sheets, coloured papers etc.





With Blood, Sweat, And The Occasional Tear.

he five's of Sports are Speed, Stamina, Strength, Skill and Spirit. To enhance the passion, Annual Sports meet was organized on 21st December, 2015 for classes Nursery to VIII.

The event started with the March Past of students. All the four houses marched with energy and enthusiasm. The oath was administered for playing with true spirit and respecting the rules and regulations. The meet was declared open by the school Chairperson, Dr. Geetika Balutia and Principal, Mr. Anurag Mathur.

On the first day, heats were organized class-wise with a number of sports like 50m race, balancing race, roll the ball, hurdle race, 100m race and zig zag race. Students were selected house wise for the final match to be played next day.

On the second day, final matches were organized with the students cheering up for their houses. Students participated in various types of races.

Green House was declared the WINNER in Annual sports Meet and Blue House the RUNNER'S UP. Green House bagged 23 gold, 25 silver and 19 bronze medals.

winner followed by Blue House.



Among Girls Relay Race, Green House was the Winner and Yellow House was the Runner's Up.

In overall medal tally, Green House stood FIRST with 71 medals followed by Blue House with 57 medals. The Annual Sports Meet came to its closet with the prize distribution by School Chairperson, Principal and Headmistress.





FANCY DRESS COMPETITION



he school organized Fancy Dress Competition on September 02, 2015 for the students of classes Nursery -II. Most of the girls dressed up as fairies, princess, teachers, Barbie dolls and Deity - 'Radha'. The school looked like a fairy land. The boys dressed up mostly as soldiers, actors and teachers. Some students used innovative and creative ideas and dressed up like 'Saina Nehwal', 'Superman', 'A clock', 'Swami Vivekananda', 'Green Grocer', 'Statue of Liberty', 'Mother Teresa' and 'Traffic Lights'. The characters impressed the judges and the teachers as they dressed up marvelously and spoke their dialogues clearly and confidently.

DODGE BALL COMPETITON

odge Ball Competition was held on January 30, 2016 for Primary classes. All the students participated with full enthusiasm. A healthy competition was observed among all the students. All the Winners were felicitated with medals and certificates.



Foot & Mouth Painting

he Mouth and Foot Painting Artists Association[MFPA] is an International registered society of disabled artists- wholly owned and run by the artists themselves to meet

their financial needs. The organization has now grown to represent nearly 800 members from 74 countries around the world.

Members paint with brushes which they hold in their mouth and feet because of their disability which is either by birth or through an accident or illness that prohibits from using their hands.

To learn about the life of such special people, Inspiration School organized Mouth and Foot painting activity for class VII and VIII on April 15, 2015. Students made beautiful paintings by holding brushes in their mouth and foot. It was very difficult task, but students participated with great enthusiasm and the activity was enjoyed by everyone.





KHO-KHO Championship

ho –Kho Championship was organised for the students of class VII and VIII on April 25, 2015. Different matches for the boys and girls team were organized. School Principal Mr. Anurag Mathur announced its opening. First match was played between Boys team of Blue House and Green House followed by the second match between Red House and Yellow house Boys team.

The final match was won by Red House giving a tough competition to Green House.

The championship was followed by the match of Girls team of Red and

Green house and the second match between Blue and Yellow house. The final match was played between Green and Blue House out of which Green House was declared as the Winner.







MASK MAKING & Bookmark Making Competition

n May 02, 2015 Mask Making and Bookmark Making Competitions were organized for classes VII and VIII. Students actively participated in it and made beautiful masks and attractive bookmarks using the waste material. Their creativity could be seen at the highest level. They tried to portray different scary faces, cartoon characters, party masks etc. and were appreciated by medals and certificates.





POSTER MAKING Competition

hildren are born with different potentials. Some are good in academics and others are creative.

To bring out their individual talent, the school organizes different co-curricular activities. Poster making competition was organized in the school with the same aim on May 02, 2015. Students of classes IX and X actively participated in the competition. They made colourful posters on the topic "Swachh Bharat Swacch Sansaar" through which they created awareness regarding sanitation and Healthy India.





English Extempore Competition

Extempore' is all about clarity of thoughts and ability to express their views which demands a good communication skill, social awareness and abilities to present the points. English Extempore' Competition was held on July 11, 2015 for classes VII –VIII. The participants were given the topics one minute prior and were asked to present their views within the time allotted to them. They were judged on the parameters of Content, Fluency, Presentation, Confidence and Clarity of Thoughts. Few topics included were: Cruelty on Pets, Hard work-The Mantra for Success, A friend in need is a friend indeed, Cycle- the best mode of transport among the youth etc. The competition portrayed a great feeling of enthusiasm and confidence. Winners were awarded with medals and certificates.



SANSKRIT SHLOKA Recitation

Contest

Sanskrit Shloka Recitation Contest was organised for recitation students of class VII –VIII on August 12, 2015. Students were divided into four houses and they delivered 'Shlokas' in Sanskrit with their meanings. Students and teachers were amazed by the command of students in a language like Sanskrit. School Principal judged the students and declared the Winners.

INTER — HOUSE Rangoli Contest

n December 12, 2015 an Inter

-House Rangoli Contest was organized based on the theme "Wild Life Conservation". The students of class VII –XI participated in the contest where they used Natural colours, flora and other eco –friendly material to make Rangolis. The result was based on the voting casted by the parents and teachers.

Green House stood First with maximum number of votes followed by Yellow House.





Investiture

Ceremony

nvestiture ceremony was observed in school with grandeur on July 16, 2015. It brought an air of excitement and happiness to all the students of Inspiration. All the office bearers marched with confidence in their stride. They were honoured by the sachets and badges of their respective position by the School Chairperson and Principal. The School Council beamed with glory and confidence as they promised to keep the school motto high and to fly Inspiration flag even higher, making the morning a memorable one.

The office bearers for Academic year 2015-2016 are:











Satvik Pandey XII B	Head Boy	
Priya Bisht, XII C	Head Girl	
Ashish Agarwal, XIC	Vice Captain	
Ashutosh Bhatt, XII C	Sports Captain (Boys)	
Piyush Bhatt, XI C	Sports Vice Captain (Boys)	
Heena Verma, XII C	Sports Captain (Girls)	
Nikita Mishra , XI C	Sports Vice Captain (Girls)	
Rahul Bhatt, XII B	Discipline In-charge (Boys)	
Meenal Garia, XI A	Discipline In-Charge (Girls)	
Naman Bhatt, XII A	Captain (Blue House)	
Tushar Dauthal, XI A	Vice Captain (Blue House)	
Neha Bisht, XII A	Captain (Green House)	
Pawan Singh Harariya, XIA Vice Captain (Green House)		
Nitika Mahtolia, XII A	Captain (Yellow House)	
Bhawesh Bhatt, XIB	Vice Captain (Yellow House)	
Riya Upadhyay, XII B	Captain (Red House)	
Harshita Tiwari, XI A	Vice Captain (Red House)	







Annual Exhibition

n August 08, 2016 IPS organized Annual Exhibition for senior classes, which covered Science, Social Science, Art & Craft and IT departments. The Science Exhibition was dedicated to Dr. A.P.J. Kalam. The students prepared various models of science and social science depicting the project –based learning methodology. Among the Science models, some models were quite realistic like Human eye, Hydroelectric Power Plant and city, Human Heart, Modern City, New horizon etc. The models based on Social Science were Water harvesting system, Industry market link, Biogas Plant, Earthquake alert, Volcano,

Drainage System, and Deforestation in Uttrakhand etc. The Art & Craft display was one of the most attractive and eye catching exhibit for everyone. Lot many items were involved in the creative display like best out of waste, dolls, paper bags, pen holders, wall hangings etc.



The IT department initiated and pioneered 'Tech Corner' during the exhibition which show -cased the softwares made by students of class XII using Java programming language. The programs made by the students were Horoscope, Quiz and Planets display. Class X displayed Inspiration Newsletters that comprised of news and information related to IT sector including people, latest gadgets, advertisements, jokes, latest computer hardware, news in IT etc. It was an amazing show for staff and students. Parents witnessed the show and praised it with high words of appreciation.

School Chairperson and Principal appreciated the efforts of students and teachers.



Inter - House English Debate Competition

An Inter – House Debate Competition was organized for classes XI and XII on August 12, 2015. The topic was "Industrial development is essential for towns". Two students participated from each house one in motion and the other against the motion. They spoke with conviction and confidence giving tough competition to each other. Rebuttal round was the most interesting as the debaters answered them impressively. It made the competition more exciting and challenging. Judges had a tough time deciding the results. Finally, Naina

d XII atial the ving other ting

Gwari, XII B secured FIRST position, Rahul Bhatt, XII B and Ashish Agarwal, XI C secured SECOND position and Nivedita Bisht, XI B secured the THIRD position respectively. School Chairperson appreciated the efforts and hoped to see the same level of competition in the up-coming activities.







INTER-HOUSE Hindi Debate

nter –House Hindi Debate competition was conducted on November 30, 2015 in which students of class XI participated whole heartedly. They emerged with varied and brilliant views about the topic "Increasing effects of FDI" and debated with confidence with their opponents. Harsh Joshi, XI A secured FIRST position, Muskan Kamboj, XI A secured SECOND position and Pawan Singh Harariya, XI A secured THIRD position. School Chairperson, Dr. Geetika Balutia felicitated the deserving candidates by Medals and Certificates.

44 45

Inter House Quiz Competition

n Inter House Quiz Competition was held for classes IX -XII on August 20, 2015. There were 10 rounds in all comprising of Science and Technology, Current Affairs, Apna Uttarakhand, Literature, History, Sports, Audio -Visual, Buzzer and Rapid Fire Round. Brain Teasing rounds were introduced this time that comprised of SUDOKU and Jumbled Words. There were questions for audience also for which they were equally rewarded. Participants were very excited and they felt the heat of the competition because the level was very high. They all competed well and finally Green House came up as Winner and Red House as Runner's Up. The competition ended with the motivational speeches of the chairperson and the Principal.











Solo Dance Contest

ance is the purest form of expression. A dancer observes a profound happiness as he/she dances with heart and soul. To provide a platform to the budding dancers, Solo Dance contest was organized in the school premises on August 21, 2015. It was divided in two categories: Juniors(VII –VIII) and Seniors (IX- XI). Audience could see almost all the dance forms performed so very well. The participants did not miss any beat or rhythm while performing. All the performances were appreciated by the judges and the viewers.



BOOK FAIR

n December 18-19, 2015 Book Fair was organized by World Vision Publications. The fair was a good collection of variety of books for all age groups. The students visited the fair class wise, where they were guided by the teachers to select the books. Primary and Junior section was more interested in comics and cartoon character books which they mostly watch on Television.

What The Teachers Have to Say?

More Than a Teacher...

Teaching is undoubtedly one of the greatest professions. The influence of a teacher doesn't stop outside the four walls of classroom or outside the boundary wall of the school. In fact his influence never stops. They leave an impression on the child and it remains forever. A teacher doesn't merely teach various subjects, but also cultivates a sense of total responsibility among his/her students. They hold the key to the future of the children.

It is quite an emotional moment for a teacher when she gets a child weeping to his fullest, leaving his mother's lap for the first time. He looks back for the last time before his mother disappears in the crowd. From that moment the influence of the teacher begins......and then, there is no looking back. Right from teaching him to hold the pencil in Nursery class to hold the test tube to heat up a chemical solution, the teacher never allows his student to fall. And even if he falls, the teacher helps him in getting up to glorify his future.

The values that a teacher can teach are more valuable than the sources of an academic subject.

A Daughter Like You

You are my daughter, And I'd just like to say, You bring me joy, Each and every day, Whenever I think, Or look at you. I know I'm blessed, That's wonderfully true. You are very special Thoughtfully care, A helping hand, Always willing to share. I shall admit, We're a wonderful team, To have a daughter like you, Was my ultimate dream.

> Ms. Richa Sah Pre Primary Teacher

In this fast moving world we as a parent somehow forget to imbibe values in our children. Watching daily soaps, listening to absurd songs, chatting on mobile for long hours etc. definitely put a question mark on the moral values we are going to pass on to our kids. It is the teacher who can even counsel parents and give them joy of successful parenting.

Truly speaking teaching is one of the five top most stressful careers in the world. In a single hour, we have to play many different roles like: nurse, baby sitter, counselor, administrator, parental doormat and an educator.

At Inspiration, we are fortunate enough to have a team of dedicated, motivated and learning oriented group of minds who are ready to accept any challenge. That makes this place the best school to be in.

Ms. Prakrati Mathur Headmistress

Music Is The Art of Living

"The ability to perceive and enjoy music is an inborn human trait". The first musical instrument was probably the human voice. As language flourished, so did music with different cultures in inventing different types of resonators.

"If you want to maximize your children's intellect, give them music lesson"- Mark Tramo.

"Music and language skills rely upon auditory processing. Although reading may not be thought of primarily auditory activity, its foundation rests on a child, making sense of incoming auditory input, in order to map speech sounds correctly on to orthographic representation" says Krans. Many of the same aspects of sound processing that are deficient in children with language and learning impairments have been found to be strengthened in those who receives music training, and music based interventions and have demonstrated some success in the remediation of reading problems too.

You probably know that writing music can be challenged even when you have been at it for years.

You can realize by now the not-so-secret fact that inspiration and great music comes from challenging yourself and improving your skills on a consistent basis.

Mr. Sanjay Goswami Music Teacher

Students... Take Charge!

Well, it's back to school in just a few weeks. Are you ready? Whether you are a teacher or a student you are probably having mixed feelings. Summer is never long enough and yet at the same time, it's too long.

So, how are you going to start the school year? Hopefully, with a great excitement! Both teachers and students hold responsibilities here. So often, students want to put the responsibility on the teacher and vice versa.

There are many articles written to help the teachers make the class enthusiastic. This article focuses on looking at the situation from the student's perspective. The atmosphere of the classroom depends on the student's attitude as much as of the teacher.

I saw a poster one time that really said it all. It listed the items each student needed to bring to class..... writing utensils, books and paper. But it added one more item that students often don't think about. It advised the students to come into class with "an open mind".

Now, I am not suggesting that students should accept everything the teacher says, or even the text book. But I am suggesting students should be open to consider everything that is taught. There is as much danger in just accepting what is taught as it is i.e. accepting anything. Here's a suggestion. Try really listening to what is being said in your classroom. Look at what the text book says.

said in your classroom. Look at what the text book says. Listen to what the teacher presents and offer arguments if you disagree. Again, I am not suggesting disrespect. There is a way to present arguments without being disrespectful. You will be surprised at what will happen to the atmosphere in the classroom when you become involved.

There are several respectful ways to address your disagreement:

- Be informal: know why you disagree. Don't argue for the sake of argument, this just makes you looks bad.
- Raise your hand: Even though you may feel very forceful or emotional about your argument, don't just blurt out. This may result in a discipline action. Get your teacher's attention before making your statement.
- Be Prepared: this requires homework. The best possible way to do that is to read the chapter ahead

- of time. Know what the text says before you walk into class.
- Have references to back up your arguments.
 Be able to quote or know where to go to get information to back up your arguments.
- Be quiet: After you present argument, be quiet. Allow your teacher to answer. You may be surprised to find out he/she actually agrees with you and not the text book. He/ she may be able to help your next presentation.

On the flip side, may be you don't have a disagreement with the text. If you have pre-read the chapter, you may be able to give input into the teacher's lecture. The text may bring out points that you actually agree with or may be the subject one is one you find interesting. Don't be afraid to comment on the positive side in class. As a reminder do it respectfully.

Class is much more enjoyable when you participate. Becoming actively involved in your education is the best way to keep a good attitude. Most teachers do not want a boring class. Most often, a teacher finds it necessary to stop a discussion when it is out of hand.

Here are few tips to keep the teacher on your side:

Raise your hand, don't blurt out, regardless of whether your point is for or against what is being said. Make a point. Have a valid reason for your argument. Keep it short. Don't take too much time to make your point. Be quiet. Once you have made your point, STOP. Allow someone else the opportunity to speak.

Surprisingly enough, if you look at the points on conversation, you will see the same points again. No matter what the subject keep these points in mind. These will keep you out of trouble, class interesting, and life relatively simple.

Here's to a great school year! Get actively involved. Show the world what you're made of and enjoy life. Remember, you only get one chance at life. Take it!

Ms. Rashmi Bhatt T.G.T. (English)

Comfort is not Happiness

Modern science has been considered as a boon on mankind, because it has opened our eyes and has removed the darkness of ignorance which always led us on the wrong track. Science has removed the age-old ideas and superstitions and has taught us how to look at things scientifically. Science has brought about a total revolution in human thought and action and has totally changed our lives.

Scientific inventions have made our lives comfortable. It has invented computers, smart phones, emails and internet which have made our work very easy and comfortable.

Comfort is not happiness. Happiness is a state of mind. Science has not made us happy and cannot bring happiness to us because happiness is not the same thing as comfort or luxury.

Rather the things that we are using have made us idle, dependent and mechanical. Today we are not able to do anything without science. We made the machines to serve us, but now we have become slaves to the machine and this adds to our unhappiness.

Thus, what we find today is that life is becoming more and more mechanical in this age of science and we sincerely feel as if we are going to be strangulated by these machines.

The scientific powers should be properly used in the service of humanity. Scientists should aim at inventing things that would make life smooth and safe.

So, happiness is an inner feeling of pleasant emotions. Scientific discoveries should be based on humanitarian objectives.

Ms. S. Julie Margret

T.G.T (Science)

Commerce- The Heart Beat of the Flation

"Social changes in the country are also influenced by the development of commerce. Trade and allied activities directly or indirectly influence every human being".

Commerce has become the lifeline of every country. The level of development and the standard of living of the people are linked to the state of commerce in a particular country.

No country can progress without the development of commerce. The needs of the people are not limited to the goods produced at their places only. They demand goods manufactured in other countries also. Commerce has also developed that the whole world has become one big market.

The dependence of the countries on one another for trade has brought in economic diplomacy. MNCs of developed countries are trying to enter underdeveloped countries and supply goods as per their needs. Every country is trying to promote its trade so that it is able to share the benefits of development.

India was called a Golden Bird in ancient times because it had overall prosperity and foreign countries wanted to trade with it. They earned huge profits and transferred them to their countries. India became poor because its trade activities slowed down. So, commerce is the yardstick to measure the level of development of the country.

Social changes in the country are also influenced by the development of commerce. Trade and allied activities directly or indirectly influence every human being. Goods are produced as per the needs of the society. In order to, satisfy consumer's needs, goods are increased and the trade becomes manifold. People use those goods, which would not have been produced in their own countries.

The habits, the living styles and behavior patterns of the people have under gone changes because of commercial activity at a particular place. The quality of life has substantially improved in developing countries. The growth of the commerce as certainly changed the life of people that has transferred world into one market. Goods are produced at those places where these are economical.

Various countries have specialized in different goods and they are producing them not only for their own market but for the whole world. The development of commerce has also led to big competition. Every concern tries to capture market. This can be possible only when it provides good quality products at cheaper rates.

Mr. Kuber Singh P.G.T. (Economics)

Motivation & Positive Thinking

"The Misused & the Abused"

It is the most important asset you will ever possess. Like most things in life, it is something everyone has, yet few utilize it well. While we all look outside to find the secrets to success, wealth & happiness, we neglect and disregard the power within ourselves, our own minds.

Mind Abuse: - The mind can be defined as "the human consciousness that originates in the brain and is manifested especially in thought, perception, emotion, will, memory & imagination".

Motivation & Positive thinking: - It's all in your control

There is a reason why a lot of people don't believe in positive thinking & that kind of thing. It is simple; they do not want to face that their lives are totally in their own hands and they are afraid of the immense potential/results if they do so. Believing in positive thinking would mean that they cannot blame their lack of education, their parents, teachers or spouse for their failures.

It is much easier to think there is some force out there called "Destiny" that is just against you and takes pleasure in seeing you suffer. If only this didn't happen or that had happened, you would be so much better off.

Motivation & Positive thinking: - Feed your mind right Your mind will work just as hard to make you fail as it will make you succeed. The amount of efforts it takes to fail is the same amount of efforts it takes to succeed as far as the mind is concerned. It is your responsibility to provide it with the right seed of thoughts. You cannot simply decide that you will stop thinking negatively. The mind cannot be a vacuum. Something has to be

Motivation & positive thinking: - The power of association

negative with the positive.

there. It should be a process of replacement of the

By far the best way to change your mind set is to associate with other great minds. The saying "show me your friends and I will show you your future" is right on the spot! The company you keep says a lot about who you are and how you think.

Reading in particular has great potential to break the chains on your mind and expand it to greater dimensions.

Take every opportunity you have to read inspiring, uplifting and motivational books that will slowly but surely help you to create a beautiful garden in your mind and weed out the suffocating thoughts that so easily control our lives.

Stay away from any form of negativity. This includes "good" friends that are a danger to your thinking. You don't have to read everything in the paper about murder, death and suffering! Don't join the pity party about how "the economy is tough and you are just barely managing." Stay positive in all circumstances.

Ms. Sangeeta Kholiya P.R.T. (Science)

How to develop Persistence

The necessary steps are:

- 1. A definite purpose backed by burning desire for its fulfillment.
- 2. Adefinite plan, expressed in continuous action.
- A mind closed tightly against all negative and discouraging influence, including negative suggestions of relatives, friends and acquaintances.
- 4. A friendly alliance with one or more persons who will encourage one to follow through with both plan and purpose.

These four steps are essential for success in all walks of life.

Ms. Niharika Sharma T.G.T (Science)

Your Best

If you always try your best
Then you'll never have to wonder
About what you could have done
If you'd summoned all your thunder.
And if your best,
Was not as good,
As you hoped it would be,
You still could say,
"I gave it all, that I had in me".

Ms. Reenu Bisht Pre Primary Teacher

Sharpen your Intellect with your Problems

Every individual wants peace of mind. But it is hard to find a person who can say that he has attained a state of mental equilibrium.

Peace of mind is a dream for all of us.

Let us take an example of a rose. A rose is a very beautiful flower, but every stem has thorns. Thorns serve as security guards for the flower. The safety of the flower would become impossible if the thorns were silk like. It means there must be non-peace items along with peaceful items.

Studies in psychology show that an untroubled mind very soon becomes stagnant. It loses its creativity. For this reason nature always leads people into challenging situations. A creative mind is always alive. It is a common phenomenon that one who is born in affluence and has a problem free life very soon finds his mind becoming dull, while the one who is born into a life of problems and hardships has an active mind. Such a person develops creative thinking.

The human mind needs constant challenges. In the environment of challenge, it continues to grow till it becomes a super- mind. On the other hand in an environment where there is no challenge, the human mind becomes like a stunted plant and gradually, it shrivels away into a state of under development.

Peace is not a ready – made item. It is a self managed item. One should be intelligent enough to develop one's mind along positive lines so that one may deal effectively with unwanted situations.

British author Samuel Smiles said:-

"It is not an easy effort, but effort, not facility, but difficulty that makes a man.

It is a fact that effort and difficulties are like stepping stones to the sharpening of the intellect."

Ms. Sangeeta Bose P.R.T. (Science)

One of a Kind

We all have our weak little moments,
When another's opinion cuts deep.
You know self-esteem should be self-regulated,
But still you have collapsed in a heap.
As you judge the extent of your value,
Whilst your soul's feeling ravaged and lifeless,
Never forget that there's only one you,
And it's not that you are worthless,
You are priceless.

Ms. Kavita Bisht P.R.T

You Can Do Anything

There's a mountain before you,

Once you feel you can never climb, The distance could be frightening. But I know you can make it to the other side, If only you try. I've seen the strength, That you carry inside, I've seen the will, the passion, The fight in your eyes. I've witnessed your ambition, I know you can do it one more time, You can do anything, You can be anyone, You can be happy too, But first you must believe, In the power of you. You're powerful, Valuable, beautiful and brave, And I know that you know, You can make it through tomorrow, If you can get through today, I will be there for you, Every step of the way.

Ms. Hemlata Lodhiyal
P.R.T. (English)

The Illagic of Quizzing....

With a target to explore young creative and innovative minds, an Inter-House quiz contest was conducted in the school premises on August 20, 2015 which included different knowledge aspects covering general awareness, literature, science and technology, history, geography, politics, current affairs etc. A team of four students from each house participated in the contest, which consisted of 10 rounds including audiovisual round, buzzer round, miscellaneous and brain teasers.

Brain Teasers consisted of SUDOKU, which was introduced first time, thus a very new and interesting concept for the students. One minute time was given to complete the 9x9 grid of numbers from 1 to 9. It was purely a team effort to crosscheck and fill non-empty grid cells correctly, fast and efficiently. Other brainteasers included jumbled words, dictionary arrangement of words etc.

Apart from the questions for the participants, there were questions for the audience also to which they were quite eager to respond. They were awarded with small tokens of motivation to appreciate their knowledge and presence of mind while enjoying an event like Quiz.

After 10 rigorous rounds, all participants were excited to know the winner. Though all of them were very good but on the whole Green House stood as 'The Winner of the Contest' with Red house and Blue house as first and second runner ups respectively.

Being one of the organizers of this contest, it was a great learning experience. To combine the questions from different fields we were assisted by our colleagues. A great series of information was imparted, shared and explored during processing steps of the contest. I was equipped with the knowledge and basics of different subjects while making slides which was really motivating and inspiring. To make the show a great hit, we stood as a team and hence shared the experience of planning, coordinating and organizing an event.

Ms. Haripriya Tiwari T.G.T. (Computer Science)

Critical thinking-The Art of Asking

Everyone struggles with asking – I strongly feel that the act of asking makes us vulnerable, even paralyses us, mostly because of the fear of rejection that comes with it – the fear of appearing as weak. We are made to believe strong. Successful people don't need to ask for anything. But as the novelist Nora Roberts says, "If you don't ask, the answer is always no."

Don't let shyness stop you – People also shy away from asking for help. Amanda Palmer in her book, 'The Art of Asking, talks about how we constantly ask questions like – Will you help me? Can I trust you? But somehow, we shy away from asking about what we really want. The trick is not to be attached to the answer – negative or positive.

Be Fearless – Before asking, embrace. This will empower you to ask with fearlessness. Asking is a practical art. Embrace it. Overcome fear of asking lies in the connection you make. The closer your connection, the less fearful you will be of asking.

Ask Twice – Even if the first time was uncomfortable, ask again. Research at Stanford University shows that people are more likely to say 'Yes' the second time. The smart ones also know when not to push the envelope and not ask twice, know when to retreat.

Ask the right question – Frame your thoughts and words well in advance. The answer from the other end often depends on the way the question is framed. Tone is also crucial.

I would say above all, we should not forget to explore our own "wonderings and wanderings" looking at what interests us, and thinking about how we can ask and even answer our own questions. Have fun, keep asking questions, keep exploring, and enjoy the journey of knowledge.

> Ms. Neelima Bhakuni P.R.T (English)

Porgiveness " An Art of Life"

Every religion preaches forgiveness. Forgiveness was the foundation of Jesus' teaching. Buddhism calls for compassion towards everyone, especially enemies. The Bhagwat Gita says 'if you want to see the brave, look for those who can search for love in return for hatred. In the Quran, Angel Gabriel tells Mohammad to set aside revengeful anger.

When we are ready to explore forgiveness we don't know where to begin. Most of us practice traditional forgiveness which is "letting bygones be bygones". But as long as there is regret, not to mention pain, truth, forgiveness will remain impulsive no matter how much we try to "let it go"- Not surprisingly then, this takes many years to achieve and cannot be forced with this kind of forgiveness, only time heals if it ever does. Today we have a new concept called "Radical Forgiveness" that has taken root in the west.

We can see, people do not think about forgiveness because they have become selfish. According to them if they start forgiving they would be let down in front of others. God too forgives us when we confess in front of him with an open heart. The attitude which we want from others, then we should also treat others with the same attitude. If we can see the spiritual big picture we will understand that the situation was divinely guided and happened not 'to' us but 'for' us. It was meant to happen that way for the good of all concerned.

If once we understand life, we will never compromise with such great feelings. We are in the world just to perform our duties and if the duties are performed in a wrong manner, we are supposed to reply to God. And he is there to forgive us for our mistakes. If God is so kind, then why can't we? We should realize our duties. Our soul never speaks lie. If we have done wrong just ask the soul, it will not allow you to go in a wrong way. We get to experience the meaning of human imperfection and come to understand the truth of the statement 'I am not OK, You are not OK but that's OK.

Ms. Shikha Solomon T.G.T. (Social Science)

The Importance of Smile ____

One smile can make all the difference in the world. One smile has the power to release stress, calm you down, make you attractive, make someone else happy and believe it or not, smiling can actually cause happiness.

"A smile is the prettiest thing you can wear". Whether you are a female or male, a smile is all you need to complete your beauty. "There is nothing more attractive than a person with a smile!" When you feel stressed, just take a minute or two to breathe in and out and smile. There is always something to smile about in life. Smiling is contagious. We all have our own battles to fight. Each one of us! And sometimes a person needs a smile to reassure that everything will be OK. One smile to a stranger you walk by, is all that can turn the sun more bright.

Scientists proved that smiling cause happiness. It is a natural phenomenon that we smile when we are happy. A smile might look like a simple act that we often take for granted. But a smile is a lot more than just a line that appears across our face when we are happy. Keep these reasons in mind, and always remember to smile!

Ms. Neeru Joshi Goel Dance & Art Teacher

Work Centered Education

Today's era not only requires a better education but also requires "Earning by Learning" methods by which today's youth can think and plan about their livelihood simultaneously, while studying.

Why do we require "Good Education"? Of course to get the desired career in life so that we can achieve what we want.

The Education Commission (1964-66) recommended that "Work-Experience should be introduced as an integral part of all education" and defined it as "participation in productive work in the school, in the home, in a workshop, on a farm, in a factory or in any other productive situation".

Central Board of Secondary Education (CBSE) introduced Vocational Subjects for class XI and XII like Carpentry, Photography, Theatre, Cookery, Leathery etc. to show case the talents in each of these fields. It's not necessary that every child will have a perfect

educational mind set to learn and study subjects like Science, Mathematics, Accountancy, Computer Programming etc. but every child is born with one or the other talent. The need of the hour is to explore that talent in a child and council him to choose the right subject.

It's indeed wonderful to acknowledge that the board is paving way for such students who are passionate towards vocational careers like dramatics, photography, cookery, music and dance etc. In fact, children /youth opting for these careers are more in number as compared to the contemporary ones.

This era is the era of creativity, innovation, talent and strength besides academics. Students are fascinated more towards a musician, singer or choreographer rather than an engineer or a doctor.

The school is giving lot many opportunities to the children to opt for various career opportunities for which they begin the exercise by introducing and implementing a subject S.U.P.W which comprises of activities related to stitching, cooking, art & craft, music and its related areas. The student tries to inculcate such talents at very tender age which he/she can pursue as a career at the later stage.

Now- a -days we see young and budding entrepreneurs who are more interested in developing and settling their own business with a handful of money. This gives them self satisfaction and further exploration in the field of business. Not all wish to go for a service, rather they are more enthusiastic to plan and formulate their own business after class XII.

The school is already working hard to encourage the students to take active part in these activities and learn new things. We never know who can become the next Sachin Tendulkar, Sania Mirza, Amitabh Bacchan, R.Balki, Sunder Pichhai, A.R.Rehmanand the list is endless

The pedagogy has changed a lot for last few years. It becomes the moral duty of teachers as well as parents to explore a child and make him aware of his potentials. WE as teachers can nurture a child to be an asset to the mankind. After all we are making the future of the country.

Ms. Smita Pant P.G.T (Computer Science)

Value And Importance of Sports

There goes a proverb:- "It's not whether you get knocked down; it's whether you get up".

"All work and no play makes Jack a dull boy." The great virtue of sports teaches everybody to acquire the will to win. If anyone knows how to acquire any will, he will succeed in every aspect of life. Life is full of struggle that has been started since the creation of the world. However a constant and prominent fight must help the fighter to overcome every difficulty against any obstacle. The willing power of a sports man must be increased by winning of a game. Comparatively a weak willed man resigns himself after one defeat. A weak willed man is considered as a member of cowards. But a true sports man who is defeated must strengthen his nerve. He should always remember, that failure is the pillar of success. Great efforts with strong determination help him to win any game. The true sportsman is conscious about his team spirit that strengthens the willing power of a team. Unity in action and genuine efforts offer them victory. Moreover, unity in action inspires unity of purpose, the fabric of understanding amongst their fellows which proceeds them towards the

> Mr. Sumeet Dass P.G.T (Physical Education)

Work Harder

When you want something and you are desperate,
And when not achieving it in your life,
makes you sad.

Maybe it's time you work a little harder,
Only then you will be able,
to climb up the ladder.

Nothing in life comes to us with ease,
We all have to give fortune a little squeeze.
But when you do,
luck will surely shine up bright,
And, you will never have to see a dark night.

Ms. Neeta Joshi P.R.T (English)

Self Motivation

A lot of very smart people end up as failuresfailures in life, in work, in relationship etc. Lot of smart people are given plenty of opportunities for success and never take advantage of them. A lot of very smart people are born into privilege and vet turn into failures and a lot of very smart people accumulate degrees and skills and still fail to achieve what we think they would. What is the common factor in all of these failures?

It is lack of self-motivation.

All of the intelligence, all of the opportunities and all of the book learning will simply go in vain, if there is no motivation to do anything.

Here are five reasons why self motivation is the only path to success-

- 1.) Without self motivation, goals are not set. Successful people set goals and then go after them. Those goals come from within, based upon that person's passions. If goals are set at all, the non self motivated person set only small temporary ones. Such goals may be to get a job that will pay the bills or to save enough money to take a vacation with a friend. They are small and short termed.
- 2.) Without self motivation, there is no self confidence-

Because the self motivated person has taken action and has met with some success, no matter how small, he has developed the self confidence to keep moving forward and take on new and greater challenges.

3.) Without self motivation there is no focus-

Unmotivated people are easily distracted. They may begin a project and leave it half finished. They do the same thing in life. They set a goal, begin planning and then get side tracked by other events and circumstances. The self motivated individual never takes his eyes off the ball. He resists distractions and moves forward.

4.) Without self motivation there is blaming others-

A self motivated person knows that he is alone responsible for his/her success and failures. When he/she meets failures ,he is able to reflect on it, identify what he/she did wrong, and change his/her behaviors and circumstances so that success is ultimately achieved. The unmotivated person blames others and never has to look within to see what should be changed.

5.) Without motivation there is no optimism-

Optimism is that belief that the future holds promise. It provides energy and enthusiasm. Self motivated people are optimistic about their future. They are therefore willing to stay in their comfort zones where they are safe and don't have to fear. They don't have an uncertain future.

Thus, passion, drive, planning, focus and steady actions are the hall marks of a self motivated individual.

> Mr. Deep Chandra Joshi P.G.T. (Commerce)

Success v/s Destiny

- "Our destiny is in our own hands" the saying goes. But how far this is true is a moot question indeed!
- "Where there is a will, there is a way", goes the adage but how practical it is in today's context!

Hard work and perseverance are the two keys of success. We can shape our own destiny by them but what if we don't succeed even after working hard. I don't want to sound pessimistic though but let me put forth some moot part before you. I have often felt and believed that we can shape our own destiny to our liking by hard work and perseverance, but when I don't succeed even after working hard, I lose faith in these values and feel that the destiny has something else stored for me and we are just slaves to it.

I feel no matter how much hard work we do and preserve, destiny controls us and our future and we are bound to follow it demurely.

But the voice of my education doesn't allow me to accept my defeat against my destiny because it always says that the talk of destiny and believing it blindly are the signs of a weak minded person who want to avoid his responsibility. And I don't want to be that or I am not that.

So, to conclude I would only say to our younger generation that be strong and brave because a strong person can weather every storm of the destiny, to achieve its goal or goals. He will not and he should not accept what destiny has to offer him. He'll fight for what he wants for himself from destiny.

So, always be a fighter and fight until your last breadth for accomplishing your dreams. This is a world of cut throat and ruthless competition. Remember in this world there is no place for quitters because---

"Winners never quit and quitters never win".

French Corner

1ère année de français à Inspiration Public School Aprésplusiers discussions avec de nombreuxprofessionnels de la langue française a étéintroduitcommesujetrégulier à Inspiration de l'écolepublique à partir du 1 er Juillet à 2015.

Frehindi Education P Ltd de Delhi et Montréal une langue professionnelle et échangeculturelsociété a étéengagé pour fournir haut de la ligne de langue française et la formation culturelle à nosétudiants.

La première année a étémarquée par la familiarisation des étudiants avec des sons françaiset bases techniques de prononciation en utilisant des jeux et des activitéscréativesconçues par M. Haru MEHRA et Mme Léna John.

Lesactivitéspédagogiquessuivantesontétéentreprise sdans la 1ère année:

Grammaireet Compréhension: Les élèvesontétéinitiés à la grammaire et la compréhension des techniques de base par Mme Nice Mittal de Frehindi Education P Ltd en utilisant Petit-Pas, qui comprend la mise en efforts introduisant la nouvelle langue d'unemanièreque les étudiantscommencent en profiterplutôtqued'avoirunecrainte pour la même. Cettetâchedélicateconsisteaussi à travailler en groupe avec des étudiantsainsique de donnerune attention individuellecomme langue vientdifféremment à différentsélèveset à un rythmedifférent. Les élèvesonttrèsbienrépondu aux leçonsetbientôtétaientimpatientsd'en savoir plus et

Creative Ateliers française:

Uneéquipespécialedirigée par M. Haru Mehra de New Delhi aorganisé des ateliers créatifsfrançais à l'école. Grâce à ces ateliers étudiantsontétéintroduits langue et la culture française en utilisant des rimes créatives; théâtre et jeux de langagebasé. Les ateliers créatifssuivantsonteu lieu dans la 1ère année:

- Les jeux de langage de Alphabets etnuméros
- Les jeux de langage de couleurs
- Les jeux de langage de Greetings
- Les jeux de langagesur les saisons
- Les jeux de langage en semaine
- Les jeux de langagesurmois
- Les jeux de langage de techniques de base prononciations
- desprésentations Power Point sur les parties du corps présentation Power point sur les différentssaluts
- desprésentations Power Point sur les articles et similitude avec Hindi.
- Présentation Power point surce qui estdansmon sac?

Chanson françaiseet la danse à la Journéeannuelle: 30 étudiants de différentes sections ontprésenté la danseet chanson spectacle "La corde à sauter" à la fonctionannuelle, qui a été un grand succèsauprès des auditoires. Le chorégraphe de notreécoleaadapté la danse avec le professeur de français.

English Translation

Based of discussions with many professionals the language French was introduced as regular subject at Inspiration Public School from 1st July 2015.

Frehindi Education P Ltd a Delhi & Montreal based professional language & cultural exchange company was hired for providing top of the line French language & cultural training to our students.

The 1st year was marked with the familiarizing the students with French sounds and basics pronunciation techniques using creative games & activities designed by Mr. Haru Mehra & Ms. Léna John.

The following pedagogical activities were undertaken in the 1st year:

Students were introduced to basic grammar & comprehension techniques by Ms Nice Mittal of Frehindi Education P Ltd using Petit-Pas which includes putting efforts in introducing the new language in a way that the students start enjoying it rather then having a fear for the same. This delicate job also involves working in group with students as well as giving individual attention as language comes differently to different students at a different pace. The students responded very well to the lessons & soon were eager to learn more & more.

A special Team led by Mr Haru Mehra from New Delhi conducted creative French workshops in the school. Through these workshops students were introduced French language & culture using creative rhymes; theatre and language based games. The following creative workshops were held in the 1st year:

- Language games of Alphabets & numbers
- Language games of colours
- Language games of Greetings
- · Language games on seasons
- Language games on weekdays
- · Language games on months
- Language games of basic pronunciations techniques
- Power point presentations on body parts
- Power point presentation on different salutations
- · Power point presentations on articles and similarity
- Power point presentation on what's in my bag?

30 students from different sections presented the dance & song spectacle "La corde à sauter" at the annual function, which was a great hit with the audiences. The choreographer of our school adapted the dance with the French teacher.



ANNUAL FUNCTION

ovember 01, 2015 marked the spellbound performances of IPS on its gala annual event – **SPECTRUM** with lots of fervor.

Chief guest Mr.
Deepak Rawat, D.
M. Nainital, Guest of
Honour Mr. Harbeer
Singh, C.O. City Dr.
Joginder Singh



Rautela, Mayor - Haldwani, Mr. Y.S. Chauhan, SP City and an audience of near about 4000 people witnessed the mind-blowing hard work of students and their mentors.

The efforts of the students who excelled in academics with meticulous board results were appreciated by the Chief Guest, School Chairperson, Managing Director and Principal through Prize distribution ceremony.

A great extravaganza of cultural programme was presented by the students from class Nursery –XII commencing by Welcome Song. The anchors were the mainstay who throughout the programme acted as the coordinators to broadcast the show perfectly.







2015

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Ode To Thee

ord Ganesha is the most powerful of -all Gods. He provides knowledge, prosperity, and fortune and is also the destroyer of obstacles. He is also known as the Lord of Success. It is for this reason that his grace is invoked before understanding any tasks with incantations as "Om Shree Ganeshaaye Namah". Ode to thee dedicated to Lord Ganesha was a wonderful and scintillating performance which marked the beginning of the Annual day Cultural programme.







t is wonderfully marked by Paulo Coelho- "Be brave..take risk..nothing can substitute experience". We believe in ordinary acts of bravery, in the courage that drives one person to stand up for another. To create awareness in our children regarding the steps taken for rescue operations, the performance- Brave Hearts was presented which was dedicated to NDRF and it touched the heart of every soul present over there and was greatly applauded.

Fitness Mantra

The youth of a Nation are the trustees of posterity. They are the future leaders of tomorrow. The main hope of the Nation lies in the proper education of its youth for which children must be fit from outside as well as inside. Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity. Keeping physical fitness in concern, the children came up with the performance Fitness Mantra depicting an aerobic performance that left everyone spellbound.



Snsemble -de-Inspiration

usic is a moral law. It gives soul to the universe, wings to the mind, flight to the imagination and charm and gaiety to life and everything. Music expresses that, which cannot be set and on which it is impossible to be silent. Moreover, music can change the world because it can change people. A musical band group: 'Ensemble-de-Inspiration' added flavors of International music as they played musical instruments on the theme of James Bond movies.

The Divine Cause

ussehra holds a lot of significance for all, as it is the celebration of victory of Lord Ram. This day is believed to mark an end to all injustice, cruelty, ego, anger, pride and one's evil thoughts. Dussehra brings the end of all the misdeeds performed by Raavana – the king of Lanka during his life span. Raavana in his pride, greed, anger, selfishness, jealousy and ego made mistakes because of which he is still burnt on this day. To throw some light to the historic times the **Divine Cause** performance was presented based on the essence of Ramayana which mesmerized the audience and brought everyone nearer to all deities.

Back to Roots





ance is a form of expressing emotions and feelings and when you are expressing something that is in your blood i.e. culture, then the happiness is beyond anything. Our children performed a Kumauni Dance where they depicted their love and respect for their own culture like Chholiya Nritya, Raj-jaat Yatra, Nanda –Sunanda dola etc.

Code-a- Sauter

he school owes love and respect not only for the Indian culture but it is extended beyond the National boundaries. The school runs French classes where the tiny tots are taught French language. The performance "Code-a- Sauter" was based on French learning where they depicted their love and respect for it.





he oldest and strongest emotion of mankind is fear, and the oldest and strongest kind of fear, is fear of the unknown. We know that not all horror movies are scary as some are down- right funny. We see so many movies with rehashed plots and story lines that we know the story before it unfolds. That is why they provide the safest way to experience the thrills and chills. To witness the cute ghosts, the performance **Scary Friends** was organized depicting the graveyards and their insiders.

Aureole - Radiance of Love

ature is a blessing of God. It is everywhere, but we hardly observe it, we hear it, but we never listen to its sweet voice, we feel it, but we don't experience it. Aureole – Radiance of Love was a tribute to all forms of love present like love of Nature, God, Parents, Siblings, Teachers, Friends and the entire globe.



Dribble Shoot

here goes a good proverb "All work and no play make Jack a dull boy". Games and Sports play an important role in every walks of a student's life. There are infinite benefits of games and sports. Along with bookish learning, a student should spend his ime on Games and Sports. IPS encourages he overall development of a child therefore provides regular training and opportunities to excel in games and sports. Hence, the performance Dribble Shoot mesmerized the audience where the tiny tots displayed an attitude with a sporty spirit.



Guided Souls



Duppets have always been the most popular and entertaining art form in history and have been able to retain the charm and colour in today's modern world too. The imaginative minds of the young children can easily relate to the beauty and simplicity of the dancing puppets. So the students presented a grand puppet show Guided Souls depicting the innocence and charm through their various acts and moves.

Hoddlers... A Musical Symphony

Music is one of the greatest creations of human kind in the course of history. It is creativity of pure and undiluted form and format. In the words of Plato, "Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything". Music truly is the International language as it has done much to bring the people of the world together. Music is a universal form of expression. IPS being a firm believer in the power of music persistently train the students in this art and presented our school band Yoddlers with its enchanting music symphony.



Sapna Swaeeh Bharat Ka



The torch enlighted by Mahatma Gandhi on sanitation long back is carried forwarded by our hon'ble Prime Minister Sh. Narendra Modiji from nook to corner. He opines that a school can be encouraged to follow the sanitation prodigies which will help to spread the message and create awareness in the society. Following the guidelines of P.M sir, the students attempted to create awareness regarding sanitation among the masses by a skit presentation "Sapna Swacch Bharat Ka".

West Bound Influence

ance is a poem of which each movement is a word. We should never miss a chance to dance, as we dance for laughter, we dance for tears, we dance for madness, we dance for fears, we dance for hopes, we dance for screams, we are the dancers – we create dreams. To depict the conversation between body and soul, **West bound influence**-the dance performance ignited everyone from within. It was a blend of Jabawockeez, stunts, break dance, hip hop etc.









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CELEBRATIONS

Moments we Enjoyed



School Raising Day

The Raising Day of the school was commemorated on July 03, 2015. The school which was laid by Shri N.C.Balutia- the Founder of the School has come a long way in 16 years. A special assembly was organized on this day which began with floral tribute to Late Shri N.C.Balutiaji, the founder of school and lighting a lamp by the School Chairperson Dr. Geetika Balutia and Principal Mr. Anurag Mathur. The school choir offered their heartfelt thanks to the founder by singing 'You Raised Me Up'. A speech by Rahul Bhatt, XII B narrated

the motto of the school "Inspire to enlighten" in a wonderful way. All the members of the staff and students marked their presence on this gracious occasion. The programme came to an end with distribution of sweets to the







INDEPENDENCE DAY

Independence Day was celebrated in the school with great fervor and enthusiasm. The program started with the flag hoisting ceremony followed by the National Anthem. The students of our school were filled with patriotism and love for the country. The tiny tots of Kindergarten were dressed up in various attires like: Freedom Fighters, National leaders, Policeman, Army officers etc. Special assembly was conducted for this day. Patriotic songs, Solo Dance were performed by the students. Teachers provided worksheets of National Flag to the students for coloring.

Inter-House Patriotic Group Song competition for Seniors was organized to mark the importance of the day. Participants from each house presented beautiful Patriotic songs. They all were filled with the feeling of patriotism and it was very much evident by the tri- colour sachets and paints that they carried during the performance. The Judges of the competition were the renowned singers from Haldwani.

At the end of the program. Red House was declared as the winner with their song 'Mera Rang De Basanti Chola'.

The judges and School Chairperson appreciated their presentation and motivated them to be always faithful and loyal towards their country. Sweets were distributed to all which added more to the zeal and enthusiasm of the day.



PY INDEPENDEN





National Sports Day

Sports forms an integral part in a school curriculum as it plays a significant role in a student's life. For giving tribute to our great sports persons, the school celebrated 'National Sports Day 'on August 28, 2015. Many sports activities were organized for teachers and students. They enjoyed a lot and it developed a positive attitude in students towards sports.





Himalaya Bachao Abhiyaan

Himalayas are the National guards of our country which are protecting us from our enemies and the adverse cold breezes. But unfortunately they are in danger because of Global Warming and deforestation. To make the people awake and aware, Uttarakhand Government took a noble step and initiative for protecting Himalayas naming it 'Himalaya Bachao Abhiyaan'. In the school, a special assembly was organized on September 09, 2015, in favour of this campaign.



"Teachers are the incessant reservoirs of love, wisdom and knowledge".

To honour the teachers, special cultural programme was organized by the students on Teacher's Day. Students performed different skits and danced on various musical tracks. Several self-created titles were given to the teachers where they expressed their love and gratitude towards them. Everyone enjoyed the day. Several games were also organized for the teachers. It made them filled with happiness and excitement. The programme came to an end by cake cutting ceremony.









Mother's Day

Mother's Day is celebrated every year on 8th May. In the school premises, mothers of i-blossom kids were invited for the celebration. To explore

the talent of Mothers a competition was organized for them where in they were asked to make something best out of waste. All the participants came out with brilliantly creative ideas which undoubtedly deserved appreciation. All the students of kindergarten made cards for their mothers as a token of love. Further, there was a cultural presentation, where in the tiny tots presented wonderful dance performances and expressed their love and gratitude towards their mothers. Many games were organized for

the guest mothers which was enjoyed and highly appreciated by all.

The winners of Best out of Waste competition and other games were given prizes by the school Chairperson.



Grand Parents' Day was celebrated in the school on December 23, 2015. Fireless Cooking Contest for the grannies was organized for the grandparents. Various Kumaoni dishes and continental dishes were served. It was followed by a variety of cultural programme by the students of Class Nursery, LKG, UKG, I and II. It was beautifully proceeded by fun games. Chairperson Dr. Geetika Balutia, Principal Anurag Mathur and Head Mistress Ms. Prakriti Mathur felicitated the winners and the participants of different games. The program came to a close with Christmas celebration as many children dressed up as Santa Clause to rock the stage.



Rakhi Celebration

Rakhi is a sacred thread embellished with sister's care, love and affection for her brothers. Rakshabandhan was celebrated on August 27, 2015 with full enthusiasm and zeal in the school premises. Kindergarten students were fully excited about this celebration. The motive of this activity was to make the children understand our Indian culture and its importance. Teachers demonstrated them how to put tilak and how to tie rakhi. After this, students tied beautiful Rakhis to each other and shared sweets too.



World Mango Day

On July 07, 2015 World Mango Day was celebrated in our school. Special Assembly was conducted by the Kindergarten teachers with their tiny tots. They were told about the specialties of mangoes as well as the varieties of Mango.

Class teachers distributed worksheets which were related to mango and items made with mango. Students coloured the worksheets. They were told about the recipes made by mango like Jam, Pickle, Fruit juice, Mango shake etc.

All the tiny tots relished the tasty treat.

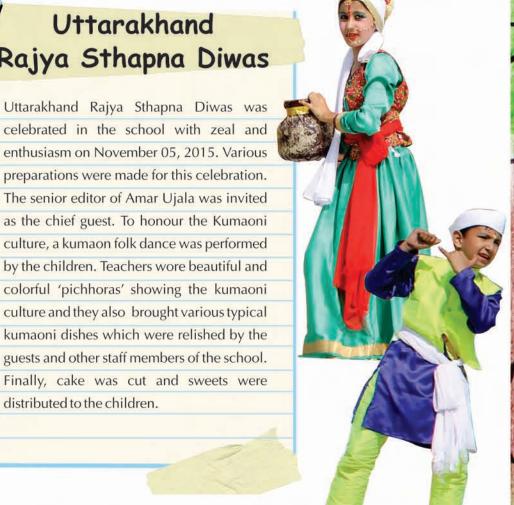






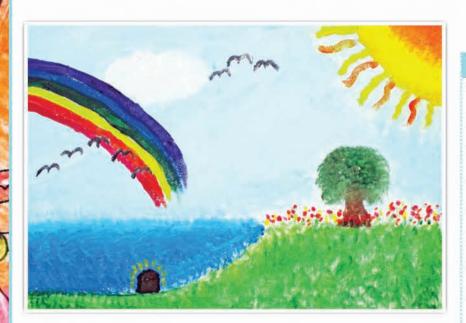
Rajya Sthapna Diwas Uttarakhand Rajya Sthapna Diwas was celebrated in the school with zeal and enthusiasm on November 05, 2015. Various preparations were made for this celebration. The senior editor of Amar Ujala was invited as the chief guest. To honour the Kumaoni culture, a kumaon folk dance was performed by the children. Teachers wore beautiful and colorful 'pichhoras' showing the kumaoni culture and they also brought various typical kumaoni dishes which were relished by the guests and other staff members of the school.

distributed to the children.





When The Kids Pen Down ...



The Destination

He headed with a bang, the blood in his nerves ran, A courage to be hailed, with hundred men who stood brave, rutilant eyes, fist tight, He began his journey.

He sailed and sailed, deep oceans murmured, the dream conquering your mind may fade, He turned up deaf, Spent his blood, sweat and tears, for his destination, nights and days were all the same, Hungry storms, deadly thunders, never stuck his majestic way, But one evening the climate reversed, His ship paused to a red light, At his suits end, His soul craving for his true calling, He fell over his knees, in the battle with the blues, His armors failed,

turned for the eyes of sailor blind and left him in suffocation, the giant waves collect over him, finishing off all the disasters, shunning the Zombies of regrets of his failure, that drained the mind of that brave soul, Now resting in peaceful gates of heaven, summing up the alpha and omega of his journey,

affinity with his vocation,

The Yond dreamer finally reaches 'The Destination'.

Written by: Ayushii Balutia

Examination fear

When exams come near,

I am full of fear,

My tension grows bigger,

And my memory dimmer,

I play the whole year long,

But when the exams come,

My nerves become numb,

So, if you study throughout the year,

you won't have exam fear.

Written by: Aman Kumar

VIII A

Before you die - live 🖊

Counting colors in the rainbow,
Which occur, after every grey go,
All the colors shinning above me,
Shower blessings of someone dear to me.

New Year arrived.
With happiness all round.
Less is more
A concept now well renowned!

Talk less, act more,
Complain less, appreciate more,
Follow your curiosity,
Which will take you, to your destiny.

Written by: Anukruti Mathur

XI A

Some beautiful Thoughts

and Slogans

- 1. Love and compassion are necessities, not luxuries.
- 2. Rights that do not flow from duty well performed are not worth having.
- 3. There are no secrets to success. It is the result of hard work and learning.
- 4. Until we can manage time, we can manage nothing else.
- 5. Be prepared and be honest.
- 6. Alone we can do so little; together we can do so much.
- 7. Peace comes from within. Don't seek it.
- Don't compare yourself with someone's version of happy and thin. Accepting yourself burns the most calories.
- 9. Deviation from nature is deviation from happiness.
- 10. Isn't it amazing that we all are made in God's image, and yet there is so much diversity among his people

Compiled by: Shagun Khati

Our National Anthem

Congratulations! to all of us. Our National Anthem "Jana Gana Mana" is declared as the "best Anthem of the World" by UNESCO.

Meaning of our National Anthem

Jana	=	People	Jage	=	Awaken
Gana	=	Group	Tava	=	Your
Mana	=	Mind	Subh	=	Auspiciou
Adhinayaka	=	Leader	Aashisha	=	Blessing
Jaya he	=	Victory	Maange	=	Ask
Bharat	=	India	Gaahe	=	Sing
Bhagya	=	Destiny	Tava		Your
Vidhata	=	Disposer	Jaya	=	Victory
Punjaba	=	Punjab	Gatha		Song
Sindhu	=	Indús	Jana		People
Gujrata	=	Gujrat	Gana		Group
Maratha	=	Marathi (Maharashtra)	Mangala	=	Fortune
Dravida	=	South	Dayaka	=	Given
Utkala	=	Orrisa	Jaya he	=	Victory be
Banga	=	Bengal	Bharata	=	India
Vindhaya	=	Vindhyas	Bhagya	=	Destiny
Himanchal	=	Himalaya	Vidhata	=	Dispenser
Yamuna	=	Yamuna			
		A CAMPACT OF THE CONTRACT OF T			

= Ganges

= Ocean

= Waves

Auspicious

= Your

= Name

Uchchhala = Moving

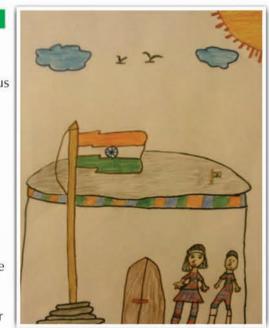
Jaladhi

Taranga

Tava

Subh

Naame



Jaya he , jaya he, jaya he, jaya jaya jaya jaya he.... = victory, victory, victory, forever.....

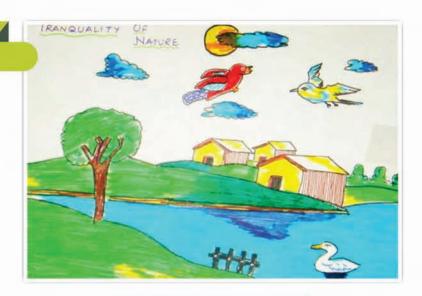
Compiled by: Namrata Mehta

XI C

History of Chemistry

If you find Chemistry a bore, Take a few drops of H₂SO₄, If you want to go to hell, Take a bottle of HCl. If you don't feel free and light, Take a bite of KCN (Cyanide). If you want to get rid of your life, Take a dose of P₂O₅. If you want to make some bricks, Mix sand with C₂H₆. If you want to catch a hen, Smell a little quantity of C₄H₁₀. If you want to lose your weight, Take few drops of C₃H₈. Don't go to bed. Otherwise every bit of chemistry, Will come out of your head.

Compiled by: Kartik Rathaur XI A



Nature

One, two, three
Save the tree.
Four, five,
Save your life.
Six, seven, eight,
Nature is great.
Nine, ten, eleven
The trees are earth's heaven.

Written by: Sakshi Tamta



Secret Of Failure In

Exams

There are 365 days in a year,

Out of which 75 days are gone in summer and winter vacations. Left 290 days,

In a year 52 days are Sunday

Again, left 238 days

Every child sleeps 8 hours a day means 120 days in a year.

Left 118 days

Other activities like bathing needs 2-5 hours a day, means 38 days approx.

Left 80 days

19 days of occasional holidays

Left 61 days

35 days are wasted in school programs

Left 26 days,

25 days are our exams

And the last day of the year,

Is the most important day, it's the day of getting report card.

Compiled by: Yogesh Shahi



My Life In A Cell

How tough it's for me, to survive on this earth, You made me dependent, right from my birth, Why don't I enjoy rights, such as you?

Why I dance on your fingers, and live under your shoe?

Why beyond your ideology, I don't have any life?
Why like an apple, I lay before your knife?
You made me to end, from where you started.

Why couldn't I search freedom, which you from me, parted?

My life as a house-maid, my life is without art, My life was dashed, when I tried to go apart, Burnt for you in "sati", converted into ashes, Survived as a widow, when you had the crashes,

Alone in isolation, alone in ordeal, You can't describe my grief, until you would feel But now old are my hands, strong are the sticks, Apple as wood, metal as the figs.

Now I count my days, and want my breath, Love for you I leave, and leave my wrath, Angels have come, on their palanquin, I dwell, But I describe my days, as a life in a cell.



Written by: Neha Gupta
IX B

Hardwork is the key to success,

Hardwork is the key to success,
Hardwork is the key to progress,
Hardwork makes mind full of thoughts,
One who does hardwork is helped by God,
If you want to be successful
You should have energy level full.

You should never be negative
While doing hardwork, you should be active.

Hardwork is like a pea,

While tearing it you will get good result. But you never say that it is not my cup of tea.

Hardwork is the key to success,

Hardwork is the key to progress.

Written by: Bhupesh Chandra Pokhariya

IX A

Terrorism

Terrorism is any act designed to create terror. Different government agencies use different definitions of terrorism, actually it is related with crime.

Internet has also paved the way through terrorism. It has kept pace with the increase in modern technology. Some groups like ISIS, Taliban, etc. have become a matter of great concern, not only for India but for the entire world. As we all are aware of the fact that bad things travel much faster than the good ones, same is the case with terrorism, and it is also increasing faster and faster.

Different countries with their military forces are trying very hard to eradicate terrorism. These efforts

made by countries can only yield results when all the countries will come together and fight against terrorism. This is the best way to eradicate terrorism from its roots.

TERRORISM

Written by: Paras Joshi

IX B

The Power of Habit

Habit is something that a person is fond of doing, it is something that one usually does. A habit can be anything ranging from playing cricket to moving of hands. According to a study it takes 21 days for any activity to become a habit. And once any activity becomes a habit it's very difficult to get rid of it. A habit can be positive or negative. It can be habit of not lying... to habit of smoking.

The youth of a Nation are the makers of its future. But nowadays, the youth of India is induced with the habit of drugs, etc. which is the major reason behind the existence of various evils that exists in the Nation today. It seems as if the future of India is in wrong hands. It implies to the fact that how much powerful a habit can be, it has the power to make or destroy the future of a Nation.

The need of the hour is that every individual should create his passion... his habit. Because a study indicates that a person can perform his habit even with his eyes closed. Also an interesting vocabulary fact about "HABIT" is that

If you remove "H" from HABIT "A BIT" remains If you remove "A" from HABIT "BIT" remains And even if you remove "B" from HABIT

....still "IT" remains.....

So make your passions your habit and you will observe the colours of success touching your feet......

Written by: Ashish Agarwal

XI C

Less Is More

Going through a Robert brown's creative piece, A confusion to my mind, it did release, I came across a muzzy phrase, Surprised at it I gave it a gaze.

"less is more" was what the expression, And here is my interpretation, "Each wants 'more' for a better tomorrow, Unknown from the fact, fate they can't borrow, There required is a change, for a better reason, By adopting a policy worth precision.

"Less is more" is perfectly fit, And there are reasons to it, Less exploitation today, More exploration tomorrow, Else, for future remains a sorrow, Less leisure today, More pleasure tomorrow. A small helping hand today, More happily would mankind grow, Less talks and more actions, Can only bring together scattered fractions, Seeing the entire problems like never before, No doubt, tomorrow's survival will be "less is more".







God is an Examiner

God is an examiner:

We are all examinees;

Life is an answer book;

World is a hall;

Where we sit and appear;

Time allowed is a long life;

First bell rings in childhood;

Second in the youth and;

Third bell rings in old age;

A message from God comes;

The examination is over;

Life, the copy is snatched;

To be evaluated and marks to be awarded.

Written By: Pratyush Pratap

Importance of States in India A

Youngest first Telangana for tasty foods and terrific people.

> Punjab for fighting. Bengal for writing. Kashmir for beauty. Andhra for duty. Karnataka for silk. Haryana for milk. Kerala for brains. Tamil for grains. Orissa for temples. Bihar for minerals. Gujarat for peace. Assam for tea. Rajasthan for history. Maharashtra for victory. Himanchal for cold. Iharkhand for bold. UP for rice. Arunachal for sunrise. Goa for wine. Meghalaya for rain. MP for diamonds. Sikkim for almonds.

Compiled by: Kunal Mehta IV A

Mizoram for glass.

Mainpur for dance.

Nagaland for music.

Chattisgarh for physique.

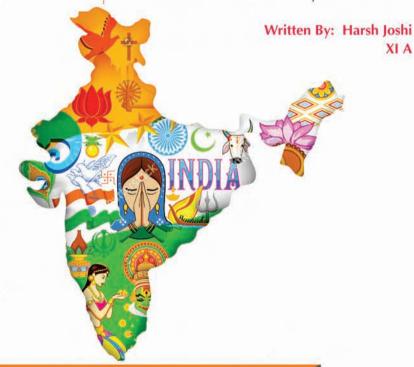
Uttarakhand for river.

Tripura for singer.

Proud to be an Indian

Dilemma of Future

High profile profession? Some said, For lowness won't fetch you bread, But somewhere deep in my heart, I knew, To do that which made me glad, Era with competition at its peak 'To win, you ought to be unique', For such uniqueness never made me happy, Wealth over wish, sounded a bit crappy, Still I knew the real delight it won't grant, wishes over riches is what fools do, But my wish was enough to get through, When the world seemed questioning at my decision. All I had was the faith in my vision.



Television

The radio communicate only sounds. The television can communicate both picture and sound. Sitting in one's drawing room, one can see what is happening throughout the world. If the events are telecasted during the Kargil war in 1999, one could see the war on the television as it was unfolding in Kashmir. Television was invented by J.L. Baird in 1926 and its use is widespread now throughout the world. The working process of a television depends upon four actions. They are:

- Scanning the object to be telecasted.
- 2. Conversion of the light impulses received from the scanned object into light electric waves.
- 3. Conversion of the sound waves into electric waves. The above three are to be done by the television transmitter.
- Reconstruction of the electrical waves into light impulses and sound waves is to be done by television receiver.

Compiled by: Mansi Pandey

XI A

My Mother

I love my mother so much, She's always in my heart, Even though we argue, We'll never be apart. She can tell when I have problems, She knows when I am down, She's always there to cheer me up, And take away my frowns. At times, when I get mad at her, It's hard to stay that way, Only because she makes me laugh, Every passing day. I love my mother with all my heart, But this, she does not know, Sometimes I want to tell her. But I'm afraid to let it show.

Written by: Awalia Alam VII B





Good Deeds of Life

Do all the good you can, By all the means you can, In all the ways you can, In all the places you can, At all the times you can, To all the people you can, As long as ever you can.

Written by: Atul Gupta



Togetherness

'Alone' I can 'say' but Together we can 'Talk' 'Alone' I can 'Enjoy' but Together we can 'celebrate'. 'Alone 'I can 'smile' but Together we can 'laugh'. That's the BEAUTY of human relations. We are nothing without each other.

Stay connected!!

Compiled by: Sejal Pandey

The A B C's of life

A- makes you active

B-expects you to be brave C-wishes you to be a good citizen D-wants you to be dutiful E-expects you to respect elders F-expects you to be faithful G-advices you to be *gentle* H-tells you to be honest I-takes you towards intelligence J-teaches you to be judicious K-leads you towards kindness L-teaches you *love* M-asks you to be *merciful* N-expects you to be neat O-wants you to be obedient P-teaches you punctuality Q-says to be quick R-teaches you regularity S-says:-think before you speak T-advices you to be truthful U-leads you towards unity V-teaches you not to be violent W-advices you to be well behaved X-advices you not to have *xenophobia* Y-wishes you to be forever young Z-advices you to be **zealous**

Compiled by: Chetan Rawat

Mother India

Better than heaven or arcadia. I love thee, Oh my India! And thy love, I shall give, To every brother in the Nation that lives, God made the earth; Man made confined countries, And their fancy-frozen boundaries, But with unfound boundless love, I behold the borderland of my India, Expanding into the world, Hail, mother of religions, lotus, scenic beauty and sage, Thy wide doors are opened, Welcoming God's true son, through all age.

Written by: Parul Singh

Laugh A While!

Inspector: Have you arrested the thief?

Constable: No sir, but I have his finger prints.

Inspector: Where are they? Constable: On my cheek!

Father: Ram, what would you like to become

when you'll grow up?

Ram: A Lawyer, Dad.

Father: Why not an engineer, a doctor or a

scientist?

Ram: I am fond of telling lies, dad.

Compiled by: Atul Gupta

VA

Life Is A Two Sided Coin

One being joy and other being sorrow, Learn from your present, to live a better tomorrow.

Do not cry over the things lost.... find ways to obtain it again,

Give it another try, with a cheerful heart.

Your efforts shall not go in vain.

Success never knocks at the door,

Reach the wit to discover it,

Have determination in your heart,

And you are sure to succeed.

Dream the impossible dream and,

Success shall touch your feet,

Failures are more stepping stones,

Things might seem impossible to you,

With a smile, accept your failures,

And success shall smile back to you.

Written by: Meenal Garia

Friendship Song

I love you, and you love me. We are friends, as friends should be. With a big hug, from me to you, Won't you say, you love me too? I care for you, and you care for me, We are friends, as friends should be. I share with you, you share with me, We are friends, as friends should be.

Written by: Yatharth Bisht

IA



Dreams

When the stars appear, And the sun goes off, In that beautiful sight, We start dreaming at night. Dreams are like a singer, Who is not able to sing. Dreams are like an interesting book,

Having no pages in it. Dreams are like a drama, Having no characters in it. Dreams are like a hope, Which has no scope.

Written by: Ayush Sharma

III A

Priends

Good friends are those who

Care for us,

Who help us in good as well as in bad time.

Never leave us alone,

Our every difficulty, to them, is already known.

They never have any greed,

Inspite, they are always there, when we need.

They can't see us crying,

Rather support us win, to have a higher flying

Good friends are like a shadow,

who wish spring for us in meadow

And know our feelings well too.

We can't find good friends in anyone,

It's not possible that our good friend is our true friend, Good friends can be many but a true friend is one.

Written by: Neha Gupta

A Student's Life

A student's life is like a game, Full of pleasure, lack of pain, It is the time; we should be able to decide. What is good for us, what should be kept aside. First day of the session, We try to be disciplined and follow the rules, But from the next day we think, It's not so cool.

Come to the school clean and neat, In the exams, don't try to cheat,

Wish the teachers, whom you meet,

Walk properly! Don't drag your feet,

These are the rules we are taught to feed.

History, geography, civics are all boring,

During these lessons, class seems to be snoring, Praying to God... "God please "Pass" me this time"

Our desperate result horrifies us badly,

Wishing each other luck,

We leave the school sadly.

It hurts a lot, when the school life ends,

We miss our teachers and our friends,

We pray to the almighty to get back that time, But it's like searching for cherries, in the juice of

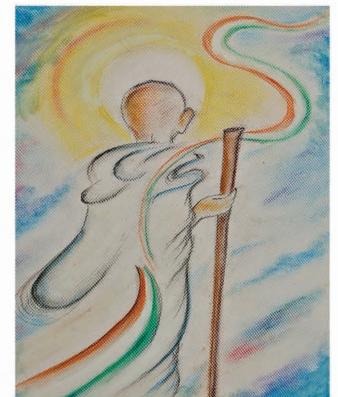
lime.

Written by: Mariyam Haseen



Gandhi Ji

Oh! Great leader Gandhi j We call you 'Bapu ji', Oh! Father of our Nation, You made a sensation. When you got us Independence, Without any violence, Oh! Great leader Gandhi Ji. You practiced law in South Africa, And told the Britishers to Quit India, And fought for India's freedom, Without any weapon, Oh! Great leader Gandhi Ii, You told the Indians to, Burn 'Videshi' and buy 'Swadeshi'. To make salt, you went to Dandi, You made cloth with 'Khadi', We must thank God, For this devoted man, Whom I remember, every time, In my short life span. Written by: Himanshi Bhandari VI B



I love Illy School

I love my school, Here is so much fun, I play with my friends, Smile and run. Our school is the place, Where we learn so many things, Where the teachers tell us, Why birds have wings? We enjoy cool activities, Using art and craft, Listen to stories, And share some laughs. Our School is great, Have fun, when you learn, Remember to share, And wait for your turn.

Written by: Ishita Bisht

Rain

Some are fond of sunshine, Well I am also. But I like the rain, Falling from the sky. When merry April, trips over hill and plain. Isn't it delightful, Running through the rain? Bright eyed little blossoms, Growing by the way, Look up as we pass them, Laughingly you say, So the shower has caught you, And escape is vain, Isn't it delightful, Running through the rain? Pitter potter softly, Drip the drops around, While a peeping sun beam, Guilds the scene around, Shelter nowhere near us, Yet we don't complain, For, it's so delightful, Running through the rain.

Written by: Gunjan Bala VIII B

Growing friendship

Friendship is like a garden,
Of fine flowers and a feeling of share,
It cannot reach perfection,
Except through love and care,
Then new rose comes,
With each new day it grows,
For friendship is like a garden,
so, don't make any foes

Written by: Riyanshi Bisht

VB

The Clock

There's a neat little clock,
In the classroom it stands,
And it points to the time,
With its three little hands,
And may we, like the clock,
Keep a face clean and bright,
And to do what is right.

Written by: Abhinav Vidyarthi

LB

Mothers are for.....

Mothers are for loving you, if you, even if good or bad,
Mothers are for sharing, whatever makes you glad,
Mothers are for laughing, at your favourite jokes,
Mothers are for helping you, get on with others folks,
Mothers are for telephone, when they ring,
Mothers are for pushing, when you're on swing,
Mothers are for loving you, when you snuggle up so tight,
Mothers are for kissing you, a sweet and kind good-night,
Mothers are for baking, yummy cakes,
Mothers are for nursing, when your tummy aches,
Mothers are for cuddling you, when you weep,

Mothers are for covering you, when you fall asleep,

Written by: Sameer Joshi

IA



Priendship

Friends are the only relation we can choose As we feel comfortable with our friends. Tough times is the real test of true friendship, Only with friends we can share, And a friend is always there.

Written by: Arpit Saxena

IA



REFLECTION 2015-2016 85

Some Interesting Facts About Colours

It is easy to mix paints to make new Colours.

You can use the Primary colours (Red, Blue, and Yellow) plus black and white to get all the colours of a RAINBOW.

Mixing Colours

RED + BLUE = PURPLE

BLUE + YELLOW = ORANGE

RED + GREEN = BROWN

GREEN + YELLOW = LIGHT GREEN

BLUE + GREEN = BLUEGREEN

The three primary colours are RED, YELLOW and BLUE:

They are the only colours that cannot be made by mixing two other colours.

The three secondary colours are GREEN, ORANGE and VIOLET: they are each a mixture of two primary colours.

BLACK, WHITE and GREY are not true colours. They are considered to be natural and achromatic colours.

Compiled by: Hassan Suhail

A

Victory of 2015

My Experience through a Rhyme

It was my first year in IPS,

And it was very awesome... Yes.

I saw the school's Basketball team.

We all grew together, saw the same dream.

To bring "Winners" trophy in PSA,

We worked hard for the whole year,

And victory was in front of us there.

Our coach made us practice day and night,

He kept his all work aside,

He brought out the talents of players which hide,

With a hope, we can win the fight.

Our captain was a nice player,

To win the tournament she had a dare,

She was given 'Player of the tournament',

With all her efforts, she had spent.

Me as a vice captain, supported every time,

Diksha shooted from there,

As she was so carefree.

Ayushii, a player, was very awesome,

By using her strategies, she blossom,

Tejasvi, was a nice rebounder,

By putting her all efforts, she became an all rounder.

Akansha, Anam, Purvi, Aanchal, Ritika, Vaishali & Diksha

were always with us,

'The Winner Trophy,' was the only focus.

For the team, they perspired a lot.

With their efforts, winner trophy, we got,

No one in our team is less,

Who all are top players for the next year, can you guess?

Nikita, Ayushii, Akansha, Purvi, Aanchal, Ritika,

Vaishali, Diksha, Anam will be there with us,

To rock again next year, a big 'YES'

Till the time our coach is with us.

Written by: Nikita Mishra

XI C

Does Exit Exists??

A farmer with a handful of land,
Another calamity leaving nothing in hand,
He obliged with none of the godly favours,
Has now lost the taste of his life's favours,
He wants to exit from this situation,
But the life goes on without any negotiation.

A beggar who spends, under the sky, his nights,

Whose hopes have lost all the heights, He wants to exit from his condition, But the life goes on, without any petition.

A patient whose life seems to be fragile, Whose one step is yet another mile, He wants to exit from this position, But the life goes on, as per the same definition.

A mother, having lost her son,
With her tears, she is yet undone,
Her world is now a blown off candle,
Her own gloomy life is now tough to handle,
She wants to exit from her depression,
But the life goes on without any relaxation.

A thief imprisoned for his misdeeds, Whose actions were once his needs, He wants to change for a better reason, He wants to exit from such wicked frame, But the life goes on, yet the same.

When my tears give it a glance,
They question, why not the other chance,
Despite all this,
Such condition still persists,
Often I think,
"Does exit exists??"

Written by: Harsh Joshi

To Be A Winner

Complete your real duty,

It will give you inner beauty.

Start your path from a path higher,

It will prevent you to be liar.

Work while you work, and rest while you rest,

It will make you best.

Do your work by making parts,

It will make you smart.

Prefer firstly, the work urgent,

It will make you intelligent.

Always prefer simple to wear,

It will make you dear.

Keep on your face, a smile huge,

It will make you lovable and cute.

Don't forget to have a sleep full,

And always forward and remove silly bashful.

To world, it will show your greatness,

Walk according to the world never,

It will make you clearer.

Keep your thoughts at a higher altitude,

It will help you, have a good attitude,

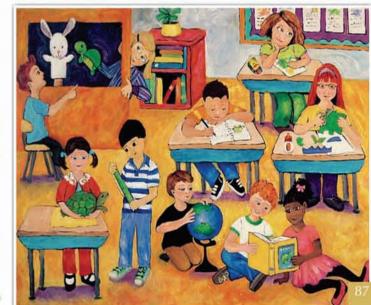
Complete you work properly, and sooner,

And see, you are a winner.

"In every sphere of life, success comes from setting goals"

Written by: Neha Gupta

IX



Examination

Oh! My dear examination, I have made no preparation, I am afraid of you, Kindly tell me what to do, You are early, I am late, Daily I am losing my weight, Go, go and you must, Let me learn my lesson first, Go to the office and love, my room, Otherwise, I will use my broom, I am fully tired of you, I shall adopt a method new.

Mice Are Nice

Written by: Riya Rajwar

VIII B

I think mice, Are rather nice... Their tails are long, Their faces small... They haven't any Chins at all, Their ears are pink, Their teeth are white, They run about, The house at night.

They nibble things, They shouldn't touch, And no one seems, To like them much, At times, they add a little spice,

But I still think, mice are nice.

Compiled by: Parul Singh

Love You Teacher

Love you teacher, love you teacher, You are my best teacher. You show us patience and readily spread, Your helpful advice fills us like daily bread. Your sincere kindness, warm feelings it brings, You guide and protect us under your wings, You think about our future all the time, Work tirelessly, to direct us away from lie and crime.

Written by: Ishita Bisht

IA



Are you listening to God?

Dear God,

Sometimes the whole day long, I do things wrong, I don't know why? I am sorry God, For days like these,

And hope you will, Forgive me please, And grant me God, A chance, I pray, To do my best, another day.

> Written by: Prateek Bora VIII B

Nature

Life is a song-sing it Life is a game-play it Life is a challenge-meet it Life is a dream-realize it Life is a sacrifice-offer it Life is lovely-enjoy it.

Compiled by: Rohit Rawat

VIII A

My Balloon, My Kite

My white balloon and red kite, Flies high, high and high, I jumped high, With my white balloon and red kite, No one catches it.... oh my white balloon and red kite, Flies high, high and high.

Written by: Himshikha

My dear Friends

We say," Thank you" we say, "Please" We don't interrupt or tease, We don't argue, we don't fuss, We listen, when folks talk to us, We share our toys and take our turn, Good manners aren't too hard to learn, It's really easy, when you find, Good manners mean, Just being kind!

Written by: Riya Rajwar

VIII B

Why are the Pyramids of Egypt so mysterious?

The pyramids of Egypt are among the wonders of the world and one of its greatest mysteries too. Why were they built? Most people believe that they were built as tombs for the kings of Egypt, but was this their only purpose? Some Arab scholars have declared that all the knowledge of ancient Egypt was inscribed inside the pyramids. Some European scholars, on the other hand say that the pyramids were in fact, expressions of religious faith. It is also thought that pyramids serve to emphasize the superiority of the Gods-like Pharaohs over the common man and that each pharaoh wanted his pyramid to reflect his status. Whatever be the reason for building the pyramids, another mystery is how the Egyptians could build such massive structures when they had not invented the wheel. Who designed their complex structures? How were the huge stones moved and lifted? What was the technology used? The questions still persist as the pyramids continue to enthrall and fascinate mankind to this day.

Written by: Prachi Joshi

VIII B

Pollution

Twinkle twinkle little star. I can't see where you are? All the smoke in the sky, Makes you ride and makes me cry, There is darkness all around. You are visible at night, Then it's a lovely sight, Why is man causing pollution? Has he forgotten green revolution? One day man will regret, Before that happens, do your best.

> Written by: Shivansh Bisl IX B



Save Water Save Life

Water is the source of all life,

Water is the thing we need.

Water is everything we have,

Water is something men cannot breed.

Water, the most precious thing for mankind,

We need it for our growth.

But, it is very less,

Who can save it-today's youth?

We can't finish the water,

Won't the future generations be forlorn?

We should start conserving it,

Otherwise one day all of it will be gone.

The most important element on Earth,

We should recognize its value on time,

For importance of water in life

I think we should start conserving it,

After all, our life is water.

And in the end, I would like to quote:

All life depends on water.

Written by: Himanshi Raghav

VIII A

New Generation

Oh God! This new generation! Schools and colleges are only for recreation, Sunny, scooty are the transportation, Without jeans there is no impression, Shoes are the centre of attraction, Hair style is new equation, Oh God! This new generation! Working days are like vacation, Teachers are under constant tension, Principal says it is a bad situation, Oh God! This new generation! Parents have high expectation, Alas! it's just their imagination, For parents there is no affection, Oh God! This new generation! Oh God! Bring about a new revolution, Stop this kind of circulation,

Otherwise there is no answer, no solution,

Oh God! This new generation!

Written by: Gunjan Jeena

Balance sheet of life

What comes to you is credit,

What comes from you is debit.

Birth is your opening stock,

Death is your closing stock.

Your ideas are your assets, Your views are your liabilities.

Your happiness is your profit,

Your sorrow is your loss.

Your soul is your goodwill,

Your heart is your fixed assets.

Your duties are your outstanding expenses,

Your character is your capital.

Your knowledge is your investment,

Your patience is your bank balance.

Your thinking is your current account.

Your behavior is your journal entry.

Bad things you should always depreciate. Have a nice balance sheet of your life.

> Written by: Khushi Vaish VIII A

Bruce Lee Mania

Favorite vegetable

Mu lee

Favorite lunch

Tha lee

What happens to the theatre when Bruce Lee's movie is over?

Kha lee

Favorite breakfast

Id lee

Favorite festival

Diwa lee

Favorite capital city

Dil lee

Favorite music

Most interesting job

Oawwal lee

Coo lee

How did he die?

With a Go lee

Favorite hill station

Mana lee

Favorite pet

Bil lee

Favorite batsman

Gangu lee

Compiled by: Diya Parihar VIII A

Gift Of Nature

Nature has everything in plenty,

But you must take it silently

The energy of sunlight,

Can heat up to any height.

The wind power,

Can cause movement even in tower.

The waves of the sea, will take you anywhere you want,

The water of rain,

Will make your blood run in the vein.

The fruits of the garden,

Will fill your lot of carton.

The smell of the flower,

Will give you inner power.

The song of the bird,

Will turn your milk into curd.

The dance of the animal,

Will make you glow like pearl.

The medicines of mountain,

Will let you forget your pain.

So explore it with great care,

Remember: for all these, you don't have to pay any fare.

Written by: Nikita Rawat

VIII B



Teacher, Teacher, Teacher

Teacher, teacher, teacher,

Oh! I love my teacher.

So kind, so nice,

Is my teacher.

Teacher, teacher, teacher,

She teaches us,

She sometimes scolds us.

Teacher, teacher, teacher,

She plays with us,

She talks with us,

She sometimes also laughs with us,

Teacher, teacher, teacher,

Oh! I love my teacher.

Written by: Rohit Rawat

VIII A

Riddles And Mindblenders

1) Which driver does not have a license?

Ans. A screw driver

Which is a gate through which we cannot pass?

Ans. Colgate

Which is the key that jumps?

7 MIS. 74 WIOTIKE

4) Which is the cup you cannot drink from?

Ans. Hiccup

5) What starts with T, ends with T and is filled with T?

Ans. Teapot

6) Name the cleanest place?

Ans. Washington

7) Which is the dress that we cannot wear?

Ans. Addres

8) Which is the most dangerous city?

Ans. Electricity

Which is a land full of ice?

Ans. Iceland

10) Which is the fish that has no eyes?

Ans. Selfish

Compiled by: Lokesh Pathak

IX

Allow Yourself

Allow yourself to dream,
And when you do so, dream big.
Allow yourself to learn,
And when you learn all you can,
Allow yourself to laugh,
And when you do, share your laughter.
Allow yourself to set goals,
And when you do, reward yourself as you
Move forward.
Allow yourself to be determined,

Succeed.

Allow yourself to believe in yourself,

And when you do, you will find self confidence.

Allow yourself to lend a helping hand,

And when you do a hand will help you.

Allow yourself to relax,

And when you do, you will find new ideas.

Allow yourself to love,

And when you do, you will find love returns.

Allow yourself to be happy,

And when you do, you find you will

Around you.

Allow yourself to be positive,

And when you do, life will get easier.

And when you do, you will influence others

Compiled by: Akansha Pandey

Amazing World

- Tiger is the biggest of the four big cats.
- The Buckingham Palace has 602 rooms.
- 2 million stone blocks were used to build a pyramid.
- Antarctica is the coldest continent and Sahara is the largest hot desert in the world.
- Frogs have their ear drums on the outside of their heads.
- Humming birds do not walk.
- The universe is 13.7 billion years old.
- Our sun has an expected lifetime of about 11 billion years.
- Polar bears look white, but they actually have black skin.
- A tiger eats around six kilograms of meat per day.
- A Box Jellyfish is always found in coastal waters.

Compiled by: Shagun Khati IV B



My school

My school I love you,

Because of there's so much to learn and do,

Drawing, painting, reading, writing,

And sometimes a little bit of fighting.

Teachers are always helpful and nice,

Sharing their knowledge and giving advice,

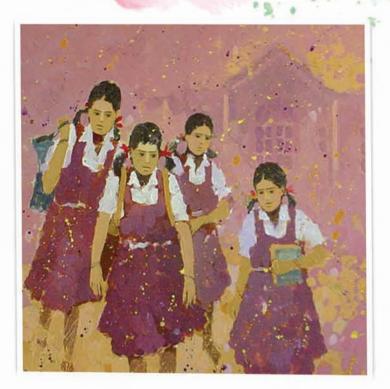
School days are the best days of our life,

Because our teachers teach,

How to be healthy, wealthy and wise.

Written by: Rohit Rawat

VIII A



"Key to Success"

Now-a-days it's the time of progress and competition.

All of us must be dreaming of becoming a successful person in life. However, the question remains that what should be done at this time to realize the dreams of life?

So here are few points, which would enable you to attain your goals in life.

Concentration-Concentration means to have a proper mind set on whatever we are working upon. For
example: having a full concentration on the lectures going in the classes, instead of gossiping with your
friends. This is an important feature with which, one can become successful.

Not everyone can drop out and have a big name like Steve Jobs or Bill Gates. But one should actually try for the years to become someone like that, may be even better.

And full concentration in class rooms will only lead one to the right directions to have a successful life.

• **Entertainment**- Entertainment is equally necessary. One must also entertain one self. Entertainment may include playing games, reading newspapers or any magazine and most important, exercise for good health.

The aim of entertainment is to make the mind free of burden.

In one way, we can say that, "Study and entertainment are the two wheels of bicycle, one being useless without the other".

• **Strict Time- Table-** Follow a strict time-table. Student's daily routine should include studies, school, homework, entertainment, meeting friends, games, and exercises and some extra time for family members.

As "A healthy mind resides in a healthy body", so physical exercise is essential for an all round development. There should be a balance between studies and extra -curricular activities.

"Success is waiting at your doors, but you have to work hard to open that door".

This is what success actually is!!

Written by : Pooja Singh

IX A

Birds Interesting Facts

Birds have feathers, wings, lay eggs and are warm blooded. There are around ten thousand different species of birds

The ostrich is the largest bird in the world. It also lays the largest eggs and has the fastest running speed.

Scientists believe that birds evolved from theropod dinosaurs.

Birds have hollow bones which help them fly.

worldwide.

Some bird species are intelligent enough to create and use tools.

The chicken is the most common species of the birds in the world.

Kiwis are endangered, flightless birds that live in New Zealand. They lay the largest eggs relative to their body size.

Humming birds can fly backwards.

Around 20% of bird species migrate long distances every year.

The bee 'humming bird' is the smallest living bird with a length of just 5cm.

Compiled by: Nikita Aswal

X B

Mother: The God's Gift

She is God's beauty, She fulfills her duty. She is one on the earth, Who gives us birth. She looks after us. She is a nice cook for us. Her good upbringing, Makes us, a nice human, Without mother I'm like, Fish without water. The first teacher of life, Before schools or tutors advice, She is a God gift, very precious, The best friend of child, Makes him human from wild, To see the beautiful earth, She gave us birth.

Written by: Muskan Pathak

XI A

Mother unlike any Other

My dear mother unlike any other, You taught me how to walk, And you taught me how to talk. You provided me a roof over my head, And always made sure that I was fed. You taught me morals and standards, The meaning of living and all about giving. What a wonderful, beautiful, Thoughtful and intelligent mother I have, And you make me truly glad. You always go out of your way, For everyone, each day, You always listen to what I say, Even if I'm having a bad day, Whenever I've had issues, You have always been my tissues. You always hugged me tight, And loved me with all your might, You were always there for me when, I needed someone. I'm so very thankful to have a Mother like you, With your kindness and all that you do, All these words are perfectly true. And mother, I love you. You are a mother unlike any other, A little poem I wrote for you, I love you and appreciate you each day, in every single way.

Written by: Kamal Singh



"Book Review"

"Wings of Fire"

(APJ Abdul Kalam)

APJ Abdul Kalam was a renowned Indian scientist, who went to become the eleventh president of India (2002-2007). APJ Abdul Kalam was well known across India and was a recipient of India's three most coveted civilian awards:

Padam Bhushan

Padam Vibhushan

Bharat Ratna

"Wings Of Fire" is an autobiography of APJ Abdul Kalam covering his early life and his work in Indian Space Research And Missile Programs. It is a story of a boy from a humble background who went on to become a key player in Indian Space Research and Missile Programs and later became the President of India. The book has been very popular in India and has been translated into multiple languages. I recently picked it up and read it in a couple of days. It was very engaging initially. I loved the initial chapters of it since it gives a vivid picture of our country during 1930-1950s.

Kalam was born in Rameshwaram, a southern religious town in Tamil Nadu. The initial chapters provide an interesting glimpse of religious harmony which existed before India's partition.

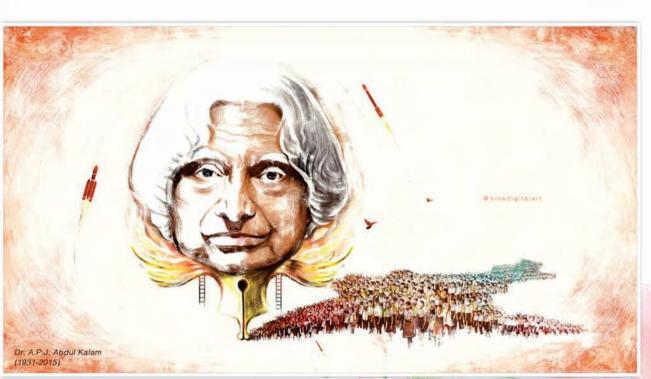
A paragraph in the book says-"The famous Shiva temple, which made Rameshwaram so sacred to pilgrims, was about a ten minutes walk from our house. Our locality was predominantly Muslim but there were a few Hindu families too, living amicably with their Muslim neighbours."

Kalam in his early years wanted to be an officer in Air Force, however could not clear the interview. He met Swami Sivananda after his failure.

In the book we read how APJ Abdul Kalam started his career in Aeronautical Development Establishment (ADE) and was involved in the design of a hovercraft. Later he moved to Indian Space Research and Missile Programs. In 1963 Kalam went to NASA facility in Maryland (USA) as a part of training program on sounding rocket launching techniques.

The book covers a lot of behind the scene information and technical details about India's satellite and missile program (SLV-3, Prithvi, Agni, Trishul, Akash, Nag). It covers his personal life briefly, which is strange for an autobiography. He was a poet too and a big fan of poems. The book contains many of his self written poems which indeed is very encouraging.

Compiled by: Huzaifa Suhail





Farewell- 2016

ebruary 15, 2016 marked a new chapter in the lives of class XII students. After spending twelve years of school life, they were ready to step into a new world. Yes...it was the time to bid ADIEU to them.

Being the anchors of the programme, it was altogether a new and a wonderful experience for us to be the part and parcel and to organize Farewell event. The one week preparation of the programme including the discussions with the organizing teachers helped us in knowing the art of organizing an event.

Writing titles for our seniors also boosted our English creative skills. It was really wonderful to be with a supporting and responding crowd and to host the event.

The farewell party began with auspicious lamp lightening ceremony followed by a series of cultural performances

based on school life by XI class and different games played by class XII students. According to the results of these games, Mr. and Miss Inspiration were declared. Apart from that, some students were selected for different categories which made them feel special and honoured. They were:

It was for the very first time that we got an opportunity to organize an event for our



: Rahul Bhatt Mr. Inspiration

Miss Inspiration : Priyanshi Pandey

Student of the Year : Navdeep Kunwar

: Amulya Gaur Mr. Genius

Miss Genius : Nitika Mehtolia

Mr. Congenial : Satvik Pandey

Miss Congenial : Priya Bisht







seniors hence we had to be extremely aware on stage. The presence of teachers made the job quite easy. The programme ended with inspiring speeches by our seniors and blessings by Chairperson Ma'am and Principal Sir. Finally, everyone relished the delicious food and we bid Good Bye to our seniors with heavy heart.

A Report By

Harsh Joshi and Anukruti Mathur, XI A

YOUTH PARLIAMENT

Youth Parliament event was organized in Inspiration School premises as an initiative by Amar Ujala on November 17, 2015. The main purpose of organizing this event was to create awareness among the students about the work process inside the Indian Parliament. Dr. Indira Hridyesh, Cabinet Minister of Uttarakhand was the chief guest of the event. Many other local as well as State leaders witnessed the event being the first one of its kind in Haldwani region. Students of various schools of Haldwani participated in this event and performed the work mechanism of Parliament.





हिन्दी विभाग



सम्पादकीय कलम से.....

"रिफलेक्शन" पत्रिका विद्यालय की महत्तवपूर्ण सृजनात्मक गतिविधि है। इस पत्रिका के माध्यम से बाल मन को अभिव्यक्ति प्रदान की जाती है। बाल मन में छिपी विभिन्न सृजनात्मक शैली व रचना शीलता को कहानी, कविताओं, लेखों के रूप में उजागर करना ही इस पत्रिका का उद्देश्य है। किसी भी ध्येय को पूरा करने में परिश्रम, दृढ़ता, इच्छाशक्ति व धैर्य की आवश्यकता होती है। अतः विद्यार्थियों को अपना लक्ष्य निर्धारित करते हुए अपनी मंजिल को प्राप्त कर अपने सुनहरे भविष्य का निर्माण करना चाहिए।

मैं स्कूल के प्रबन्धक, प्रबन्धिका व प्रधानाचार्यजी का धन्यवाद करना चाहती हूँ कि उनके अथक परिश्रम व प्रयास से हमारा विद्यालय नित नई ऊँचाईयों को छू रहा है। मेरी भगवान से यही प्रार्थना है कि मेरा विद्यालय इसी तरह ऊँचाईयों को छूता रहे।

"घबराए क्यों खड़े हैं, भगवान जो हृदय में। धुन ध्यान में धँसी है, विश्वास है विजय में। बस और चाहिए क्या, दम एकदम न लेंगें। जब तक पहुँच न लेंगें, आगे बढ़े चलेंगें।।

> श्रीमती निशा काण्डपाल पी0जी0टी (हिन्दी)



नन्हीं कलम से

आज के बदलते युग में शिक्षा का स्तर भी बहुत बदल गया है। आज की शिक्षा 'डिजिटल भारत' से प्रारित है जो न सिर्फ 'कागज और कलम' पर निर्भर है अपितु मानव द्वारा निर्मित मशीन 'संगणक' (Computer) पर पूर्णतया निर्भर है।

आज का विद्यार्थी एक सच्चा हिन्दुस्तानी नागरिक है जिस में सहिष्णुता, जिम्मेदारी, तर्कशक्ति, दयाभाव तथा संवेदनशीलता निहित है।

"रिफलेक्शन" पत्रिका एक प्रयास है – छात्रों में छिपी प्रतिभा, सोच, कला तथा रचनात्मकता

को पहचान देने की।

यह एक पहल है, नवीन हौसलों की उडान को पंख देने की।

इस वार्षिक पत्रिका का चतुर्थ संस्करण, उभरते हुये कवियों तथा लेखकों की अनूठी सोच व प्रतिभा का प्रतिबिम्ब है।

मैं अपने अंतर्मन से विद्यालय की प्रबंधिका, प्रधानाचार्य, संपादकीय मंडल, शिक्षकों व छात्रों का आभार प्रकट करता हूँ जो इस पत्रिका के सफल प्रकाशन में प्रेरणादायक स्त्रोत हैं।

> हर्ष जोशी 11 'अ'

सत्य वचन

- जीवन का सबसे बड़ा अपराध—किसी की आँख में आँसू आपकी वजह से होना, और जीवन की सबसे बड़ी उपलब्धि किसी की आँख में आँसू आपके लिए होना।
- जरूरत के मुताबिक जिंदगी जिओ—ख्वाहिशों के मुताबिक नहीं, क्योंकि ज़रूरत तो फकीरों की भी पूरी हो जाती है, और ख्वाहिशें बादशाहों की भी अधूरी रह जाती हैं।
- मनुष्य सुबह से शाम तक काम करके उतना नहीं थकता,
 जितना क्रोध और चिंता से एक क्षण में थक जाता है।
- कभी भी कामयाबी को दिमाग और नाकामी को दिल में जगह नहीं देनी चाहिए, क्योंकि कामयाबी दिमाग में घमंड और नाकामी दिल में मायूसी पैदा करती है।
- जिंदगी जीने के दो तरीके होते हैं।
 - पहला जो पसंद है उसे हासिल करना सीख लो।
 - दूसरा जो हासिल है उसे पसंद करना सीख लो।
- कोई व्यक्ति कितना भी महान क्यों न हो, आँखें मूंदकर उसके पीछे न चलिए। यदि ईश्वर की ऐसी मंशा होती तो वह हर प्राणी को आँख, नाक, कान, मस्तिष्क आदि क्यों देता?

श्रीमती रीता राठौर (पी0आर0टी0)



कोशिश में छिपा है सफलता का राज

कोशिश करने वालों की कभी हार नहीं होती! इस पंक्ति का सही अर्थ केवल वही लोग जान सकते हैं, जिन्होंने अपने जीवन में लगातार कोशिश की हो। यदि हम अपने चारों ओर नजर दौड़ाएं तो पाएँगें कि जो कुछ भी हमारे समक्ष है, वह सभी कोशिश का ही नतीजा है। मनुष्य का शारीरिक विकास हो या फिर उसकी भौतिक उन्नति, सभी कोशिश के ही परिणाम हैं। विज्ञान के क्षेत्र में हो रहे नित नए शोध हों या फिर खेल के क्षेत्र में रोज-रोज बनते टूटते रिकार्ड, सभी कोशिश के दम पर ही संभव होते हैं। हालांकि कोशिश फलीभृत तभी होती है, जब वह पूरी ईमानदारी, लगन और जी-तोड़ मेहनत के साथ की गई हो। हाँ, यह भी एक तथ्य है कि कोशिश करने से हर बार पूर्व निश्चित मंजिल मिल ही जाए या मनचाही सफलता प्राप्त हो जाए, ऐसी कोई अनिवार्य शर्त नहीं है। इसी तर्क की ओट में कुछ भीरू प्रवृत्ति के लोग स्वयं को मेहनत करने से बचाने और अपने लक्ष्य की अस्पष्टता के कारण प्रयास करने से घबराने लगते हैं। ऐसे लोग अपने जीवन में कभी कोई बडा बदलाव नहीं ला पाते हैं। जबिक यह बात भी उतनी ही सच है कि कोशिश करते रहने से मिलने वाली सफलता कई बार कल्पना से भी महान होती है।

सफलता और विफलता से परे, सबसे प्रमुख बात यह है कि सही दिशा में कोशिश करने से अनुभव (तर्जुबा) होता है, जो कि आज नहीं तो कल व्यक्ति को अपेक्षित स्थान पर पहुँचने का रास्ता बनाता है। जो व्यक्ति ध्येयनिष्ठ होकर सही दिशा में प्रयासरत रहते हैं, उनके जीवन की दौड़ में पिछड़ जाने की आशंका न के बराबर होती है, क्योंकि इस प्रकार वे अपने समय और सामर्थ्य का सर्वोत्तम उपयोग कर रहे होते हैं, जो कि उन्हें लक्ष्य के काफी करीब या फिर उससे भी आगे ले जाता है। कई बार लोग अपनी योग्यता का उचित आंकलन नहीं कर पाने की स्थिति में अपने लिए मामूली लक्ष्य तय कर लेते हैं, जिसे थोड़े से प्रयास में ही पा लिया जाता है। ऐसे लोग इस पर हर्षित हो अपनी यात्रा को यहीं विराम दे देते हैं। जबिक होना यह चाहिए कि अपने लिए अगला लक्ष्य निर्धारित कर और उसकी सही योजना बना कर फिर से पूरे तन—मन से जुट जाएं, भले उसमें जीत मिले या हार, महत्व तो प्रयास का ही है।

श्रीमती प्रीति मेहरा टी०जी०टी० (हिन्दी)

कर्म से भाग्य बदलना सम्भव है

कर्म से भाग्य बदलना सम्भव है। मैं इस कथन से पूर्णतया सहमत हूँ। बहुधा देखा जाता है कि मानव कुछ न करके केवल अपने भाग्य का रोना रोता है। अगर हम अनेक महान व्यक्तियों जैसे गाँधी जी, अम्बेडकर जी को देखें तो हमें लगेगा कि ये सब व्यक्ति अपने कर्मों द्वारा ही महान बने हैं। कर्म ही जीवन है।

अगर हम अपने आस-पास के लोगों को देखेंगे तो उनमें से ज्यादातर व्यक्ति हमें ऐसे मिलेंगे जो अपने भाग्य के भरोसे बैठे रहेंगे तथा कर्म के प्रति उदासीन बने रहेंगे।

कर्म के द्वारा अपने भाग्य को बदलना सम्भव है। कर्म करके हर आम व्यक्ति महान बन सकता है। अगर हम प्राचीन ग्रन्थों पर नजर डालें तो पायेंगे कि ग्रन्थों में भाग्य का उल्लेख कम तथा कर्म का उल्लेख ज्यादा है। कर्म के द्वारा कठिन से कठिन कार्य कर पाना सम्भव है। चाणक्य जैसे महान राजनीतिज्ञ अपने कर्मी द्वारा उस मुकाम को हासिल कर सके जिसकी शायद हम जैसे साधारण मानव कल्पना न कर सकें।

भारत जैसे देश में जहाँ प्राचीन काल से कर्म को प्रधानता दी जाती थी. वहाँ वर्तमान समय में हर भारतीय भाग्य के भरोसे बैठ भारत को पतन के कगार में लाने को उतारू हैं। अगर भारत को फिर से सोने की चिडिया बनाना है तो भारतीयों को कर्म की ओर जागरूक करना आवश्यक है।

अतः मैं यही कहँगी कि कर्म ही ऐसा मंत्र है जो हमारे भाग्य में बदलाव ला सकता है। अपने इन विचारों को एक छोटी कविता में लिपिबद्ध करते हुए यही कहूँगीः

> कोई ऐसी सीमा नहीं, जिसे कर्म द्वारा पाया न जा सके। कोई ऐसी डगर नहीं. जिसे कर्म पूरा ना कर सके। कर्म, कर्म, कर्म, करके इंसान तू उस मुकाम पर पहुँचेगा, जहाँ स्वयं कहेगी सफलता, आ इंसान में तेरे कदमों को. चूमना चाहती हूँ।

श्रीमती सुनिता मियाँन (पी. आर. टी.)



हिन्दी की स्थिति

हिन्द की भाषा हिन्दी की स्थिति आज दयनीय है, ऐसा होगा. ये अकल्पनीय है। हिन्दी में देना साक्षात्कार और संक्षिप्त जीवनवृत्त (सी०वी०) मानते हैं अनुप्युक्त! क्यों?

हिन्दी भाषी देश में ही हिन्दी हो रही तिरोहित भविष्य में रहेगी केवल यह औपचारिकताओं तक सीमित उच्च शिक्षित व्यक्ति, हिन्दी बोलने में असमर्थ ऐसी हो गई हिन्दी की स्थिति विकृत।

हिन्दी पढ-लिखकर भविष्य उज्ज्वल होगा, ऐसा कितने लोग मानते हैं?

जबिक गर्व से बताना कि उनके बच्चे हिन्दी बोलना नहीं जानते

इस भाषा के प्रति घटता सम्मान, क्यों कर रहे हम ऐसा अपमान? केवल हिन्दी दिवस मनाकर, हिन्दी को सम्मान न मिलेगा मात्र एक दिन के बोलने से ऐसा न चलेगा।

शिक्षा, व्यापार, कार्यक्षेत्र में पद, पैसा, पदोन्नति हिन्दी से ही मिलेगी सबको गति-उन्नति।

न मानो इसे कर्णकट्,

हिन्दी में भी बनो वाक्पट् अंग्रेजी भले ही न त्याज्यो तुम हिन्दी है अकाट्य, ये बात समझो और अपनाओ तुम। ये स्थिति आकस्मिक उत्पन्न नहीं हुई है भविष्य में भी रहे, ये गति सही नहीं हैं आओ, मिलकर एक भाषाई सेतु बनाएँ विदेशी भाषाओं के साथ हिन्दी को भी अपनाएँ।

> श्रीमती प्रीति मेहरा टी०जी०टी० (हिन्दी)



व्यक्तित्व विकास कैसे करें (How to Develop Personality)

सर्वप्रथम व्यक्तित्व विकास की संभावनाओं, उपयोगिता व व्यावहारिकता पर अधिक से अधिक जानकारी प्राप्त कर विचार व मनन द्वारा स्वयं तय करें कि वास्तव में व्यक्तित्व विकास आपके लिए आवश्यक, लाभकारी तथा उपयोगी है। तत्पश्चात सोचें कि क्या आप सच्चे मन और समर्पण की भावना से अपना व्यक्तित्व विकास करना चाहते हैं? यदि आपको अपना जवाब अन्तर्मन से 'हाँ' में मिलता है, तब आपको समझना चाहिए कि आपने पहली सीढी पार कर ली है। अब आप आगे बढ सकते हैं। अपने लिए एक वातावरण बनाएँ (Build an Environment for Yourself)

- मन की गहराई में क्षमता बढ़ाने के लिए सीखने की जबरदस्त चाह और दढ इच्छाशक्ति जगाएं।
- सीखने की कला को आत्मसात करें।
- आँख, कान व सोच को सजग और खुला रखें।
- जानकारी के हर संभव स्त्रोत पर ध्यान दें। तथा अवसर का
- जो जानकारी अच्छी व उचित लगे, उस पर मनन कर अभ्यास
- प्राप्त जानकारी को समय व परिस्थिति के अनुसार उपयोग में
- दृढ़ सकारात्मक दृष्टिकोण बनाएँ (Develop Strong Positive Attitude)
- अच्छे गुणों पर ध्यान दें, संभावनाओं पर भरोसा कर समस्याओं के समाधान के लिए निरंतर प्रयत्नशील रहें।
- सोचकर बोलने की आदत डालें, सोचते हुए बोलने की आदत
- सोचकर कार्य करने की आदत डालें।
- अपनी दैनिक दिनचर्या पर सोचें।
- अपनी उपलब्धियों पर सोचने की आदत डालें।
- अपनी अच्छाइयों और कमजोरियों पर सोचने की आदत
- आपने जो किया वह उचित था या नहीं इस दृष्टि में सोचें।
- अपनी अभिलाषाओं, आकांक्षाओं व जीवन लक्ष्यों के बारे में
- अपने व्यवहार के बारे में नियमित रूप से सोचें।
- मानवीय गणों के बारे में सोचें।
- अपने आस-पास के सफल, लोकप्रिय व्यक्तियों के गुणों व

- व्यवहार के बारे में सोचें।
- सीख लेने की दुष्टि से अपनी त्रुटियों के बारे में सोचें।
- अपने आदर्श व्यक्ति के व्यक्तित्व के बारे में सोचें।
- आपके जीवन का लक्ष्य क्या है? इसके बारे में निरंतर चिन्तन करें।
- लक्ष्य प्राप्ति के साधन व विकल्प के बारे में सोचें।
- समस्याओं पर ध्यान देने के बजाए समस्याओं के समाधान के बारे में सोचें।
- उपर्यक्त बिन्दओं के माध्यम से अपनी सोच को निरंतर परिष्कत करते रहें। इस प्रक्रिया से 'क्या रखना है' 'क्या छोड़ना है' तथा 'क्या करना है' की निर्णय क्षमता के विकास के साथ-साथ आपके सामान्य बोध (Common Sense) के विकास को भी दिशा व गति प्राप्त होगी।

श्रीमती राधा पिल्ख्वाल पी0आर0टी (हिन्दी)



विद्यालयेश् अध्यापकानां छात्राणा संबधः

ध्यानमूलं गुरूर्मूर्तिः पूजामूलं गुरूर्पदम्। मंत्रमूलं गुरूर्वाक्यम्, मोक्षमूलं गुरूकृपा।।

- 1. विद्यालयं विद्यामंदिरं भवति। यथ मन्दिरे जनां श्रद्धा कूर्वन्ति तथैव नागरिकाः विद्यामंदिरे अपि निष्ठावन्तः
- 2. छात्राणां प्रथमं कर्त्तव्य भवति यत् निश्चित समये उपस्थिताः स्युः।
- पठन समये ध्यानपूर्वक स्थतव्यम्। अस्मिन्नेव काले स यत् वृन्तकुसुमम् आचिनोति तथैव जीवनं सुगन्धितं करोति।
- 4. अध्यापकाः पितृ तुल्याः भवन्ति। विद्यालये गुरूणामाज्ञा सम्मान्या भवति।

 अध्यापकानां कर्त्तव्यम विद्यालये छात्राणां जिज्ञासापर्तिः करणीयः। अध्यापकानां मृदुव्यवहारः पुत्रभावना, परिवार भावना, क्षमा भावना आदरणीया।

तथैव कथितमप्यस्ति।

गुरूर्ब्रह्मा गुरू विष्णुः, गुरू र्देवोः महेश्वरः। गुरूः साक्षात् परब्रह्म, तस्मै श्री गुरूवेनमः।।



श्रीमती प्रेमा पाण्डे टी०जी०टी० (हिन्दी)

कविता-हिंदी

संस्कृत की लाडली बेटी है ये हिंदी, बहनों को साथ लेकर चलती है ये हिंदी।। संदर, मनोरम, मीठी, सरल है ये हिंदी, ओजस्विनी है और अनुठी है ये हिंदी।। तुलसी, कबीर, मीरा ने इसमें ही लिखा है, कवि सूर के सागर की गागर है ये हिंदी।। यूँ तो देश में भाषाएँ और भी हैं, पर राष्ट्र के माथे की बिंदी है ये हिंदी।।

> श्रीमती रीता राठौर (पी०आर०टी०)



हमारे जांबाज सिपाही

सदीं हो या गर्मी चाहे हो बरसात. देश की रक्षा की खातिर सीमा पर तैनात। झुकने नहीं देते तिरंगे को, देते हैं अपना बलिदान, नाज है उन वीरों पर सबको. जो कहते हैं मेरा भारत महान। ऋणी हैं हम उन वीरों के. जिन्होंने त्यागे अपने प्राण। अपनी जान पर खेलकर. जिन्होंने बढ़ाया, हमारे देश का मान, हे भारत के सैनिक तुझे सलाम।

> मौली सिंह 1 ब

वन्दना

गणपति है तुम्हें नमन। बारबार करें हम वंदन।। दीजिए नाथ हमको वरदान। दीजिए हमको सच्चा ज्ञान।। कीजिए हम सबका कल्याण। बनाएँ हम यह देश महान।। बटाएँ दीन दुखी के हाथ। रहे जिससे ऊँचा यह माथ।। शांति का संदेश हमारा। कर दे सकल विश्व उजियारा।।

> सन्ध्या जोशी 4 31



नया सत्र

नए सत्र में नयी बात हो नया दिवस हो, नई रात हो छोड़ो अब वह राजा रानी नए साल में नई कहानी नया-नया अब लिखना पढना जीवन पथ पर आगे बढना नया गीत हो, स्वर नया हो जन-जन का संकल्प नया हो

बीत गया जो उसको छोड़ो मन में पड़ी गाँठ को तोड़ो

> लें प्रण अब हम सारे बच्चे बन जाएं जीवन में सच्चे

काम नए ऐसे कर डालें लक्ष्य जिंदगी का हम पालें।

> जिया पाण्डे 3 31

मेरा देश, मेरा भारत

इस धरती पर देश बहुत से, एक से बढकर एक महान। सबसे न्यारा सबसे प्यारा. केवल मेरा हिन्दुस्तान। उत्तर में है खडा हिमालय, बना मुकुट इसके मस्तक का। दक्षिण में सागर करता है, धावन इसके चरण कमल का। आओ इसको नमन करें हम, मिलकर शीश झुकाएँ।

> विभा शर्मा 2 ब



बचपन के दिन

लौकी की सब्जी नहीं है, मुझको भाती मुस्कराहट के बदले गंदी कड़वाहट लाती भिंडी, मटर, पनीर ये सब ही तो मुझको भाता है। पर इन सब्जियों में कददू न जाने कहाँ से आता है। जब घर में भिंडी आती है, तो जोर-जोर चिल्लाती है। तुरई हटाओ, भिंडी लगाओ, भिंडी का है खूब जमाना तुरई को फटाफट भगाना।

जब सब चल रहा था अच्छा खासा, फूलगोभी को जाने

शामत आई फूलगोभी की, कमी पड़ गई उसके लोभी की सब बीन के दीवाने हैं, क्या क्या मजे के खाने हैं। मनपसंद चीजें खाते हैं, ये बचपन के दिन बड़े सुहाने हैं।

अनुशासन ही जीवन है

सूरज और चन्द्रमा प्रतिदिन सदा समय पर उगते हैं। निर्धारित गति से चलकर निज यात्रा पूरी करते हैं। सदा घूमती रहती पृथ्वी कभी नहीं यह रूकती है। बंधी डोर में कौन जानता बस चलती ही रहती है। ऋत्ऐं आती जाती रहती क्रम न कभी यह टूटता है। और समय चलता निजगति से कभी नहीं यह रूकता है। सुष्टि के कण-कण में यह चलती एक व्यवस्था है सभी बंधे हैं अनुशासन में अनुशासन ही जीवन की अवस्था है।।

> प्रणव जोशी 3 31

घर हो चाहे हो स्कूल

सुबह सवेरे मैं जग जाता। पापा के संग दौड लगाता।। मम्मी जब नाश्ता बनाती। में झट से तैयार हो जाता।। प्यार कर छोटी बहना को।



मैं विद्यालय को हूँ जाता।। पढ़ने में आता मुझे आनन्द। और खेल मुझको है भाता।। टीचर मुस्काते-मुस्काते। नई-नई बातें सिखलाती।। मम्मी खाना देती पसन्द का। फिर होमवर्क है करवाती।। मुझको लगता बिल्कुल कुल। घर हो चाहे हो स्कूल।।

सौमिल भटट

भलाई का फल

एक दिन की बात है। सूरज बहुत तेज चमक रहा था। बहुत गरमी थी। एक चींटी रेंगती हुई पानी की तरफ जा रही थी। उसे बहुत प्यास लग रही थी। जैसे ही वह पानी पीने लगी, वैसे ही हवा का एक तेज़ झोंका आया और चींटी पानी में गिर गई। पानी के किनारे एक पेड़ था। उस पर एक कब्तर बैठा था। चींटी को पानी में बहता देखकर कबूतर बहुत दुखी हुआ। वह ज़ोर-ज़ोर से मदद के लिए चिल्लाने लगी। चींटी बाहर आने की कोशिश कर रही थी। तभी कबुतर ने पेड से एक पत्ती तोडकर पानी में गिरा दी। चींटी पत्ते पर चढ गई। उसकी जान में जान आई और वह धीरे-धीरे हवा के झोंके के साथ किनारे पर पहुँच गई। थोड़ी देर बाद वहाँ एक शिकारी आया। उसने कबूतर को देखा और उसे मारने के लिए तीर और धनुष उठाया। तभी चींटी शिकारी के पास गई और उसके पैर पर काट लिया। वह जोर से चिल्लाया। उसकी चीख सुनकर कबूतर उड़ गया। चींटी अपने दोस्त की जान बचाकर बहुत खुश थी।

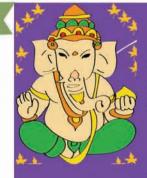
सीख- हमें सबकी मदद करनी चाहिए इससे हम भी खुश होंगे और वो भी खुश होंगे जिनकी हमने मदद करी।

यश लाम्बा

"हाय रे परीक्षा!!"

जिस नाम को सुनने से काँपता है हर बच्चा वो है परीक्षा परीक्षा का पेपर हाथ में आते ही इतना डर लगता है। यदि अच्छा नहीं किया तो घर पर पिटना पडता है। रिजल्ट के एक दिन पहले, रात को नींद नहीं आती है। अच्छे नंबर पाने के लिए. भगवान की याद आती है। पास होने पर मिलता है, शानदार इनाम और मुख से निकलता है, ''थैंक्यू भगवान।'' फिर आती है अगली कक्षा तब फिर मुख से निकलता है "हाय रे परीक्षा!"

> पूजा सिंह 9 31



गणपति बप्पा

गणपति बप्पा की है बारी. वहे राजा हैं इनकी सवारी हाथी जैसे कान और दांत. लंबी सुँड और चार हाथ। रिद्धि-सिद्धि, बुद्धि के तुम दाता, लड्डू मोदक तुमको भाता। सबके दुख हरने वाले. प्रथम पूज्य तुम देव निराले, बुद्धि-विद्या देने वाले, शुभ कार्य करने वाले. गणपति बप्पा देव निराले। तुमको पूजें सुबह शाम, चारों पहर लें आपका नाम, उमा सत शंकर के नंदन, बार-बार है तुमको वंदन। अमन जीना

परीक्षा

देखो-देखो आ गई परीक्षा बच्चे माँगे ईश्वर से अंको के लिए भिक्षा ईश्वर बोले, मत माँगो भिक्षा, बस लो हमेशा शिक्षा, लो आ गई परीक्षा

बच्चे करें अध्यापिका से विनती अध्यापिका जी, नहीं याद हुई गिनती, कक्षा में करते थे मस्ती. इसलिए नहीं ले पाए शिक्षा लो आ गई परीक्षा।

करो जीवन में हमेशा शिक्षा पाने का प्रयास नहीं करेगा कोई तुम्हारा उपहास, बच्चों आप हमेशा लेते रही शिक्षा क्योंकि जीवन में आगे है बहुत परीक्षा लो आ गई परीक्षा।



भूपेश चन्द्र पोखरिया

दिया

हौंसले के आगे कोई परदा नहीं होता. कडे परिश्रम का कोई विकल्प नहीं होता. दिल में हो जज्बा कुछ कर दिखाने का. तो जलते दिये को भी आंधियों का डर नहीं होता। पलक गोस्वामी

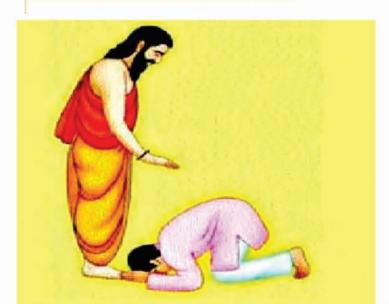
5 ब

गुरू कृपा

हम नन्हें बच्चे हैं, हम बच्चे ही कहलायेंगे। मगर न अपने गुरूजन को भूल कभी हम पायेंगे। दिया ज्ञान ऐसा हमको, इस जग को दिखलायेंगे। मगर न अपने गुरूजन को भूल कभी हम पायेंगे। कठिन रास्तों पर चलकर हम न डगमगायेंगे। मगर न अपने गुरूजन को भूल कभी हम पायेंगे। वक्त की चुनौतियों को हम नहीं बिसरायेंगे। मगर न अपने गुरूजन को भूल कभी हम पायेंगे।

अष्टम पाण्डे

4 31



जानने की चाह

क्यूँ ऐसा लगता है, जैसे जीने का कोई राज होता है? इस कल्पना के ऊपर एक नई दुनिया का वास होता है। क्यँ मेरी परछाई मेरा पीछा करती है? क्यँ हवा के चलने पर पेड़ों पर पत्तियाँ सरसराती हैं? क्यूँ कभी-कभी रात को भी रोशनी की किरण दिखाई देती है? मैं जानना चाहती हूँ। क्यूँ चलते-चलते में थक जाती हुँ? क्यूँ सारे राज जानना चाहती हूँ? बिन कुछ हारे चलना चाहती हूँ। मैं जानना चाहती हूँ। मैं आगे चलुँ या मेरी इच्छाएँ मुझे चलाएँ। खुद को सही जगह पहुँचाना चाहती हूँ। क्या कोई मतलब भी है मेरे कामों का? बस यह जानना चाहती हूँ।

> निहारिका खाती 10 ब

चींटी

नाजुक-सी यह नन्हीं चींटी, करती रहती दिन भर पी.टी.। न आलस में बैठा करती. ना आँधी–पानी से डरती। नन्हे-नन्हे इसके पैर, जिनसे करती जग की सैर। तिल भर काया. मांस न हाड. फिर भी चढती बडे पहाड। छोटे-से मुख में कुछ दाना, लेकर आती अपना खाना। खूब सलोने इसके घर हैं, गलियाँ सड़कें और शहर हैं। चंचल-सी यह काली रेखा. जैसे मेहनत की हो लेखा। बात नहीं, देखो बस करनी, कहती श्रम की जाद्गरनी।

प्रविज्ञा नेगी



संस्कृत भाषायाः महत्वम अथवा देशभाषा

संस्कृत भारतस्य स्व न अपित् विश्वस्य प्राचीनतमा भाषास्ति। संस्कृत भारतस्य अन्य भाषाणां मूलस्त्रोतः अस्ति। संस्कृतस्य शब्दाः हिन्दी, बंगला, मराठी प्रभृतिभाषासु प्राप्यन्ते संस्कृतस्य अध्ययेन उक्त भाषा शब्दानाम् शुद्धरूप ज्ञायते। संस्कृतस्य अध्ययेन राष्ट्रभाषा समृद्धा शक्तिशालिनी च भवित शक्नोति।

संस्कृतस्य साहित्यम् अति विशालं अस्ति। अस्मिन् खण्डकाव्यं, महाकाव्यं, दूतकाव्यं, नाटकं, दर्शनं, ज्योतिरायुर्वेरादयः, सर्वेऽपि विद्यन्ते। वाल्मीकिव्यासकालिदासाश्वघोषादयः अस्य प्रसिद्धा काव्यः सन्ति। संस्कृतस्य दर्शनशास्त्रम् अद्यापि जगति अद्वितीय वर्तते। अस्य व्याकरणविज्ञानम् आश्चर्यजनकमस्ति । हिन्दी भाषायाः विज्ञानराजनीति प्रमृति नवविषय सम्बन्धित शब्दानां निर्माणं संस्कृत–व्याकरणसहाय्येन कर्तुम् शक्यते। विश्वस्य प्राचीनतमः लिखितः ग्रन्थः ऋग्वेद अस्यामेव भाषायामासी। भारतस्य यत् सांस्कृतिक महत्वम् अस्ति तदापि अस्यामेव भाषायां सुरक्षित मस्ति । स्वधर्मस्य साहित्यस्य राष्ट्रीयेतिहासस्य संस्कृतेः च ज्ञानाय संस्कृत ज्ञानम् परमावश्यकमस्ति ।

यदा वयमादरपूर्वकं स्वकर्त्तव्यं मत्वा संस्कृतस्याध्ययनम् करिष्यामिः तदावयं सत्यमेव उदघोषितं शक्नुम-

''धन्योऽयं भारतोदेशो देशो धन्येयं सुर भारती। त्दुयासकाः धन्या अहो धन्यपरम्परा ।।"

अनुष्का जोशी

एक विशाल वृक्ष की चार शाखाएँ

हमें यह कहते गर्व होता है कि हम हिन्दुस्तानी हैं। उस पर गर्व करने का कारण भी हम हैं। भारत एक ऐसा देश है जहाँ हर धर्म का आदर होता है। लेकिन यह बात अब कुछ हद तक ही सीमित रह गई है। हमारे देश में कहा जाता है हिंदू, मुस्लिम, सिख, ईसाई आपस में है भाई-भाई। तो बताइये क्या भाइयों का छोटी-छोटी बात पर झगड़ा करना सही है? धर्म के नाम पर आज तक पता नहीं कितने दंगे हो गए कितने मासूम लोगों की जान चली गई। क्या हमारा धर्म एक-दूसरे से लड़ना सिखाता है? कभी हिंदू-मुस्लिम तो मुस्लिम-सिख दंगे, पर दंगे करने वाले लोग भी हम ही हैं। जो बचपन में यह पढ़कर आते हैं की सभी धर्मों का आदर करो। बचपन में हम सभी ने चार भाइयों की कहानी सुनी थी। वह कहानी यहाँ भी लागू होती है अंग्रेजों ने हमें एक–दूसरे के खिलाफ भड़काकर हम पर राज किया। आज भी वही परिस्थितियाँ है बस समय और हालात बदल गए हैं। उस समय अंग्रजों ने हम पर राज किया और आज हम खुद इस कार्य के लिए दूसरों को निमंत्रित कर रहे हैं। क्या हमारे भारत रूपी वृक्ष की चार शाखाएँ इतनी कमजोर हो गई हैं की आँधी चलते ही सब जमीन में धँस जाएं और विलुप्त हो जाएं? धर्म के नाम पर तलवारें उठ जाती हैं। तब हिंदू, मस्लिम, सिख, ईसाई भूल जाते हैं कि वह सब एक ही माँ, अम्मी, मदर के बच्चे हैं। हमें अपने देश को इस धर्म के दुष्प्रभाव से बचाना है। अपनी देश की उन सभी शाखाओं को टूटने से बचाना है। इसके लिए हम सबको एकजूट होना पडेगा।

राहल ततराडी

5 31

कभी न झुकने देंगे

चाहे कितनी बार चुकाना पड़े मोल इस जान का कभी न झुकने देंगे सिर, भारत माँ तेरी शान का राम हुए यहाँ कृष्ण हुए गौतम और महावीर हुए कितने ही पैगम्बर आए सूफी संत कबीर हुए नानक और तुलसी ने हमको पाठ पढ़ाया ज्ञान का कभी न झुकने देंगे सिर, भारत माँ तेरी शान का।

चाहे कितनी बार चुकाना पड़े मोल इस जान का

कभी न झुकने देंगे सिर, भारत माँ तेरी शान का।

मंदिर, मस्जिद, गिरजाघर ने बाँटा है इन्सान को तेरी इस धरती को बाँटा, बाँट दिया भगवान को तुने ही तो जन्म दिया, हम तेरा कर्ज उतारेंगे तेरी रक्षा के खातिर हम अपनी जान लुटा देंगे। हमें वास्ता गीता का, बाइबिल और कुरान का कभी न झुकने देंगे सर, भारत माँ तेरी शान का।

हिमानी सिंह

11 ब

श्री गुरूवे नमः

देख उनका सागर सा प्रचुर ज्ञान, खो बैठी में अपनी आन, बान और शान। गुरू शिष्य के रिश्ते में गुरू का दायित्व है ऊँचा सबसे, जननी और जनक से ज्यादा आपको पूजा है कबसे। हर किसी का जो व्यक्तित्व निर्माण है. मात-पिता के साथ गुरू का भी ज्ञान है। मिली न थी मैं अपने गुरूजन को जब तक पड़ी थी किसी निर्जन स्थान पर कच्चे घड़े के समान तब तक। गुरू है एक ध्रुव तारा, रात के तिमिर का, है एक पथ प्रदर्शक, भटके हुए मुसाफिर का। पहुँचा सकता है तुम्हें, हर दरिया के पार, है उसमें इतनी शक्ति, न समझना इसे कोई अतिरंजना, ना कोई अतिश्योक्ति, शिक्षक है मानो जैसे दीपक में लौ. जो है फैलाता प्रकाश जान का। आपके अंदर बसे ज्ञान में रहेगा वह सदा आपके समक्ष. उतार-चढाव में भी लेगा, वह आप ही का पक्ष।

> मुस्कान पाठक 11 अ

नारी का सम्मान

अपने लिए नहीं, दूसरों के लिए जीने वाली, अपनी जिन्दगी को दूसरों पर न्यौछावर करने वाली। वह नारी जाती है महान, कर लो जरा तुम उसका सम्मान।। क्यों पैदा होते ही उसे समझ लेते हो भार, यह भार नहीं मनुष्य, है बड़ा ही मंगलमय उपहार।। इसलिए न करो तुम उस पर अत्याचार, कर लो जरा तुम उसका सम्मान।। नारी में विद्या की भक्ति, नारी में दौलत की शक्ति, नारी में सबके लिए प्यार, नारी में ही बसा सुख संसार, इसलिए न करो तुम उसका अपमान, कर लो जरा तुम उसका सम्मान।। नर और नारी एक समान, नारी को भी दो विद्या दान, पुरा करने दो अरमान, नारी है नर से भी महान, कर लो जरा तुम उसका सम्मान।।

नेहा गुप्ता

पथरीली पगडंडियों के पार

जीवन का मार्ग है उस पथरीली पगडंडी के समान राह नहीं है जिस पर आसान परन्तु उसी पगडंडी के पास ही छिपा है जीवन का आधार घिसता-पिटता चल पडा मैं उस पथ पर अंजान था उन संकटों से जो आते-जाते बार-बार गिरता, चोट खाता और एक क्षण ठहरता हर बार कुछ नया सीखता, और उसी सीख से फिर आगे बढता दिल घबराता परंतु मैं न ठहरता दिलासों से अब मैं संभलता सीखते-सीखते आगे बढता चला गया मुश्किलों के हल खोजता चला गया। न सुख में ठहरा न दु:ख में डरा बस धीरे-धीरे आगे बढता चला गया वर्षों चला में उस पथ पर परंतु मंजिल अब भी न आती नजर संपूर्ण नहीं हुआ था अभी काम थकने पर सोचा कर लूँ थोड़ा विश्राम बड़ी दूर से चला था मैं आया विश्राम के उपरांत कुछ विचित्र पाया अब ना घबराया था मेरा दिल मेरे समक्ष थी मेरी मंजिल सामने था विस्तृत आकाश अपार

आ चुका था मैं पथरीली पगडंडियों के पार

ना सुख-दु:ख था, ना ही लाभ-हानि।।

अब जीवन में न थी कोई परेशानी

हर्ष जोशी 11 अ



Group Photographs



























































































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Newsletters -Tech Corner (IT)





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News He Gadge

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Personalities

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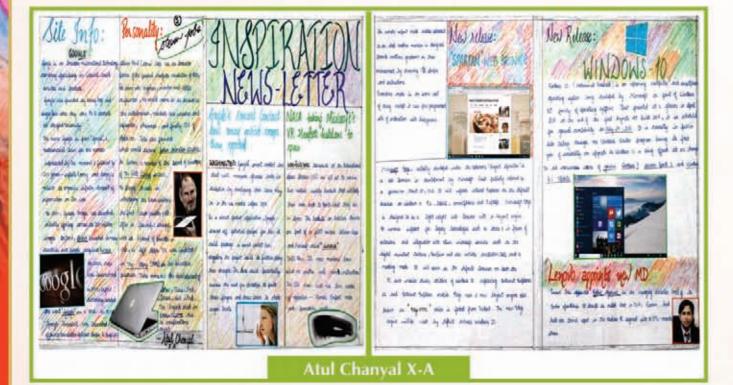
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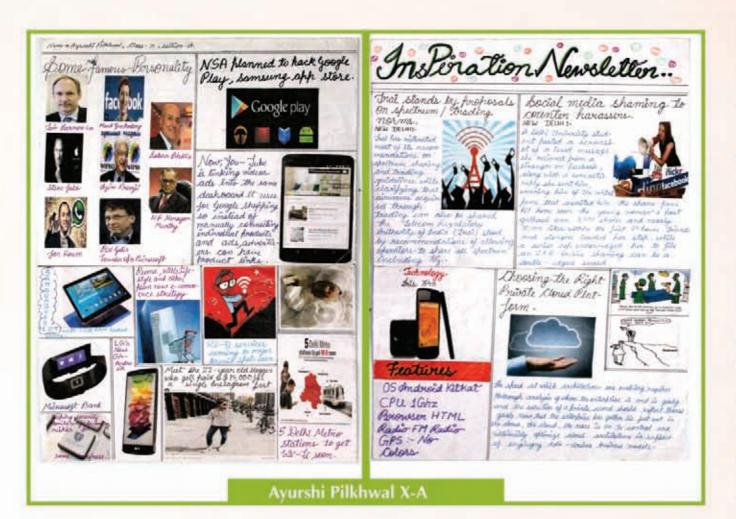
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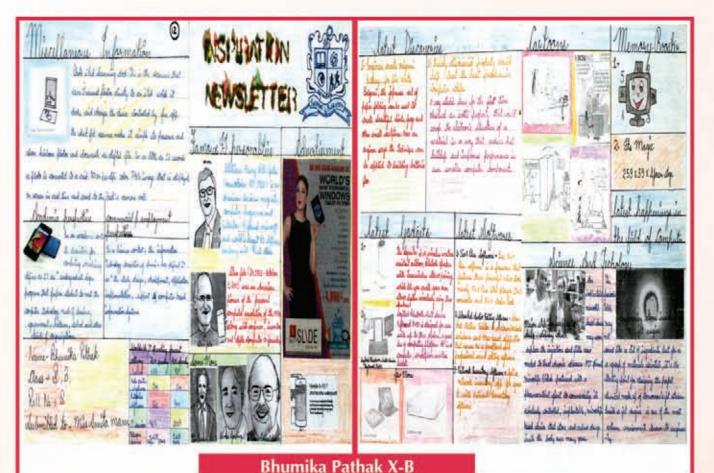
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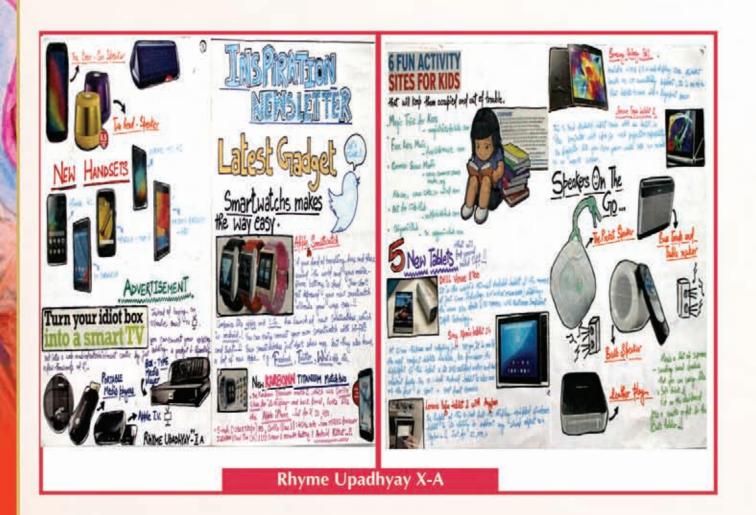




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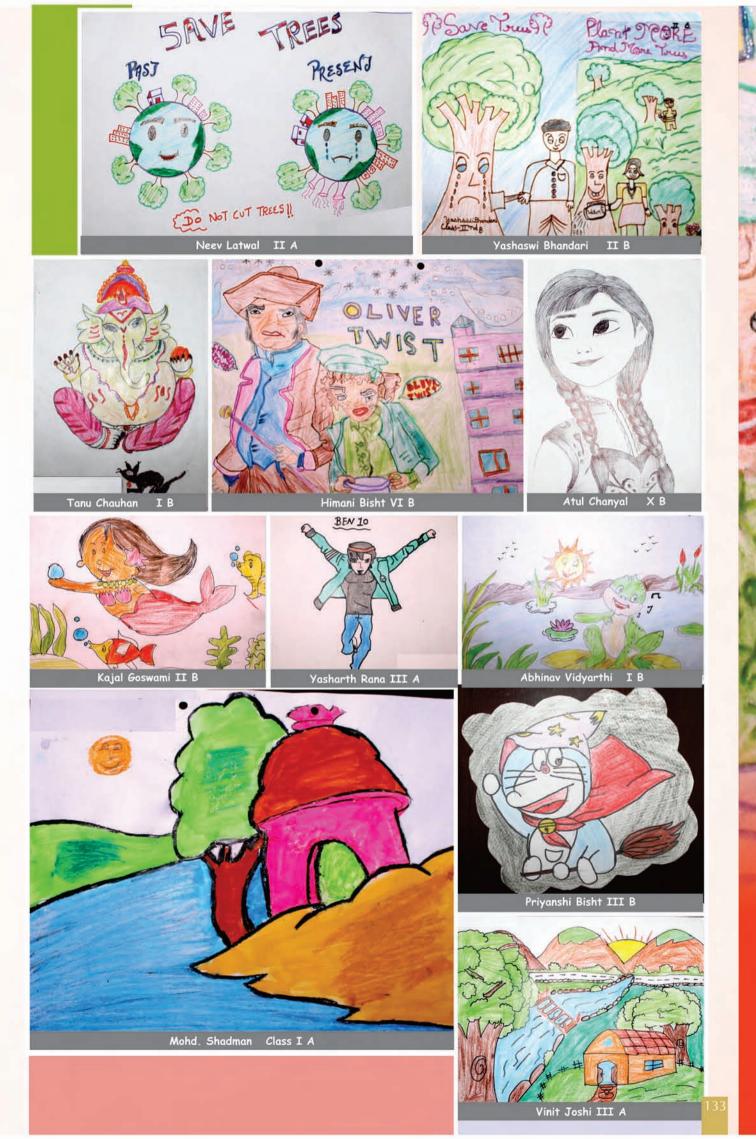




Nupur Goel









दैनिक जागरण हत्द्वानी , 24 जुलाई 2015 पर्यावरण बचाएं, पुस्तकें संभालें

इंस्प्रेशन स्कूल को मिला अंतरराष्ट्रीय अवार्ड जागरण संवादवात, हत्वानी : ब्रिटिश काउँसल की ओर से विभिन्न एक्टिवटीज में उत्कृष्ट प्रदर्शन के

है। दिनिक जागरण <u>च्ये अस्त्रम</u>्य **नैनीताल जागरण**

लिए इंस्प्रेशन पब्लिक स्कल को अंतरराष्ट्रीय स्कल अवार्ड के लिए नामित किया है। इस प्रदर्शन के जरिये दोनों देशों की संस्कृति को भी साझा किया गया।

विद्यालय की चेयरपसंन गीतिका बल्युटिया ने बताया कि इंस्प्रेशन पब्लिक स्कल काठगोदाम व ऑडेन शॉ स्कूल (इंग्लैण्ड) के छात्र-छात्राओं ने आपस में दोनों देशों में मनाए जाने वाले विभिन्न त्योहारों के महत्व को ई-मेल के माध्यम से आपस में साझा किया। इंस्प्रेशन स्कूल के छात्रों के हैलोविन पंपकिन कारविंग व मास्क मेकिंग और ऑडेन शॉ स्कल के छात्रों ने दीपावली व रक्षाबंधन त्योहार को इंग्लैंण्ड में मनाया व महत्व जाना। इस कार्यक्रम के अंतर्गत इंस्प्रेशन स्कल के छात्रों ने बिक्स के अंतर्गत आने वाले समस्त देशों (ब्राजील, इण्डिया, चायना व साउथ अफ्रीका) की वेश-भूषा, खानपान, वनस्पति आदि का तुलनात्मक अध्ययन किया। अलावा विद्यार्थियों ने पौधारोपण, मास्टर शैफ, फ्लैंग मार्च, जर्मनी भारत और इंग्लैण्ड की वेश-भूषा पर रैंप शो व विभिन्न देशों की मदाओं पर आधारित कार्यक्रम भी किए। जिसके बाद अंतरराष्ट्रीय स्कूल अवार्ड (आईएसए) के लिए चयनित किया है।



3 SHRIJAIN (V EMELTING EDUS MOTHER'S DAY CELEBRATIONS







SCHOOL



जैनीताल। शुक्रवार। २४ जुलाई २०१५ 📑 अपर्थनात 'बुक बैंक' से मिलेंगी किताबें

अब इंसप्रेशन स्कूल के बच्चे बोलेंगे फेच

करहानी। क्रेंच पाप को करकारी हमारे देश के पूकाओं के लिए बिटले रोजगर पाने में अहम श्रीवदान रखती है। ऐसे में स्कूरतीमें क्रेंच पाप के उतिरंकत विषय के रूप में सुक करने की अवस्थानत है। पुरुवार को नेपाल रोज रेक्सा इंक्सान क्यान कर पार्ट्या व्यक्त के से प्राप्त कर के जा आ ने प्रियंत कर किया है किया कर प्राप्त वर्षा की की है किया है किया

THE TIMES OF INDIA

११ अगर उजारा 🕡 त्त्वनी-नेतिता 🥌 🗕 🕬 सीबीएसई 10वीं **क्ष्यक ए-1 टॉपर बेशुमार**

अमरउजाला 📆 युवा नैनीताल

संस्कृत श्लोक प्रतियोगिता में अक्षत अव्वल हत्वानी इंस्प्रेमन सीनियर सेकंडरी स्कूल, काटगाँवम में संस्कृत श्लोक प्रतियोगिता हुई। जिसमें कथा सात और आठ क

विद्यार्थियों ने बद-चदकर हिस्सा लिया। प्रतियोगिता में विद्यार्थियों विवाधियों ने बढ़-बढ़कर हिस्सा तिया। प्रतियोगिता में विवाधियों ने स्वस्थ जीयन, मधुर वाणी, वाकपद्वा, ज्ञान, संस्कृति, संस्कार, नैतिकता आदि गुणों को बताने वाले श्लोक प्रस्तुत किए। अपनी मधुर वाणी, लय प्रस्तुतीकरण से बच्चों ने उपस्थित लोगों का मन मोह तिया। प्रधानावार्य अनुराग माधुर ने उत्कृष्ट प्रदर्शन करने वाले विवाधियों को सम्मानित किया। प्रतियोगिता में अक्षत लोहनी कक्षा-7 को प्रथम, भावेश तिवारी कक्षा-8 को द्वितीय तथा कृतिका भट्ट कक्षा-7 को तृतीय पुरस्कार दिया गया। प्रतियोगिता के आयोजन में हिंदी व संस्कृत विभाग की निशा



इंस्प्रेशन सीनियर सेकेंड्री स्कूल की अंजली चन्याल, विशाल गोस्वामी, निवेदिता विष्ट आशीष अग्रवाल, हर्षिता तिवारी, विशाल सनवाल, मयंक बिष्ट समेत 17 बच्चों ने 10 अंक हासिल किए हैं।

QUIZ COMPETITION ORGANISED

इन्स्प्रेशन स्कूल को मिला इंटरनेशनल स्कूल अवार्ड



हल्द्वानी | हमारे संवाददाता पेछले साल इन्स्प्रेशन सीनियर सेकेंडरी हल में ब्रिटिश काउंसिल के तत्वाधान केवा गया। इस दौरान इन्स्प्रेशन और इंग्लैंड के ऑडेन शॉ स्कूल के छात्र-छात्राओं ने आपस में दोनों देशों में मनाये

स्कूल को अंतर्राष्ट्रीय स्कूल अवार्ड (आई० एस०ए०) से नवाजा गया। स्कृत प्रबंधक दीपक बल्यूटिया व प्रधानाचा बताया कि यह अंतर्राष्ट्रीय स्कूल अवार्ड जाने वाले विभिन्न त्योहारों के महत्व को आपस में साझा किया। ब्रिटिश काउंसिल नवम्बर माह में ब्रिटिश का हारा इन्स्प्रेशन स्कूल के विद्यार्थियों की स्कूल को प्रदान किया जाएगा।



INTER-HOUSE SKIT COMPETITION



Inspiration School, Haldwani, organised an inter-hous skit competition for classes III-VI under the theme 'San itation and Hygiene. The topics chosen by the houses in-cluded 'Let's clean up' by Red House, 'Civic sense' by Green House, 'Sanitation for all' by Yellow House and 'Cleanliness-it starts within us' by Blue House.

Some of the students chose cleanliness in schools and homes as their topic, while others opted for cleanliness in public places like parks, markets and roads. Keeping public transport like buses and railways hygienic, the

same was also brought out by children in their acts. The final message from each house was to banish ignorance, become aware and keep not only homes but even the suroundings clean.

Red House was declared the winner by the judges Deepshikha Sadana and Smita Pant. Dr Geetika Balutia, chairperson of the school, appreciated the efforts of the students and the staff. The programme was anchored by

इंस्प्रेशन स्कूल की दमदार शुरुआत

बास्केटबॉल में इंस्पिरेशन की दोहरी खिताबी जीत

हल्द्वानी , 6 अगस्त 2015 दैनिक जागरण 'लर्निग बाय डूइंग' से सुधरेगी शिक्षा व्यवस्था

कारण संवर्धका स्वामी : संग्रेस्ट स्वाम स्वाम संवर्धका स्वाम संवर्धका स्वाम संवर्धका स्वाम संवर्धका सं

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हिन्दुस्तान हल्हाने • बुधवार • २३ दिसम्बर २०१५

इंसप्रेशन में ग्रीन हाउस बना एथलेटिक्स चैंपियन

हल्द्वानी | कार्यालय संवादयता

इंस्प्रेशन स्कूल में कविष्ठ वर्ग की वे सीय एवलेटिक्स मीट में ग्रीन हाउस वे चींपयनशिप पर कब्जा किया। मार्चपास्ट में वली हाउस और टम ऑफ वार में रेड हाउस ने बाजी मारी।

 दो दिवसीय एवलेटिक्स प्रतियोगिता में जीता खिताब • ट्रा ऑफ वार में रेड, मार्च पास्ट में यतो हाउस रहा अव्यत

बहां बालक वर्ग की बैलीसन रेस में में साहिल मेहना पहले, विशाल गवत पहल प्रतास पर्य का बताया रहा व ा च चावरा मध्या भरत, व्यास पर्य अञ्चला मदीट पहले, सीमित्र दूसरे, हूसरे, कार्तिक रीतेला तीसरे स्थान पर बीआर सावन तीसरे स्थान पर रहे। रहे। कक्ष डाह के बालक वर्ग को लेखे वातिका में त्रिवानी पहले, सोन्या सम्मत कृद में राहुल बिष्ट ने पहला, कृताल दूसरे, क्वेंति तीसरे स्थान पर रही। कथा राधावा ने दूसग, इंदवेश मेहरा ने तीसग के बालका वर्ग की प्रवेश रस में सानिय स्थान ग्रासिल किया। बालिका वर्ग में हले, खुरो बिट टूसरे, शुभा तीसरे, कृतिका बिनवाल पहले, मानस्त्रे पट्ट कथा 4 के वालक वर्ष की जिंग-जैग रेस दूसर, भावना ढोल तीसरे स्थान पर रहीं।



अमरउजाला 📆 हल्हानी-नैनीताल इंस्प्रिएशन स्कूल को अंतरराष्ट्रीय स्कूल अवार्ड



अमरउजाला 🕥 युवा नैनीताल 🚧 १५४२ २०

ग्रीन हाउस ने जीती चैंपियनशिप

बच्चों की प्रस्तुति पर अभिभावक मंत्रमुग्ध



• रायानी • सेनकार • ०२ नकार २०५ 🛛 🗘

कुमाऊं | हिन्दुस्तान डंस्प्रेशन के बच्चों ने रंगारंग कार्यक्रम किए पेश

रून ठठा।
कुमाऊन पीत नेट्र पाको खरम्बसा,
क्वीन डोस, फिटमस मेत्र एवं गणेश बरनाको लोगे ने खुक्यपस क्रिका हम देरान स्कूल के बन्धों ने खानदार प्रस्तुतियाँ दी। नैनीताल रोड स्थित

निजी और सरकारी स्कलों ने भी की भागीदारी

की रक्षा का प्रण लिया। हेड व्याय राहुल भट्ट ने छात्रों को तपथ दिलाई। प्रधानाचार्य अनुराग माधुर ने हिन्दुस्तान

के प्रति जागरूक रहेंगे तो हमारा हिमालव पूरी तरह सुरक्षित रहेगा। राजकीय भोसों में भी छात्रों को हिमाल अलावा शहर के सभी सरकार

बिस्किट बनते देख रोमांचित हए बच्चे

एवं प्राइवेट स्कूलों में छात्रों को हिमालव बचाने की शपथ दिलाई गई।

शैक्षिक भ्रमण पर पारले फैक्टरी पहुंचे इंस्प्रेशन के बच्चे

हल्द्वानी। इंस्प्रेशन सीनियर सेकेंडरी स्कूल के कक्षा तीन एवं चार के विद्यार्थियों को शैक्षिक भ्रमण के लिए रुद्रपुर स्थित पारले बिरिकट फैक्टरी ले जाया गया। लगभग 200 बच्चों और आठ अध्यापिकाओं का समूह करीब दस बजे पारले फैक्ट्री पहुंचा। फैक्ट्री की प्रोग्राम कोआर्डिनेटर प्रेरणा ने बच्चों को बिस्किट और टॉफि यों को बनाने वाली मशीनों तथा सामग्रियों की जानकारी दी। वहां एक लघु बाल फिल्म के माध्यम से बच्चों को विभिन्न जानकारियां दी गई। अंत में पारले के अधिकारियों ने सभी बच्चों को बिस्किट के पैकेट उपहार स्वरूप दिए। प्रधानाचार्य अनुराग माथुर ने फैक्टरी प्रवंधन का आभार जताया। विद्यालय की चेयरपर्सन डा. गीतिका बल्यूटिया एवं प्रबंध निदेशक दीपक बल्यूटिया ने कहा कि इस तरह के क्षमण कार्यक्रम से बच्चों को नई जानकारियां मिलती हैं। ब्यूरो

६ देनिक जागरण हल्द्वानी , 18 दिसंबर 2015

मेजबान इंस्प्रेशन की टीम चैंपियन

अमरउजाला 📉 युवा 👬 क्षांका कृष्य १६ दिसर २०१५ अमरउजाला हल्द्वानी=नैनीताल मेनीताल मेनलवर १३ और २०१ इंस्प्रेशन बना बास्केटबॉल चैंपियन

। को रीमें हैं। इट्यारन मैथ इस्पेशन 1. स्कूल और नेनी पैली स्कूल के बीध

8 | देनिक जागरण हल्द्वानी , 16 दिसंबर 2015

पहला मैच जीतकर दिखाई मेजबार्न

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इंसप्रेशन में ग्रीन हाउस बना एथलेटिक्स चैंपियन

इंसप्रेशन स्कूल में कनिष्ठ वर्ग की दे वे चीपचरित्र पर करूमा किया। मार्चपद्र में कहा कार भी रहा आफ बार में रह हाइजर ने बागी मार्च।

दूसरे, कीर्ति तीसरे स्थान पर रही। कथा रंधावा ने दूसरा, हदयेश मेहरा ने तीसर ३ के खालिका वर्ग की फॉम रेस में सानिया

म रड हाउस न बाजा मारा। यहां बालक वर्ग की बैलेंसिंग रेस में में साहिल मेहता पहले, विशाल रावत अब्दुल्ला मर्चेट फहल, सामित्र दूसरे. दूसरे, कार्तिक रोतला तीसरे स्थान पर बीआर सावन तीसरे स्थान पर रहे। बालिका में क्षिवानी पहले, सोन्या सम्मल कूट में राहुल बिस्ट ने पहला, कुनाल स्थान हासिल किया। बालिका वर्ग में कृतिका बिनवाल पहले, मानसी भट्ट दूसरे, मावना ढोल तीसरे स्थान पर रही।



अमरउजाला <equation-block> युवा नैनीताल 🅉 ग्रुप डांस और रंगमंच में इंस्प्रिएशन विजयी **WORKSHOP AT IPS** एमबीए में कैनवास फेस्ट के दूसरे दिन हुए कई कार्यक्रम

Inspiration Public School (IPS), Haldwani, recently organised a workshop for its teachers. The workshop was conducted by Ashish Pande, representing a renowned education company. He explained teachers the necessity to test themselves through Teachers Cognitive Aptitude Test (TCAT), and how to score high

Geetika Balutia, chairperson, thanked the resource person and expressed confidence that the workshop would prove to be effective for the teachers while dealing with children.

_Compiled by Vijai Pant

अमरउजाला **एए** हल्द्वानी¤नैनीताल

बिड़ला और इंस्प्रेशन स्कूल रिजल्ट में नंबर वन

अमरउजाला 🕡 हल्हानी-नेनीताल

छात्राओं ने ग्रेड-ए-वन और सीजीपीए में पूरे 10 अंक प्राप्त कर अपने - अपने विद्यालय का नाम अपन - अपन विद्यालय का नाम रोशन किया है। पब्लिक स्कूलों से मिले परीक्षा परिणाम के मुताबिक सर्वाधिक 10 सीजीपीए पाने वाले बिडला स्कूल नंबर पर गर्थियों की संख्या के औसत ाधार पर इंस्प्रेशन स्कूल भी नंबर न पर रहा। इंस्प्रेशन स्कूल में 80 से 17 विद्यार्थियों ने 10 सीजीपीए प्राप्त किया है जबकि बिडला स्कूल में 305 में से 18 विद्यार्थियों ने 10 सीजीपीए प्राप्त) सीजीपीए प्राप्त ता हासिल की है। दूसरा नंबर यूनिवर्सल प्राप्त किया। इसके कान्बंट न प्राप्त किया। इसके अलावा दूसरे पब्लिक स्कूलों का प्रदर्शन भी उत्कृष्ट रहा। परीक्षा परिणाम गुरुवार को अपराहन करीब तीन बजे सामने आ सका। हालांकि

स्कूलों को अपना रिजल्ट देखने के लिए सीबीएसई की वेबसाइट पर घंटों जुझना पड़ा।





नैनीताल, शुक्रवार 24 जुलाई 2015 उत्तर उजाला

इंसप्रेशन स्कूल में जमा

होंगी पुरानी किताबें

हत्तुनि। ऑभभावको पर पड्ने दीपक बल्युटिया ने बताया कि यह बाले किताबों के अल्पधिक बोझ व मुविधा पूर्णतया निशुत्क होगी तथा पर्यावरण की रखा को देखते हुए इंसप्रेशन पॉब्टक स्कूल ने बेस बुक्स अवेल्ड ट्र सेव

ते बेस बुक्स अवेल्ड ट्र सेव एनवार्थमेंट योजना चलाई है। इस बेस योजना के तहतं अभिभावक आगामी मज से बच्चों की पुरताकों को के डतीणं होने पर पुरताकों को विद्यालय में उसा कल्लवों की जिस्सा माध्ये हैं। बच्चित्या ने कहा कि इस निवाल के अप्रधानावार्थ विद्यालय में उसा कल्लवों की जिस्सा माध्ये ने विद्यालय के सम्प्रतानावार्थ विद्यालय में उसा कल्लवों किस आप निवाल कक्षा से उतीणं होकर आप विद्यालय में अत्रीभावक विद्यालय अपने बच्चों की पुरताल के सम्प्रतानावार्थ विद्यालय में अत्रीभावक विद्यालय अपने बच्चों की पुरताल के सम्प्रता सुनाय पहले आये पहले पाये के अभिभावकों पर पुरताकों की खरीर आधार पर होगी। विद्यालय के प्रबंधक



विद्यालय में किताब उपलब्ध रहने तक ही लागू रहेगी। इस प्रयोग में सभी नोटबुक्स, कोपी, वकंबुक्स, लंब मेनुअल्स, फाइल्स आदि को सम्मिलत नहीं किया गया

अमर्उजाला रामनगर•हल्द्वानी केवल वण्या हा अवव हरू

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सेंट बेरेसा 97.8 6-योगेंड धर्मा विडला 95.4 सेट घेरेसा 95.4 7-अधिजीत मेलकानी सेंट होरेसा 95.2 5-रोहित लगाउँच बेररिया 95.6 १०-नेश जोशी डीस्वी 94.6 6-सिक्कार्य कारफाल सेंट पेरेजा 95.4 10-राजनीत जोशी नेनी वेली 94.6



वार्षिकोत्सव में रंगारंग कार्यक्रमों की धूम

अमरउजाला 💟 हल्हानी=नैनीताल

बच्चों पर किसी तरह का दबाव न बनाएं अभिभावक

इंस्प्रेशन स्कल में हुई अभिभावक कार्यशाला, बाल स्वभाव विशेषज्ञ डा. हरीश शर्मा ने दि











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स्कूली बच्चों ने जाना सुडोकू का महत्व हल्द्वानी : इंस्प्रेशन पब्लिक स्कूल में प्रतियोगिता में विद्यार्थियों को सिम्मिलित

गुरुवार को सुडोक वर्कशॉप का होने की प्रेरणा देना था। वर्कशॉप का आयोजन किया गया। भारतीयम संचालन इंस्प्रेशन पब्लिक स्कूल के इंटरनेशनल स्कुल रुद्रपुर की हेड मिस्ट्रेस गणित प्रवक्ता गणेश जोशी ने किया। इस रश्मि आनंद ने सुडोक को तीव्रता के मौके पर स्कूल के प्रधानाचार्य अनुराग साथ सही व सुविधापूर्वक हल कर माथुर, प्रधानाचार्य वीके जोशी, केसी बताया। वर्कशॉप का उद्देश्य 11 अक्टूबर पंत, दीप जोशी, मनोज कुमार, प्रकाश को होने वाले अंतरविद्यालयी सुडोंकू बमेठा, आरके जैन आदि शामिल थे।

अमरउजाला 💟 युवा नेनीताल 🗚 १००१ १३ १३०० १४०० ग्रीन हाउस ने जीती चैंपियनशिप



इंस्प्रेशन में हुई मास्टर शेफ प्रतियोगिता

अभरउजाला 🗘 युवा नैनीताल मंगलवार २८ अपेन २०१५ । अभरउजाला 🗘 युवा नैनीताल

स्पेक्ट्रम में सांस्कृतिक कार्यक्रमों की धूम इंस्प्रेशन में बच्चों ने कुमाऊंनी संस्कृति एवं पर्वों को बैक टु रूटस के माध्यम से दर्शाया



रहने की सराध दिलाई गई। कार्यक्रम का संचारत कर रही जानकारियाँ दी तथा समें शीट पर छाता आपुषी सन्युटिया ने स्थास रही निवास दिए। के उपाय सताए। हमें, सिंदा, आशीप कार्यक्रम की सफलता में एवं अन्य लाजों ने भी स्वास्थ्य के प्रति आईएसए कोआईर्नेटर स्मिता पंत, सचेत रहने के उपायों पर विचार रखे। नीरू गोयल, मनदीप कौर, हेंड इसी अंखला में प्री प्राइमरी के बच्चों मिस्ट्रेम प्रकृति माधूर एवं अन्य को हेल्दी हैंडकारों को महत्व विश्वक-विश्वकाओं का सहयोग ममझाया एवा कलदिए एवं बंके रहा प्रभावनाओं अनुराग माधूर ने शीट्स के माध्यम से भी बच्चों को भी विचार रखे। ब्यूरी Musician in making

अमर उजाला 📆 हत्तुनीभ्रामनगर

इंस्प्रेशन स्कूल में बच्चों ने ली स्वस्थ रहने की शपथ

स्कूल में विश्व स्वास्थ्य दिवस पर और 2 के बच्चों को सफाई के महत्व गलवार को विभिन्न कार्यक्रम हए। पर एक कंप्युटरीकृत फिल्म दिखाई विशालय पाएण में विशेष पार्चना मधा । गर्र । कभा ६ के विशार्थियों ने 'हेन्स वैरान छात्र-छात्राओं को स्वस्थ सर्वे में हिस्सा लिया। छात्रों ने घर-घर



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इंस्प्रेशन अंतरराष्ट्रीय अवार्ड के लिए चयनित इन्हामी। श्विटिय काउसिल ने इस्प्रेशन सीनियर सेफेडरी स्पृत्त के विचारियों की अमताओं का ओकत्तल करने हुए स्पृत्त को शें। इस्प्रेशन स्कूल, काउसीवत के हिए स्पृत्त को शें। इस्प्रेशन स्कूल, काउसीवत में श्विटिय काउसित के तत्वाधान में अवार्यित विभिन्न एवटीविटीज के ततन स्पृत्त व अहंक में स्कूल (इस्तिड) के छान छानों में महत्त को सोन देखों में मनाये आगे वाले विभिन्न त्योहर के महत्त को सोन विजया। जिनके अंतरीत इंप्येशन स्पृत्त के छानों के इसीदित प्रार्थित कारियों व मास्या मीवना तथा औड़ने जो स्पृत्त के छानों में नैवायती य सम्राध्यम को इस्ति मास्य मास्य अवित्य कार्यव्याम सामित्र के विप्या विचारियों हारा पीपस्था स्पर्दर शैफ, परेश मार्या अपित कार्यव्याम सामित्र किया। विचारत्य को कोश्वीरक रिस्ता विभ कार्या पर आपादित कार्यव्याम सामित्र किया। विचारत्य को कोश्वीरक रिस्ता विच के बताय पर आपादित कार्यव्याम सामित्र किया। विचारत्य को कोश्वीरक रिस्ता विच के बताय पर आपादित कार्यव्याम सामित्र किया। विचारत्य को कोश्वीरक व्याद्याच के अव्यवस्थित किया है। उन्होंने वताया कि यह अवार्ड नायंत्र में शिटिण कार्डसित द्वार एक समार्थे के प्रवान किया जाएगा। विचारत्य की चेयरपत्र का स्मारीतक वार्याट्व और प्रधानावार्य अन्तरंत्र मास्यु ने सभी को बधाई वे है। ब्यूरे



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